

Times since: 01-Apr-22

Lelelente Aphiri (14) M				200 Back F 2:18.68 L				50 Back F 40.23 S			
50 Free F	33.96 L	S		200 IM P	x1:57.29 Y			50 Back F	42.96 L		
100 Free F	1:19.58 L			200 IM F	2:24.79 L	S		100 Back F	1:27.97 L		
200 Free F	3:26.78 L	S		Carmen Brasem (11) F				200 Back F	3:17.58 L		
50 Back F	40.26 L	S		50 Free F	36.19 L	S		50 Breast F	52.84 L		
100 Back F	1:33.36 L			100 Free F	1:23.94 L	S		100 Breast F	1:52.54 L	S	
200 Back F	3:34.73 L			200 Free P	3:03.22 L			200 Breast F	4:20.59 L		
50 Breast F	46.41 S			400 Free F	6:11.87 L			50 Fly F	38.29 L		
50 Breast F	46.80 L			50 Back F	39.96 L			100 IM F	1:33.70 S		
100 Breast F	1:48.63 L			100 Back F	1:35.57 S			200 IM F	3:26.48 L		
50 Fly F	35.91 L			100 Back F	1:37.04 L			Jerone Chilisa (11) M			
100 Fly F	1:35.48 L	S		200 Back F	3:34.58 L			50 Free F	31.65 L	S	
200 Fly F	3:46.17 S			50 Breast F	47.13 S			100 Free F	1:11.64 L		
Lianne Ardern (12) F				50 Breast F	48.49 L			200 Free F	2:49.82 L		
100 Free F	1:47.54 S			100 Breast P	1:44.82 L			400 Free F	6:07.89 L		
50 Back F	55.31 S			200 Breast F	3:43.66 L			50 Back F	34.84 L		
50 Fly F	48.84 S			50 Fly P	45.03 L			50 Back F	37.85 S		
Lianne Ardern (12) F				100 Fly F	1:51.61 L	S		100 Back F	1:23.23 L		
50 Free F	42.28 L	S		200 Fly F	3:49.69 S			100 Back F	1:25.34 S		
100 Free F	1:46.53 L			200 IM F	3:25.94 L			200 Back F	3:06.28 L	S	
200 Free F	4:07.69 L			Kyra Brasem (13) F				50 Breast F	44.55 S		
50 Back F	1:08.69 L			50 Free F	45.33 L			50 Breast F	45.48 L		
100 Back F	2:10.79 L			50 Back F	54.20 L			100 Breast F	1:38.16 L	S	
50 Breast F	58.49 L			100 Back F	1:57.19 L			200 Breast F	3:20.57 S		
100 Breast F	2:10.43 L			100 Breast F	2:17.62 L			200 Breast F	3:31.73 L	S	
200 Breast F	4:41.10 L			Kuncheng Bu (17) M				50 Fly F	35.54 L		
50 Fly F	52.59 L			50 Free F	28.88 L			100 Fly F	1:21.90 S		
Muhammad Asim (9) M				100 Free F	1:09.20 L			100 Fly F	1:32.93 L	S	
50 Back F	1:17.26 L			400 Free F	4:55.93 L			200 Fly F	3:19.73 S		
Leruo Bakwena (11) M				800 Free F	10:32.16 L			200 Fly F	3:39.70 L		
50 Free F	31.67 L	S		1500 Free F	20:28.41 L			100 IM F	1:22.29 S		
100 Free F	1:14.21 L			50 Back F	40.16 L			200 IM F	3:03.22 L		
200 Free F	2:51.62 L			100 Back F	1:26.82 L			400 IM F	7:24.97 L		
50 Back F	41.86 L			50 Fly F	31.58 L			Erykah Chiweshe (12) F			
100 Back F	1:33.79 L	L		100 Fly F	1:08.15 L			50 Free F	33.51 L		
50 Breast F	41.04 L	S		200 IM F	2:47.38 L			100 Free F	1:27.63 L		
100 Breast F	1:40.50 L			400 IM F	6:00.73 L			200 Free F	3:17.49 L		
50 Fly F	35.44 L			Juanita Bvindi (11) F				50 Breast F	51.11 L		
100 Fly F	1:50.00 L			50 Free F	35.76 L			100 Breast F	1:57.28 L		
Afilwe Balebeng (9) F				100 Free F	1:24.66 L			200 Breast F	4:16.21 L		
50 Free F	47.88 L	S		50 Back F	47.14 L			50 Fly F	41.38 L	S	
100 Free F	2:15.51 L			100 Back F	1:44.23 L	S		200 IM F	3:45.00 L		
50 Back F	1:08.81 L			50 Breast F	53.18 L			Ewan De beer (9) M			
100 Back F	2:22.76 L			50 Fly F	41.69 L	S		50 Free F	40.73 L		
50 Breast F	1:15.63 L			100 Fly F	1:46.14 L			100 Free F	1:24.70 L		
50 Fly F	1:17.01 L			Talia Bvindi (7) F				200 Free F	3:08.43 L		
Gofiwa Balebeng (11) F				50 Free F	50.61 L			400 Free F	6:51.67 L		
50 Free F	50.96 L	S		100 Free F	1:58.56 L			50 Back F	47.54 L		
100 Free F	1:53.72 L			50 Back F	1:07.94 L			100 Back F	1:40.85 L		
50 Back F	1:00.58 L			100 Back F	2:28.41 L	S		200 Back F	3:56.39 L		
100 Back F	2:17.50 L			50 Breast F	1:15.69 L			50 Breast F	52.70 L		
50 Fly F	1:03.61 L			100 Breast F	2:47.72 L			100 Breast F	1:57.61 L		
Latisha Balebeng (14) F				50 Fly F	55.04 L	S		200 Breast F	4:17.18 L		
50 Free F	42.80 L			Isabelle Charles (16) F				50 Fly F	47.97 L		
100 Free F	1:39.15 L			50 Free F	35.81 L	S		200 IM F	3:38.93 L		
200 Free F	3:39.41 L			100 Free F	1:23.07 L			Devon De Jager (11) M			
50 Back F	54.11 L			200 Free F	3:07.61 L	S		50 Free F	43.25 L	S	
100 Back F	2:09.94 L			400 Free F	6:37.73 L			100 Free F	1:38.03 L		
200 Back F	4:43.00 L			50 Back F	45.80 L			50 Back F	48.15 L		
50 Breast F	1:02.49 L			100 Back F	1:43.15 L			50 Back F	50.29 S		
50 Fly F	57.73 L			200 Back F	3:52.56 L			100 Back F	1:44.86 L		
Andile Bekker (19) M (Yr: FR)				50 Breast F	52.74 L			50 Breast F	1:01.94 L		
100 Free P	x48.28 Y			50 Breast F	52.74 L			100 Breast F	2:18.07 L		
100 Free F	55.45 L			100 Breast F	1:59.38 L			Douren De Jager (11) M			
200 Free P	x1:42.90 Y			200 Breast F	4:27.38 L			50 Free F	41.59 L		
200 Free P	2:04.06 L			50 Fly F	45.42 L			100 Free F	1:34.39 L		
400 Free F	4:24.04 L	S		100 Fly F	1:45.23 L	S		200 Free F	3:25.66 L		
500 Free P	x4:41.75 Y			200 IM F	3:38.50 L			50 Back F	46.46 L	S	
800 Free P	9:23.93 L			Jade Chilisa (9) F				50 Back F	47.68 S		
100 Back P	x53.57 Y			50 Free F	35.24 L	S		100 Back F	1:44.04 L		
100 Back F	1:01.87 L			100 Free F	1:21.07 L			50 Breast F	58.58 L		
200 Back P	x1:55.76 Y			200 Free F	2:57.08 L	S		100 Breast F	2:16.26 L	S	
				400 Free F	6:33.91 L			50 Fly F	54.28 L		

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Kaylin De Jager (8) F				100 Breast F	1:28.72 L	100 Back F	1:38.34 L S
50 Free F	41.38 L S	200 Breast F	3:16.50 L S	200 Back F	3:51.00 L S	50 Fly F	40.50 L S
100 Free F	1:37.69 L L	200 IM F	3:07.72 L S	100 Fly F	1:42.56 L	200 Fly F	4:22.10 L S
200 Free F	3:40.70 L	Haedan Dorey (13) M				200 IM F	3:35.85 L
50 Back F	48.92 S	50 Free F	32.43 L S	Yusurf Garmroudi (15) M			
50 Back F	52.58 L	100 Free F	1:12.70 L				
100 Back F	1:50.13 L	200 Free F	2:41.27 L	50 Free F	27.83 L S	100 Free F	1:02.02 L
50 Breast F	1:06.78 L	400 Free F	6:01.51 L	100 Free F	1:02.02 L	200 Free F	2:26.39 L
100 Breast F	2:23.40 L	800 Free F	12:35.94 L	200 Free F	2:26.39 L	400 Free F	5:22.95 L
200 Breast F	4:52.17 L	50 Back F	37.68 L	50 Back F	36.35 L	50 Back F	36.35 L
50 Fly F	59.88 L S	100 Back F	1:26.52 L	100 Back F	1:24.08 L	50 Breast F	36.08 L S
100 IM F	2:01.29 S	200 Back F	3:05.83 L S	50 Breast F	41.02 L	100 Breast F	1:23.30 L
200 IM F	4:12.70 L	50 Breast F	1:29.66 L	200 Breast F	3:14.31 L	200 Breast F	3:01.65 L S
Ruben De Jager (13) M				50 Fly F	36.40 L	50 Fly F	30.75 L
50 Free F	33.96 L S	100 Fly F	1:34.12 L S	100 Fly F	1:14.06 L	200 Fly F	2:40.52 L
100 Free P	1:16.39 L	200 IM F	2:56.44 L	200 IM F	2:39.60 L S	Amelie Gisage (9) F	
200 Free F	2:45.22 L	Megan Dsouza (12) F					
400 Free F	5:52.00 L	50 Free F	36.23 L	50 Free F	36.52 L S	100 Free F	1:43.94 L
50 Back P	37.16 L	100 Free F	1:23.43 L	50 Back F	57.08 L	50 Back F	57.08 L
100 Back P	1:18.83 L	200 Free F	3:06.19 L	400 Free F	6:27.63 L S	100 Back F	2:05.95 L
200 Back F	2:55.13 L S	1500 Free F	27:36.76 L S	50 Breast F	53.86 L	50 Breast F	53.86 L
50 Fly F	40.76 L	50 Back F	46.22 L	100 Breast F	1:57.67 L	Advaith Harith (13) M	
100 Fly F	1:36.88 S	200 Back F	3:29.64 L S	50 Free F	36.36 L S		
100 Fly P	1:38.25 L	50 Breast F	47.09 L	100 Free F	1:19.29 L	200 Free F	2:55.88 L
200 Fly F	3:49.38 L	100 Breast F	1:45.45 L	50 Back F	43.92 L	50 Back F	43.92 L
Diya Devaprakash (9) F				100 Back F	1:34.77 S	100 Back F	1:46.46 L
50 Free F	46.82 L	50 Fly F	39.75 L S	50 Breast F	46.35 S	50 Breast F	49.65 L
100 Free F	1:41.94 S	100 Fly F	1:53.80 L	100 Breast F	1:50.03 L	100 Breast F	1:50.03 L
100 Free F	1:43.33 L	400 IM F	7:36.66 L	50 Fly F	40.62 L	50 Fly F	40.62 L
200 Free F	3:47.28 L	Maxine Egner (18) F				200 IM F	3:34.16 L
50 Back F	50.39 L	50 Free F	25.76 S	Vidyuth Harith (7) M			
50 Back F	50.57 S	50 Free F	26.64 L				
100 Back F	1:51.60 L	100 Free F	56.23 S	50 Free F	56.40 L S	100 Free F	1:58.90 L
200 Back F	4:08.85 L S	100 Free P	58.46 L	50 Back F	55.35 L	50 Back F	55.35 L
50 Breast F	1:02.06 L	200 Free F	2:04.16 S	Ethan Harry (19) M			
100 Breast F	2:19.74 L	200 Free F	2:08.85 L				
200 Breast F	4:56.93 L	400 Free F	4:42.72 L	50 Free F	26.17 L S	100 Free F	1:00.89 L
50 Fly F	52.43 S	800 Free F	9:34.79 S	100 Free F	1:00.89 L	200 Free F	2:26.33 L
50 Fly F	56.03 L	800 Free F	10:01.28 L	50 Back F	39.87 L	50 Back F	39.87 L
Chris Dirorimwe (15) M				100 Back F	1:23.28 L	50 Breast F	33.51 L S
50 Free F	41.10 L S	50 Back F	32.73 S	50 Breast F	33.51 L S	100 Breast F	1:22.80 L
Christine Dirorimwe (12) F				50 Fly F	29.13 L	50 Fly F	29.13 L
50 Free F	53.46 L	50 Back F	36.18 L	Kyra Harry (15) F			
50 Back F	1:03.06 L	50 Breast F	37.05 S				
Amaru Ditlhogo (16) F				50 Free F	29.10 L	100 Free F	1:04.45 L
50 Free F	31.41 L	100 Breast F	1:30.16 L	100 Free F	1:04.45 L	400 Free F	5:32.35 L S
50 Free P	31.68 S	200 Breast F	3:03.63 L	400 Free F	5:32.35 L S	50 Back F	37.49 L
100 Free F	1:06.53 S	50 Fly F	27.69 S	100 Back F	1:23.58 L S	100 Back F	1:23.58 L S
100 Free F	1:08.95 L	50 Fly F	28.70 L	50 Breast F	41.34 L	50 Breast F	41.34 L
200 Free F	2:24.64 S	100 Fly F	1:03.49 S	100 Breast F	1:29.89 L	100 Breast F	1:29.89 L
200 Free F	2:31.51 L S	100 Fly F	1:05.75 L S	50 Fly F	32.94 L S	50 Fly F	32.94 L S
400 Free F	5:05.84 S	200 Fly F	2:50.29 L	100 Fly F	1:17.79 L	200 Fly F	3:20.20 L S
400 Free F	5:25.53 L S	100 IM P	1:08.45 S	200 IM F	3:03.61 L	200 IM F	3:03.61 L
800 Free F	10:54.73 S	200 IM F	2:34.23 S	Sally Ingwe (14) F			
800 Free F	11:07.61 L	200 IM F	2:36.03 L				
1500 Free F	20:34.98 S	James Freeman (21) M				50 Free F	31.46 L L
1500 Free F	21:30.21 L S	50 Free F	24.52 L	50 Free F	33.09 S	50 Free P	33.09 S
50 Back F	43.51 L	200 Free F	1:59.66 L	100 Free F	1:11.10 L	100 Free P	1:13.04 S
100 Back F	1:28.63 L	50 Breast F	33.60 L	200 Free F	2:48.15 L	200 Free F	2:48.15 L
50 Breast F	38.51 S	50 Fly F	26.34 L	400 Free F	5:39.72 L S	400 Free F	5:39.72 L S
100 Breast F	1:28.84 L	100 Fly F	58.39 L	50 Back P	36.64 S	50 Back P	36.64 S
100 Breast P	1:29.62 S	Amantle Gaboeletswe (12) F				50 Back F	36.84 L S
200 Breast F	3:15.67 L	50 Free F	42.09 L	Lelentle Gaboeletswe (14) F			
50 Fly F	34.55 L	100 Free F	1:31.10 L				
400 IM F	6:18.92 L	50 Back F	48.06 L	50 Free F	35.63 L L	100 Free F	1:13.04 S
Tobias Donnel (13) M				100 Back F	1:46.67 L S	200 Free F	2:48.15 L
50 Free F	31.58 L S	50 Breast F	53.23 L	100 Back F	1:46.67 L S	400 Free F	5:39.72 L S
100 Free F	1:12.65 L	100 Breast F	2:00.16 L	50 Breast F	53.23 L	50 Back P	36.64 S
200 Free F	2:54.81 L	Lelentle Gaboeletswe (14) F				50 Back F	36.84 L S
400 Free F	6:57.41 L	50 Free F	35.63 L L	50 Free F	35.63 L L	50 Back F	36.84 L S
50 Back F	40.62 L	100 Free F	1:24.43 L	100 Free F	1:24.43 L	50 Back F	36.84 L S
100 Back F	1:31.17 L L	200 Free F	3:12.41 L	200 Free F	3:12.41 L	50 Back F	36.84 L S
50 Breast F	40.11 L S	400 Free F	7:38.83 L S	400 Free F	7:38.83 L S	50 Back F	36.84 L S
		50 Back F	44.58 L	50 Back F	44.58 L	50 Back F	36.84 L S

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Sally Ingwe (14) F				50 Back F	53.76 L S	100 Back F	1:17.15 S		
100 Back F		1:22.26 L		50 Back F	54.26 S	100 Back F	1:18.17 L		
200 Back F		3:05.28 L		100 Back F	1:58.56 L	200 Back F	2:54.10 L S		
50 Breast F		46.39 L		50 Breast F	1:08.42 L	50 Breast F	44.81 S		
100 Breast F		1:33.77 L		100 Breast F	2:24.72 L	50 Breast F	45.59 L		
50 Fly P		37.50 S		50 Fly F	57.42 S	100 Breast F	1:38.35 L		
50 Fly F		37.85 L		50 Fly F	1:03.55 L	200 Breast F	3:32.29 S		
200 IM F		2:55.10 S		100 IM F	2:17.90 S	200 Breast F	3:32.32 L		
200 IM F		3:01.57 L		Kutlo Kesiilwe (12) F					
Miles Jarvis (12) M				200 Free F	2:36.25 L	50 Fly F	35.35 L		
50 Free F		31.65 L S		400 Free F	5:33.02 L S	100 Fly F	1:24.59 S		
100 Free F		1:10.57 L		1500 Free F	22:00.88 L S	100 Fly F	1:28.71 L S		
200 Free F		2:33.24 L		200 Back F	3:06.85 L S	200 Fly F	3:09.15 S		
50 Back F		40.04 L		100 Fly F	1:28.49 L	200 Fly F	3:22.52 L		
200 Back F		2:55.78 L S		200 IM F	3:10.86 L	100 IM F	1:22.65 S		
50 Breast F		45.71 L		Lemogang Kgaswe (10) F					
100 Breast F		1:37.73 L		50 Free F	38.72 L S	200 IM F	3:04.43 L		
50 Fly F		34.40 L		100 Free F	1:28.31 L	Micah Grey Lawrence (13) M			
100 Fly F		1:19.87 L S		200 Free F	3:25.23 L S	100 Free F	1:53.53 S		
Hannah Jobe (19) F				400 Free F	7:31.37 L	50 Back F	56.67 S		
50 Free F		29.90 L L		50 Back F	43.03 L S	50 Fly F	59.96 S		
100 Free F		1:09.22 L		100 Back F	1:39.32 L	Micah Lawrence (13) M			
200 Free F		2:37.67 L S		50 Breast F	50.89 L	50 Free F	49.35 L S		
400 Free F		5:54.82 L		100 Breast F	1:52.54 L S	100 Free F	1:52.02 L		
800 Free F		12:07.23 L		200 Breast F	4:10.95 L	50 Back F	57.39 L		
50 Back F		35.67 L		50 Fly F	50.02 L	100 Back F	2:11.75 L		
50 Back F		39.73 S		50 Fly F	50.02 L	50 Breast F	1:04.25 L		
100 Back F		1:19.36 S		100 Fly F	2:14.34 L S	100 Breast F	2:17.25 L		
100 Back F		1:22.54 L		200 IM F	3:46.75 L	200 Breast F	4:56.33 L		
200 Back F		3:03.36 L		Hyun Dong Lee (16) M					
50 Breast F		52.94 S		50 Free F	26.26 L S	50 Free F	26.26 L S		
50 Fly F		35.06 L		100 Free F	1:00.79 L	100 Free F	1:00.79 L		
100 Fly F		1:29.07 S		50 Back F	33.02 L S	50 Back F	33.02 L S		
100 IM F		1:28.26 S		50 Breast F	38.35 L	50 Breast F	38.35 L		
200 IM F		3:23.02 L		100 Breast F	1:30.18 L	100 Breast F	1:30.18 L		
Selebo Jobe (49) F				50 Fly F	30.98 L	50 Fly F	30.98 L		
50 Free F		52.25 L S		Hyun Min Lee (15) M					
100 Free F		2:21.13 L		50 Free F	34.55 L S	50 Free F	34.55 L S		
Thabang Joseph (11) M				100 Free F	58.03 S	100 Free F	1:18.55 L		
50 Free F		32.91 L S		100 Free F	59.43 L	200 Free F	2:56.25 L		
100 Free F		1:16.26 L		200 Free F	2:08.53 S	50 Back F	46.31 L		
200 Free F		2:45.49 L		200 Free F	2:09.44 L S	100 Breast F	1:47.26 L		
50 Back F		40.25 L		400 Free F	4:36.43 S	50 Fly F	45.05 L		
100 Back F		1:32.25 L		400 Free F	4:40.19 L	Kefentse Lekaukau (13) M			
50 Breast F		45.17 L S		800 Free F	9:52.74 L	50 Free F	37.95 L		
100 Breast F		1:40.55 L		50 Back F	31.29 S	50 Back F	45.58 L		
50 Fly F		38.43 L		50 Back F	31.31 L	100 Back F	1:46.83 L		
Stephanie Kadzirange (11) F				100 Back F	1:08.38 L	100 Breast F	2:00.02 L		
50 Free F		33.77 L		100 Back F	1:08.56 S	200 Breast F	4:25.79 L		
100 Free F		1:15.43 L		200 Back F	2:35.43 L S	50 Fly F	51.25 L		
200 Free F		2:48.06 L		50 Breast F	35.64 L	Moshe Lekaukau (10) M			
50 Back F		44.27 L		50 Breast F	35.97 S	50 Free F	43.75 L		
100 Back F		1:27.45 L S		100 Breast F	1:19.34 L	50 Back F	50.51 L		
50 Breast F		45.85 L		200 Breast F	2:51.92 L	100 Back F	1:56.38 L		
100 Breast F		1:44.18 L		50 Fly F	30.89 L	50 Breast F	1:10.12 L		
50 Fly F		36.53 L S		50 Fly P	33.44 S	50 Fly F	49.81 L		
100 Fly F		1:45.34 L		100 Fly F	1:15.29 L S	Hugo Lemcke (9) M			
Gaamangwe Keitsile (15) M				200 Fly F	3:06.13 L	50 Free F	42.51 L S		
200 Free F		2:14.98 L		200 IM F	2:31.60 L	100 Free F	1:41.78 L		
400 Free F		5:00.47 L		200 IM F	2:31.98 S	50 Back F	50.70 L		
800 Free F		10:37.73 L		400 IM F	5:40.19 L	100 Back F	1:55.92 L		
1500 Free F		20:34.21 L S		Joash Kurewa (10) M				50 Breast F	54.55 L S
200 Back F		2:44.28 L		50 Free F	36.91 L S	50 Fly F	1:00.49 L		
200 Breast F		3:09.90 L S		100 Free F	1:26.82 L	Ngwale Lenong (9) F			
100 Fly F		1:03.54 L		50 Back F	42.97 L	50 Free F	1:00.20 L		
200 IM F		2:35.28 L S		50 Breast F	45.50 L S	50 Back F	1:02.26 L		
400 IM F		5:35.64 L		100 Breast F	1:52.68 L	100 Back F	2:27.62 L S		
Lebole Kenosi (9) M				50 Fly F	37.91 L	50 Breast F	1:08.90 L		
50 Free F		48.12 L S		Uma Kurtagic (14) F				Myles Letang (14) M	
100 Free F		1:47.35 S		50 Free F	31.86 L S	50 Free F	33.31 L S		
100 Free F		1:48.38 L		100 Free F	1:14.09 L	100 Free F	1:13.50 L		
200 Free F		3:53.23 L		200 Free F	2:49.72 L	200 Free F	2:48.45 L S		
				400 Free F	5:54.30 L	400 Free F	6:16.93 L		
				50 Back F	36.60 L	800 Free F	12:37.37 L		
				50 Back F	36.67 S				

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Myles Letang (14) M				200 Free F	3:23.06 L	100 Free F	59.34 L
50 Back F	41.43 L S	400 Free F	7:26.65 L	50 Back F	46.56 L	50 Back F	40.19 L
50 Back F	42.11 S	50 Back F	1:48.26 L	100 Back F	3:57.74 L S	Mmusi Matthews (16) M	
100 Back F	1:41.54 L	50 Breast F	59.69 L	200 Back F	2:08.80 L	50 Free P	25.13 S
50 Breast F	45.53 L	100 Breast F	4:41.53 L S	50 Breast F	54.52 L	50 Free F	25.67 L S
100 Breast F	1:37.75 L	50 Fly F	2:24.08 L S	200 Breast F	4:09.58 L	100 Free F	56.17 S
200 Breast F	3:38.67 S	100 IM F		50 Fly F		100 Free F	57.93 L
200 Breast F	3:49.27 L S	200 IM F		100 IM F		200 Free F	2:08.80 S
100 Fly F	1:51.51 S					200 Free F	2:16.91 L
100 IM F	1:32.66 S					400 Free F	5:14.49 L
200 IM F	3:34.13 L S					800 Free F	10:52.67 L
Quan Rene Lombard (10) M				Mokhaya Mannathoko (8) M			
50 Free F	44.12 L S	50 Free F	38.52 L S	50 Back F	49.48 L S	50 Back F	28.35 S
100 Free F	1:42.66 L	100 Free F	1:34.63 L	100 Back F	1:48.19 L	50 Back F	29.22 L S
50 Back F	50.01 L	200 Free F	3:38.03 L	200 Back F	4:06.14 L S	100 Back P	1:03.35 S
100 Back F	1:52.37 L	50 Back F	50.92 L	50 Breast F	54.29 L	100 Back F	1:05.78 L
50 Breast F	57.25 L S	50 Back F	54.90 S	100 Breast F	2:01.82 L	200 Back F	2:31.35 L
100 Breast F	2:07.10 L	50 Breast F	1:14.46 L	200 Breast F	4:19.89 L	50 Breast F	31.16 L
50 Fly F	1:00.91 L	50 Fly F	53.93 L	50 Fly F	44.98 L	100 Breast F	1:08.53 S
Khethiwe Macheng (16) F				100 Fly F	2:03.11 L S	100 Breast F	1:09.90 L
50 Free F	43.87 L	Leano-Laone Manowe (7) M		200 Breast F	4:19.89 L	200 Breast F	2:30.14 S
100 Free F	1:37.00 L	50 Free F	46.56 L S	50 Fly F	44.98 L	200 Breast F	2:31.73 L S
50 Back F	44.08 L	100 Free F	1:47.44 S	100 Fly F	2:03.11 L S	50 Fly F	26.54 S
100 Back F	1:37.98 L S	100 Free F	1:54.05 L			50 Fly F	27.21 L
200 Back F	3:38.71 L S	50 Back F	50.92 L			100 Fly F	1:06.38 S
50 Breast F	55.70 L	50 Back F	54.90 S			100 Fly F	1:09.71 L S
100 Breast F	1:53.76 L	50 Breast F	1:14.46 L			200 Fly F	2:46.97 L
200 Breast F	4:22.45 L	50 Fly F	53.93 L			100 IM F	1:02.16 S
50 Fly F	45.46 L S	50 Fly F	54.64 S			200 IM F	2:24.81 L
Botlhe Machona (13) F				100 IM F	2:26.16 S	Tselane Matthews (18) F	
50 Free F	37.26 L	Tendani Maphakela (16) F		50 Free F	49.41 L	50 Free F	29.73 L L
100 Free F	1:30.19 L	50 Back F	1:11.05 L	50 Back F	1:00.03 L	100 Free F	1:05.43 L
50 Back F	45.24 L	50 Breast F	1:00.03 L	100 Breast F	2:10.52 L	200 Free F	2:25.81 L
100 Breast F	1:58.44 L	50 Fly F	1:03.24 L S	50 Fly F	1:03.24 L S	400 Free F	5:12.74 L
Moagi Majola (13) M				Barati Maphane (13) F		50 Back F	32.96 S
50 Free F	34.25 L S	50 Free F	1:05.85 L	50 Back F	1:06.47 L	50 Back F	34.02 L
100 Free F	1:19.54 L	100 Back F	2:30.61 L S	100 Back F	2:30.61 L S	100 Back F	1:14.14 L
200 Free F	3:19.33 L	Hope Maseru (10) F		50 Breast F	50.63 L	200 Back F	2:43.09 L
400 Free F	7:26.20 L	50 Free F	38.98 L	100 Breast F	1:59.55 L	50 Breast F	39.71 L
50 Back F	42.28 L	100 Free F	1:26.55 L	50 Fly F	43.07 L	200 Breast F	3:02.22 S
100 Back F	1:39.58 L	200 Free F	3:12.21 L	100 Fly F	2:01.80 L S	50 Fly F	35.54 L
200 Back F	4:01.59 L S	400 Free F	7:07.49 L S	200 IM F	3:48.30 L	100 IM F	1:13.90 S
50 Breast F	50.63 L	50 Back F	46.96 L			200 IM F	2:50.82 L
100 Breast F	1:59.55 L	50 Back F	49.61 S			Kimberly Meswele (11) F	
50 Fly F	43.07 L	100 Back F	1:46.75 L			50 Free F	40.37 L S
100 Fly F	2:01.80 L S	100 Back F	1:54.50 S			100 Free F	1:46.73 L
200 IM F	3:48.30 L	200 Back F	3:46.26 L			50 Back F	54.01 L
Lemme Makgekgenene (9) M						100 Back F	2:04.95 L
50 Free F	47.67 L S	50 Breast F	52.12 L			50 Breast F	1:09.99 L
50 Back F	56.95 L	50 Breast F	58.80 S			Jireh Mirembe (8) F	
100 Back F	2:05.35 L	100 Breast F	1:54.77 L			50 Free F	54.97 L S
50 Breast F	1:10.28 L S	200 Breast F	4:16.66 L S			100 Free F	2:17.46 L
Emelyn Makgothi (12) F						100 Free F	2:34.22 S
50 Free P	35.15 L S	50 Fly F	45.67 L			50 Back F	1:04.36 L
100 Free F	1:18.91 L	100 Fly F	1:58.80 S			50 Back F	1:15.27 S
200 Free F	2:59.49 L S	100 Fly F	2:04.88 L S			50 Breast F	1:26.41 L
400 Free F	6:19.42 L	200 Fly F	4:24.57 S			50 Fly F	1:22.52 L
800 Free F	14:09.25 L	100 IM F	1:45.78 S			50 Fly F	1:31.30 S
50 Back F	40.52 L	200 IM F	3:46.83 L			Agang Mlalazi (10) F	
50 Back F	42.56 S	Larona Matenge (14) M				50 Free F	1:03.88 L
100 Back F	x12.82 L S	50 Free F	28.96 L S			100 Free F	2:22.49 L
50 Breast F	48.54 L	50 Back F	38.23 L			50 Back F	1:00.38 L
100 Breast F	1:49.06 L	50 Breast F	34.72 L S			50 Breast F	1:15.25 L
200 Breast F	3:50.66 S	100 Breast F	1:24.81 L			Moah Mmopi (7) F	
200 Breast F	3:55.05 L S	200 Breast F	3:26.21 L S			50 Free F	1:01.02 L S
50 Fly F	43.76 L	100 Fly F	1:50.05 L			100 Free F	2:46.81 L
100 Fly F	1:47.46 S	200 IM F	3:14.71 L S			50 Back F	1:14.96 L
100 IM F	1:35.23 S	Tumo Matija (16) M				50 Breast F	1:25.75 L
200 IM F	3:25.64 L					50 Fly F	1:32.36 L
Gwafila Mannathoko (11) M						Reatile Moakufi (10) M	
50 Free F	39.31 L S					50 Back F	1:03.41 L
100 Free F	1:32.34 L					Tema Modirelabangwe (12) M	

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Tema Modirelabangwe (12) M				50 Free F	29.41 L S	50 Free F	35.58 L S	200 IM F	3:13.88 L
				100 Free F	1:11.55 L	100 Free F	1:23.16 L	Thero Montshiwa (14) M	
				200 Free F	2:51.41 L	50 Back F	42.87 L	50 Free F	30.33 L S
				50 Back F	36.48 L	100 Back F	1:39.57 L	100 Free F	1:08.36 L
				100 Back F	1:33.08 L	50 Breast F	45.60 L S	200 Free F	2:35.40 L
				50 Breast F	40.32 L S	100 Breast F	1:49.29 L	400 Free F	5:56.56 L
				100 Breast F	1:37.11 L	50 Fly F	42.04 L	800 Free F	12:36.03 L
				200 Breast F	3:26.99 L S	100 Fly F	2:06.11 L	50 Back F	36.03 L S
				50 Fly F	34.40 L	Kagiso Molelowatladi (11) M		50 Back F	38.42 S
				100 Fly F	1:31.92 L	50 Free F	37.38 L S	100 Back F	1:20.43 L
				200 IM F	3:09.80 L S	100 Free F	1:27.17 L	200 Back F	3:02.34 L
Mohapi Modisapitse (14) M				50 Free F	39.00 L S	200 Free F	3:15.72 L	50 Breast F	42.13 L
				100 Free F	1:33.76 L	50 Back F	43.89 L	100 Breast F	1:33.99 L
				50 Back F	51.36 L	100 Back F	1:35.13 L	200 Breast F	3:25.31 S
				50 Breast F	45.30 L S	50 Fly F	43.05 L	200 Breast F	3:30.29 L
				50 Fly F	51.72 L	100 Fly F	1:56.32 L	50 Fly F	34.27 L
				200 IM F	3:58.28 L S	Realeboga Molelowatladi (13) F		100 Fly F	1:24.39 S
Gofwa Mogobe (10) F				50 Free F	46.76 L	50 Free F	35.31 L	100 Fly F	1:25.18 L S
				50 Back F	1:01.26 L	100 Free F	1:16.41 L	200 Fly F	3:28.04 L
				50 Breast F	1:01.80 L	200 Free F	3:01.59 L	100 IM F	1:19.63 S
Thuto Mokgadi (13) M				50 Free F	37.56 L S	400 Free F	6:48.20 L S	200 IM F	2:55.66 L
				50 Back F	51.50 L	50 Back F	41.19 L	400 IM F	6:49.00 L
				50 Breast F	48.04 L S	100 Back F	1:30.59 L S	Maeva Morebodi (11) F	
				50 Fly F	52.41 L	200 Back F	3:22.94 L S	50 Free F	33.98 L L
Faith Mokgosi (14) F				50 Free F	31.78 L S	50 Breast F	46.59 L	100 Free F	1:16.18 L
				100 Free F	1:12.61 L	100 Breast F	1:42.20 L	200 Free F	2:46.45 L
				200 Free F	2:46.79 L	200 Breast F	3:50.57 L	50 Back F	41.49 L
				400 Free F	6:12.56 L	50 Fly F	41.96 L S	100 Back F	1:31.96 L S
				800 Free F	14:40.78 L	200 IM F	3:29.31 L	50 Breast F	50.49 L
				50 Back F	42.22 L S	Renelwe Molelowatladi (17) F		100 Breast F	1:50.56 L
				50 Back F	42.49 S	50 Free F	33.11 L	50 Fly F	45.24 L S
				100 Back F	1:31.18 S	100 Free F	1:19.18 L	100 Fly F	1:43.63 L
				100 Back F	1:31.71 L	200 Free F	3:12.34 L	Theo Morebodi (13) M	
				200 Back F	3:23.96 L S	400 Free F	7:18.43 L S	200 Free F	2:35.03 L
				50 Breast F	45.38 S	50 Back F	42.12 L	400 Free F	5:33.65 L
				50 Breast F	46.13 L	100 Back F	1:34.40 L S	800 Free F	11:40.10 L
				100 Breast F	1:38.88 L	200 Back F	3:30.94 L S	1500 Free F	22:33.13 L S
				200 Breast F	3:35.29 S	50 Fly F	43.63 L S	200 Breast F	3:11.13 L S
				200 Breast F	3:35.61 L	100 Fly F	1:45.99 L	100 Fly F	1:35.98 L
				50 Fly F	40.51 L	200 IM F	3:49.47 L	200 IM F	2:58.46 L S
				100 Fly F	1:50.52 S	Leina Molimi (10) M		400 IM F	6:24.66 L
				100 IM F	1:32.07 S	50 Free F	49.31 L S	Asante Moreti (14) F	
				200 IM F	3:18.98 L S	50 Back F	57.78 L	50 Back F	1:05.73 L
Tshidiso Mokhosoa (16) M				50 Free F	33.38 L S	100 Back F	2:07.35 L	Mokgosi Moroka (10) M	
				100 Free F	1:20.04 L	50 Breast F	1:08.02 L S	50 Free F	38.94 L
				200 Free F	3:16.51 L	Leatile Moloi (11) M		100 Free F	1:28.42 L
				400 Free F	7:37.03 L	100 Free F	1:47.48 L	200 Free F	3:03.12 L
				50 Back F	44.27 L S	50 Back F	56.68 L	400 Free F	6:49.45 L
				100 Back F	1:44.18 L	100 Back F	2:14.16 L	50 Back F	47.72 S
				50 Breast F	50.54 L	100 Breast F	2:02.86 L	50 Back F	48.12 L S
				50 Fly F	42.60 L	50 Fly F	56.57 L	100 Back F	1:41.36 L
Kgotla Mokobi (16) M				50 Free F	28.22 L S	Leno Mongwaketse (9) F		200 Back F	3:48.53 L
				100 Free F	1:02.19 L	50 Free F	48.03 L	50 Breast F	50.61 S
				200 Free F	2:26.60 L	50 Back F	58.14 L	50 Breast F	50.95 L
				400 Free F	5:12.71 L	100 Back F	2:12.83 L S	100 Breast F	1:50.58 L S
				800 Free F	11:08.57 L	50 Breast F	1:00.06 L	200 Breast F	4:04.08 L S
				50 Back F	36.77 L	Katlo Montshiwa (11) M		200 Breast F	4:04.42 S
				100 Back F	1:20.43 L	50 Free F	33.82 L S	50 Fly F	43.54 L
				50 Breast F	35.83 L	100 Free F	1:17.55 L	100 Fly F	1:51.50 S
				100 Breast F	1:21.27 L S	200 Free F	2:58.28 L	100 Fly F	1:55.20 L S
				200 Breast F	3:04.84 L	400 Free F	6:20.69 L	200 Fly F	3:57.68 S
				50 Fly F	31.49 L	50 Back F	42.42 S	100 IM F	1:43.45 S
Realeboga Molatlhegi (9) M				50 Back F	1:10.30 L	50 Back F	42.65 L	200 IM F	3:31.39 L
				Leago Molefe (11) M		100 Back F	1:32.36 L	Katlego Mosiakgabo (14) M	
				50 Back F	1:10.30 L	200 Back F	3:39.68 L	50 Free F	35.20 L
				100 IM F	1:26.58 S	50 Breast F	45.60 L	100 Free F	1:19.56 L
						100 Breast F	1:42.33 L	200 Free F	3:01.97 L S
						200 Breast F	3:37.97 S	400 Free F	7:05.58 L
						200 Breast F	3:39.79 L	50 Back F	43.14 L S
						50 Fly P	40.03 L	100 Back F	1:33.26 L
						100 Fly P	1:36.57 S	200 Back F	3:38.29 L S
						100 Fly P	1:41.56 L	50 Breast F	56.79 L
						100 IM F	1:26.58 S	100 Breast F	2:08.97 L S

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Katlego Mosiakgabo (14) M				100 Breast F	1:28.72 L	50 Back F	45.14 L
200 Breast F	4:32.53 L	S		200 Breast F	3:29.46 L	100 Back F	1:34.47 L
50 Fly F	44.39 L			50 Fly F	42.23 L	50 Breast F	46.87 L
100 Fly F	2:02.25 L	S		Evelyn Mubaiwa (12) F			
200 IM F	3:37.88 L			50 Free F	49.31 L	100 Breast F	1:49.28 L
Kutiwano Mosiakgabo (11) M				50 Back F	54.13 L	50 Fly F	36.39 L
50 Free F	39.78 L			Tatenda Mugomba (7) M			
100 Free F	1:29.56 L			50 Free F	46.21 L	100 Fly F	1:32.90 L
200 Free F	3:21.84 L			100 Free F	1:47.98 L	Anele Nadisah-Chinyepi (11) F	
400 Free F	7:09.33 L			100 Free F	1:48.61 S	50 Free F	35.24 L
50 Back F	46.34 L			50 Back F	55.49 S	100 Free F	1:21.03 L
100 Back F	1:43.93 L			50 Back F	57.08 L	200 Free F	3:05.57 L
50 Breast F	1:01.74 L			100 Back F	2:03.32 L	50 Back F	43.66 S
100 Breast F	2:10.67 L			50 Breast F	1:03.97 L	50 Back F	44.05 L
200 Breast F	4:49.54 L			100 Breast F	2:30.62 L	100 Back F	1:37.48 L
50 Fly F	49.72 L			50 Fly F	1:02.96 L	50 Breast F	46.87 L
200 IM F	3:50.65 L			50 Fly F	1:05.72 S	100 Breast F	1:48.52 L
Ntsika Mothibatsela (15) M				100 IM F	2:04.59 S	200 Breast F	3:52.27 S
50 Free P	26.81 S			Kudzai Munyuki (15) F			
50 Free F	27.21 L	S		200 Free F	2:51.06 L	200 Breast F	3:57.40 L
100 Free P	57.86 S			800 Free F	13:17.57 L	50 Fly F	48.24 L
100 Free F	58.89 L			100 Back F	1:32.78 L	100 Fly F	2:01.22 S
200 Free F	2:07.33 S			200 Breast F	3:35.18 L	100 IM F	1:38.37 S
200 Free F	2:11.16 L	S		100 Fly F	1:42.28 L	200 IM F	3:38.13 L
400 Free F	4:39.75 S			200 IM F	3:18.80 L	Aone Nadisah-Chinyepi (8) F	
400 Free F	4:57.16 L			400 IM F	7:25.24 L	50 Free F	49.23 L
800 Free F	10:54.70 L			Thobeka Munyuki (16) F			
1500 Free F	20:29.24 L			200 Free F	2:56.17 L	100 Free F	2:06.64 L
50 Back F	30.76 L			800 Free F	13:36.85 L	50 Back F	59.70 L
50 Back P	31.07 S			200 Breast F	4:07.14 L	50 Back F	1:01.79 S
100 Back F	1:08.27 S			100 Fly F	1:47.14 L	100 Back F	2:17.41 L
100 Back F	1:08.66 L			200 IM F	3:33.39 L	50 Breast F	2:05.36 L
200 Back F	2:43.04 L			400 IM F	7:53.07 L	100 IM F	2:28.68 S
50 Fly F	27.83 L			Muela Mutie (12) F			
50 Fly F	27.95 S			50 Free P	34.21 L	50 Free F	36.24 L
100 Fly F	1:02.34 L	S		100 Free F	1:12.50 L	100 Free F	1:27.26 S
100 Fly F	1:03.80 S			200 Free F	2:40.62 L	100 Free F	1:29.18 L
200 Fly F	2:31.54 S			400 Free F	5:39.81 L	200 Free F	3:23.91 L
200 Fly F	2:39.26 L			800 Free F	11:54.52 L	50 Back F	46.37 L
100 IM F	1:08.49 S			50 Back F	42.61 L	50 Back F	50.73 S
400 IM F	6:09.31 L			50 Back F	43.84 S	100 Back F	1:50.37 L
Aobakwe Motlhabane (17) M				100 Back F	1:29.37 S	50 Breast F	51.91 L
200 Free F	3:09.80 L			100 Back P	1:31.38 L	100 Breast F	1:58.43 L
400 Free F	6:54.68 L			200 Back F	3:18.17 L	50 Fly F	46.30 S
800 Free F	14:50.18 L			50 Breast F	44.61 L	50 Fly F	46.84 L
1500 Free F	29:20.95 L	S		50 Breast F	45.79 S	Linnea Nganunu (13) F	
100 Fly F	1:54.73 L			100 Breast P	1:39.12 L	50 Free F	36.30 L
200 IM F	3:47.72 L	S		200 Breast F	3:38.21 L	100 Free F	1:21.82 L
Katso Mouti (12) M				200 Breast F	3:38.43 S	200 Free F	2:57.04 L
50 Free F	1:03.08 L	S		50 Fly P	39.37 L	400 Free F	6:14.73 L
200 Free F	5:18.37 L			100 Fly F	1:33.99 L	800 Free F	13:07.91 L
50 Back F	1:05.31 L			100 Fly F	1:34.56 S	50 Back F	44.05 L
100 Back F	2:34.65 L			200 Fly F	3:34.40 S	100 Back F	1:34.59 S
Laya Mpuchane (9) F				200 Fly F	3:36.71 L	100 Back F	1:38.93 L
100 Free F	2:12.34 S			100 IM F	1:28.25 S	200 Back F	3:47.82 L
50 Back F	1:07.57 S			200 IM P	3:08.26 L	50 Breast F	51.58 L
50 Fly F	1:20.00 S			400 IM F	7:12.63 L	100 Breast F	1:49.86 L
Thiwa Mpuchane (11) F				Mutinda Mutie (16) F			
50 Free F	48.53 L			50 Free F	32.12 L	200 Breast F	3:57.59 L
100 Free F	1:45.31 S			100 Free F	1:08.98 L	50 Fly F	41.30 L
100 Free F	1:53.14 L			200 Free F	2:31.50 L	200 Fly F	3:22.41 S
50 Back F	1:00.93 S			400 Free F	5:25.06 L	200 IM F	3:26.57 L
50 Back F	1:01.56 L			50 Back F	38.74 L	Shathani Nganunu (11) M	
100 Back F	2:12.97 L	S		100 Back F	1:20.43 L	50 Free F	34.60 L
50 Breast F	1:09.32 L			200 Back F	2:51.53 L	100 Free F	1:17.54 L
50 Fly F	1:00.56 S			100 Breast F	1:37.21 L	200 Free F	3:01.39 L
50 Fly F	1:05.88 L	S		50 Fly F	33.53 L	400 Free F	6:07.69 L
Tumisang Mtetwa (13) M				100 Fly F	1:18.48 L	800 Free F	13:08.26 L
50 Free F	36.39 L	S		200 IM F	2:57.69 L	50 Back F	42.51 L
100 Free F	1:26.32 L			Joy Mvududu (11) F			
50 Back F	44.36 L			50 Free F	33.03 L	100 Back F	1:29.94 S
50 Breast F	37.62 L	S		100 Free F	1:14.01 L	100 Back F	1:36.65 L
				200 Free F	2:52.79 L	50 Breast F	45.69 S
						50 Breast F	48.44 L
						100 Breast F	1:49.41 L
						200 Breast F	4:04.22 L
						50 Fly F	42.60 L
						100 Fly F	1:43.41 L
						200 Fly F	3:32.36 S

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Dean Njoroge (14) M				Phoebe Oagile-Motso (11) F				100 Breast	F	1:47.82 L	S
50 Free	F	36.23 L	S	50 Free	F	35.05 L	S	200 Breast	F	3:49.59 S	
100 Free	F	1:21.89 L		100 Free	F	1:17.04 L		200 Breast	F	3:53.24 L	S
200 Free	F	3:17.60 L		200 Free	F	2:49.76 L		50 Fly	F	42.76 L	
400 Free	F	6:48.86 L		400 Free	F	6:01.87 L	S	100 Fly	F	1:40.42 S	
50 Back	F	46.44 L		50 Back	F	38.77 L		100 Fly	F	1:57.06 L	
100 Back	F	1:51.37 L		100 Back	F	1:28.75 L		200 Fly	F	4:15.11 S	
50 Breast	F	57.31 L	S	100 Back	F	1:29.67 S		100 IM	F	1:36.91 S	
50 Fly	F	54.34 L		200 Back	F	3:09.78 L	S	200 IM	F	3:27.30 L	S
200 IM	F	3:47.93 L	S	50 Breast	F	47.48 S		400 IM	F	7:42.18 L	
Leila Noble (10) F				50 Breast	F	48.21 L		Tuduetso Onyadile (11) F			
50 Free	F	38.94 L	S	100 Breast	F	1:38.66 L		50 Free	F	33.04 L	L
100 Free	F	1:29.08 L		200 Breast	F	3:36.47 L		100 Free	F	1:14.90 L	
200 Free	F	3:12.98 L		50 Fly	F	39.92 L		200 Free	P	2:56.61 L	
400 Free	F	6:32.28 L		100 Fly	F	1:38.41 L	S	400 Free	F	6:11.79 L	
50 Back	F	46.49 L	S	200 Fly	F	3:37.03 S		800 Free	F	12:29.39 L	
50 Back	F	48.10 S		200 Fly	F	3:50.00 L		50 Back	F	39.90 S	
100 Back	F	1:37.33 S		200 IM	F	3:11.50 L		50 Back	F	40.29 L	
100 Back	F	1:40.71 L		400 IM	F	7:12.40 L		100 Back	P	1:26.73 L	
200 Back	F	3:36.93 L	S	Renee Oagile-Motso (15) F				100 Back	F	1:28.39 S	
50 Breast	F	49.89 L		50 Free	F	37.21 L		200 Back	F	3:17.79 L	S
100 Breast	F	1:49.68 L		100 Free	F	1:25.23 L		50 Breast	F	48.39 L	
200 Breast	F	3:49.70 L		50 Back	F	42.25 L		50 Breast	F	50.56 S	
200 Breast	F	3:55.72 S		100 Back	F	1:33.85 L		100 Breast	P	1:47.41 L	
50 Fly	F	46.55 L		50 Breast	F	48.43 L		200 Breast	F	3:41.19 S	
100 Fly	F	1:51.45 S		100 Breast	F	1:48.99 L		200 Breast	F	3:45.68 L	
100 Fly	F	1:52.21 L	S	200 Breast	F	3:57.81 L		50 Fly	F	41.54 L	
200 Fly	F	3:52.67 S		Vino Oagile-Motso (10) M				100 Fly	F	1:30.50 S	
100 IM	F	1:43.16 S		50 Free	F	42.17 L	S	100 Fly	F	1:41.48 L	
200 IM	F	3:26.55 L		100 Free	F	1:38.05 L		100 IM	F	1:27.68 S	
Mikael Noble (8) M				200 Free	F	3:34.65 L		200 IM	F	3:10.99 L	
50 Free	F	39.00 L	S	50 Back	F	46.73 L		400 IM	F	7:18.60 L	
100 Free	F	1:37.18 L		100 Back	F	1:52.62 L		Entle Otsogile (9) F			
200 Free	F	3:31.97 L		50 Breast	F	54.89 L		50 Free	F	59.30 L	S
50 Back	F	47.98 L	S	100 Breast	F	2:02.24 L	S	100 Free	F	2:24.39 S	
50 Back	F	50.14 S		200 Breast	F	4:23.17 L		100 Free	F	2:26.74 L	
100 Back	F	1:41.57 S		50 Fly	F	49.52 L		50 Back	F	1:08.63 L	
100 Back	F	1:42.99 L		200 IM	F	4:01.60 L		50 Back	F	1:09.91 S	
50 Breast	F	54.38 L		Zoe Oagile-Motso (8) F				50 Breast	F	1:23.09 L	
50 Breast	F	55.55 S		50 Free	F	47.19 L	S	50 Fly	F	1:18.54 L	
100 Breast	F	1:59.92 L	S	100 Free	F	1:46.84 L		50 Fly	F	1:21.40 S	
200 Breast	F	4:20.23 L		200 Free	F	3:53.04 L		Reabetswe Pabalinga (10) F			
50 Fly	F	49.26 L		50 Back	F	53.14 L		50 Free	F	35.80 L	L
100 Fly	F	2:09.06 L	S	100 Back	F	1:56.86 L		100 Free	F	1:19.46 L	
100 IM	F	1:44.55 S		200 Back	F	4:18.45 L	S	200 Free	F	3:02.32 L	
200 IM	F	3:46.54 L		50 Breast	F	1:00.12 L		400 Free	F	6:35.00 L	
Heinrich Nortje (10) M				100 Breast	F	2:04.51 L		50 Back	F	38.10 L	
50 Free	F	38.58 L	S	200 Breast	F	4:24.29 L		50 Back	F	41.96 S	
100 Free	F	1:28.27 L		50 Fly	F	1:01.30 L		100 Back	F	1:27.48 S	
50 Back	F	47.28 L		200 IM	F	4:14.70 L		100 Back	F	1:29.53 L	
100 Back	F	1:40.51 L		Asa Ohiaeri (10) F				200 Back	F	3:12.66 L	
50 Breast	F	58.83 L	S	50 Free	F	51.15 L		50 Breast	F	50.73 L	
50 Fly	F	1:01.68 L		100 Free	F	1:55.42 L		50 Breast	F	50.99 S	
Lea Nortje (9) F				50 Back	F	55.74 S		100 Breast	F	1:49.70 L	
50 Free	F	51.20 L		50 Back	F	57.93 L		200 Breast	F	4:05.08 S	
50 Back	F	50.10 L		100 Back	F	2:05.75 L		200 Breast	F	4:08.05 L	
50 Breast	F	1:06.06 L		50 Breast	F	1:25.22 L		50 Fly	F	37.18 L	
Waepogo Nthomiwa (12) M				100 Breast	F	3:16.28 L		100 Fly	F	1:41.34 S	
50 Free	F	33.68 L	S	50 Fly	F	1:08.32 L		100 Fly	F	1:45.48 L	
100 Free	F	1:17.50 L		100 IM	F	2:23.92 S		200 Fly	F	3:39.33 S	
200 Free	F	3:03.58 L		Boipelo Onyadile (11) F				100 IM	F	1:34.54 S	
50 Back	F	42.17 L		50 Free	F	36.92 L	S	200 IM	F	3:18.01 L	S
100 Back	F	1:34.37 L		100 Free	F	1:19.84 L		Cala Parker (9) F			
50 Fly	F	39.55 L		200 Free	F	3:00.64 L	S	50 Free	F	39.63 L	S
Mahiro Numada (11) M				400 Free	F	6:36.75 L		100 Free	F	1:29.21 L	
50 Free	F	31.66 L	S	800 Free	F	13:44.78 L		200 Free	F	3:15.71 L	S
100 Free	F	1:13.50 L		50 Back	F	43.01 L	S	400 Free	F	7:13.44 L	
200 Free	F	2:51.19 L		50 Back	F	43.32 S		50 Back	F	47.21 L	
100 Back	F	1:23.98 L		100 Back	F	1:34.12 L		50 Back	F	47.32 S	
50 Breast	F	45.81 L	S	100 Back	F	1:34.57 S		100 Back	F	1:37.71 S	
100 Breast	F	1:42.04 L		200 Back	F	3:38.93 L		100 Back	F	1:39.79 L	
50 Fly	F	38.90 L		50 Breast	F	48.09 L		200 Back	F	3:35.34 L	
				50 Breast	F	50.20 S		50 Breast	F	56.32 L	

Individual Top Times

Times since: 01-Apr-22

Cala Parker (9) F				50 Breast F	57.64 S	100 Breast F	2:06.32 L	200 Breast F	4:22.68 L	200 Breast F	4:23.47 S	50 Fly F	55.42 L S
Faatimah Patel (15) F				50 Free F	45.00 L	100 Free F	1:37.69 L	200 Free F	3:47.17 L	50 Back F	49.97 L	100 Back F	1:47.72 L S
Hannah Patel (12) F				200 Back F	4:05.61 L S	50 Breast F	57.42 L	100 Breast F	2:12.23 L	50 Fly F	52.89 L S		
Arona Pelotona (12) F				50 Free F	46.92 L	100 Free F	1:48.88 L	50 Back F	54.28 L	100 Back F	2:03.31 L S	50 Breast F	56.39 L
Nikoleta Popovic (16) F				100 Breast F	2:06.32 L	50 Fly F	1:04.28 L S						
Katso Pule (12) F				50 Free F	36.98 L	100 Free F	1:26.65 L	200 Free F	3:12.16 L	50 Back F	41.32 L	100 Back F	1:30.44 L S
Samarah Pule (9) F				200 Back F	3:27.31 L S	50 Breast F	49.02 L	100 Breast F	1:53.17 L	200 Breast F	4:03.59 L	50 Fly F	40.32 L S
Lungile Raditladi (17) M				100 Fly F	1:52.00 L	200 IM F	3:44.63 L						
Tadiwa Sameke (11) M				50 Free F	31.68 L S	100 Free F	1:11.64 L	200 Free F	2:45.91 L	400 Free F	6:00.60 L	50 Back F	39.66 L S
Bobby Savage (11) M				100 Back F	1:23.75 S	100 Back F	1:25.78 L	200 Back F	3:06.73 L	50 Breast F	39.21 S	50 Breast F	39.43 L
Mabel Savage (9) F				100 Breast F	1:25.58 L S	200 Breast F	3:07.03 L	50 Fly F	36.65 L	200 Fly F	3:27.56 S	200 IM F	2:58.63 L
Entle Ramakoloi (10) M				50 Fly F	55.84 L								
Rethabile Ramakoloi (12) F				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
Thata Ramakoloi (15) F				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
Thejan Rathnayaka (11) M				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
Melodi Saleshando (13) F				100 Free F	1:22.06 L	200 Free F	2:42.40 L	800 Free F	12:01.89 L	1500 Free F	23:16.32 L S	50 Back F	42.80 L
Oratile Saleshando (16) F				100 Back F	1:31.48 L S	200 Back F	3:13.87 L S	100 Fly F	1:39.61 L				
Tadiwa Sameke (11) M				50 Back F	1:05.98 L								
Bobby Savage (11) M				50 Free F	34.57 L S	100 Free F	1:20.45 L	50 Back F	41.46 L	100 Back F	1:33.05 L	50 Breast F	46.14 L S
Mabel Savage (9) F				100 Breast F	2:07.31 L	50 Fly F	45.89 L						
Mosa Scheffers (15) F				50 Free F	34.94 L S	100 Free F	1:26.80 L	50 Back F	46.16 L	100 Back F	1:45.98 L	50 Breast F	52.05 L S
Reene Sebebo (9) F				100 Breast F	2:07.31 L	50 Fly F	45.89 L						
Kago Seetso (11) M				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
Nathan Seetso (15) M				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
Katlo Segadika (12) F				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
Jessica Seipone (14) F				100 Free F	1:22.06 L	200 Free F	2:42.40 L	800 Free F	12:01.89 L	1500 Free F	23:16.32 L S	50 Back F	42.80 L
				100 Back F	1:31.48 L S	200 Back F	3:13.87 L S	100 Fly F	1:39.61 L				
				50 Back F	1:05.98 L								
				200 Free F	2:30.95 L	400 Free F	5:37.05 L S	800 Free F	11:35.72 L	1500 Free F	22:42.13 L S	100 Back F	1:16.54 L S
				200 Back F	2:55.18 L S	100 Fly F	1:32.76 L	200 IM F	2:54.44 L				
				100 Free F	1:15.22 L	200 Free F	2:48.00 L	400 Free F	5:58.33 L S	1500 Free F	24:19.98 L S	50 Back F	39.86 L
				200 Back F	3:07.57 L S	50 Breast F	41.94 L	50 Fly F	36.53 L S	100 Fly F	1:38.88 L	200 IM F	3:04.40 L
				50 Free F	53.08 L S	50 Back F	1:07.96 L	100 Back F	2:29.61 L				
				50 Free F	34.57 L S	100 Free F	1:20.45 L	50 Back F	41.46 L	100 Back F	1:33.05 L	50 Breast F	46.14 L S
				100 Breast F	2:07.31 L	50 Fly F	45.89 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L	200 IM F	3:33.77 L						
				50 Free F	36.24 L	100 Free F	1:23.68 L	200 Free F	3:02.22 L	400 Free F	6:22.11 L S	50 Back F	44.35 L
				1500 Free F	25:41.28 L S	50 Back F	44.35 L	200 Back F	3:19.49 L S	50 Breast F	48.64 L	50 Fly F	47.56 L S
				100 Fly F	1:54.56 L								

Individual Top Times

Times since: 01-Apr-22

Jessica Seipone (14) F	Khloe Stuart (12) F	Tasima Tsara (8) F
100 Fly F 1:37.56 L	100 Free F 1:58.96 S	50 Free F 42.41 L
200 IM F 3:08.62 L	50 Back F 58.44 S	100 Free F 1:33.46 S
400 IM F 6:46.33 L	50 Fly F 1:09.61 S	100 Free F 1:38.14 L
Masa Seitshiro (14) F	Nadine Stuart (9) F	50 Back F 47.27 S
50 Free F 32.44 L S	50 Back F 1:05.39 S	50 Back F 49.06 L
100 Free F 1:24.75 L	Atlang Themiso (15) M	100 Back F 1:46.44 L
200 Free F 3:11.29 L	50 Free F 42.22 L S	50 Breast F 1:00.75 L
400 Free F 6:57.44 L	Kuda Thomba (13) F	100 Breast F 2:16.10 L
50 Back F 50.38 L	50 Free F 35.41 L S	50 Fly F 50.82 S
100 Back F 1:47.18 L	100 Free F 1:17.96 L	50 Fly F 57.32 L
200 Back F 3:59.35 L S	200 Free F 2:54.28 L S	100 IM F 1:52.62 S
50 Breast F 50.79 L	400 Free F 6:05.05 L S	Lebone Tseladikae (10) M
100 Breast F 1:55.24 L	800 Free F 12:30.43 L	50 Free F 55.98 L S
200 Breast F 4:20.33 L	1500 Free F 24:23.06 L	50 Back F 1:09.82 L
50 Fly F 44.85 L	50 Back F 42.98 L S	100 Back F 2:37.91 L
200 IM F 3:43.30 L	100 Back F 1:34.45 L	Oabona Tsheko (9) F
Loapi Seleka (16) M	200 Back F 3:23.72 L S	50 Back F 1:07.21 S
50 Free F 34.72 L	50 Breast F 48.32 L	50 Fly F 1:22.02 S
400 Free F 7:27.69 L	100 Breast F 1:42.45 L	Salama Tshitoeng (9) F
50 Back F 47.08 L	200 Breast F 3:40.89 L	50 Free F 56.15 L
100 Back F 1:54.23 L	50 Fly F 43.75 L	50 Back F 59.51 L
50 Breast F 52.98 L	100 Fly F 1:46.54 L S	50 Breast F 1:20.44 L
50 Fly F 39.95 L	200 Fly F 3:49.67 L	Lume Van Dyk (8) F
Morena Seleke (11) M	200 IM F 3:16.32 L	100 Free F 1:42.25 S
100 Free F 2:27.28 S	400 IM F 7:06.73 L	50 Back F 52.68 S
50 Back F 1:08.99 S	Lame Thomba (8) F	Aaron Verburgt (10) M
Kitso Seokamo (11) M	50 Free F 43.05 L	50 Free F 38.21 L L
50 Free F 40.22 L S	100 Free F 1:36.13 L	100 Free F 1:25.57 L
100 Free F 1:31.95 L	50 Back F 50.70 L S	200 Free F 3:02.45 L
200 Free F 3:13.73 L	100 Back F 1:56.98 L	400 Free F 6:43.71 L
50 Back F 45.93 L	50 Breast F 1:04.73 L	50 Back F 47.25 S
50 Fly F 52.24 L	100 Breast F 2:41.90 L	50 Back F 49.70 L
100 Fly F 2:04.72 L	50 Fly F 52.48 L	100 Back F 1:45.53 L
Khalil Sethi (15) M	Wada Thomba (11) F	200 Back F 3:46.84 L S
100 Back F 1:19.57 L	50 Free F 33.75 L S	200 Breast F 4:39.63 L
50 Breast F 34.46 L S	100 Free F 1:27.12 L	50 Fly F 54.95 L
100 Breast F 1:15.64 L	200 Free F 3:17.09 L	100 Fly F 2:03.51 S
200 Breast F 2:42.55 L S	400 Free F 6:54.39 L	200 IM F 3:38.42 L
50 Fly F 30.74 L	50 Back F 43.87 L	Gustav Visser (10) M
100 Fly F 1:20.67 L	100 Back F 1:39.54 L	50 Free F 43.07 L S
400 IM F 5:35.72 L	200 Back F 3:32.93 L	100 Free F 1:34.14 L
Renee Setlalekgosi (12) F	50 Breast F 51.20 L	50 Back F 54.34 L
50 Free F 45.64 L	100 Breast F 1:51.78 L	50 Breast F 1:01.96 L S
50 Back F 55.32 L	200 Breast F 4:10.47 L	Aisha Wambiru (12) F
Saaliha Shuhud (11) F	50 Fly F 51.91 L	50 Free F 35.92 L L
50 Free F 39.94 L	100 Fly F 2:09.49 L S	100 Free F 1:26.31 L
100 Free F 1:34.93 L	200 IM F 3:39.01 L	200 Free F 3:13.47 L S
50 Back F 48.12 L	Diyani Tibone (8) F	400 Free F 7:31.03 L
100 Back F 1:51.37 L S	100 Free F 2:46.55 S	50 Back F 49.82 L S
50 Breast F 52.55 L	50 Back F 1:10.65 S	100 Back F 1:44.26 L
100 Breast F 1:56.36 L	50 Fly F 1:28.51 S	200 Back F 4:01.56 L S
50 Fly F 53.51 L S	Diyani Tibone (8) F	50 Breast F 51.62 L
Aarush Singh Urath (9) M	50 Free F 1:05.96 L S	100 Breast F 1:54.25 L
50 Free F 53.63 L S	100 Free F 2:41.99 L	200 Breast F 4:11.41 L S
100 Free F 2:04.16 S	50 Back F 1:19.99 L	50 Fly F 49.67 L
50 Back F 1:01.85 L S	50 Breast F 1:21.48 L	100 Fly F 2:08.57 L
50 Back F 1:04.48 S	Allison Tlagae (11) F	200 Fly F 4:38.17 L
100 Back F 2:14.43 L	50 Free F 56.33 L	200 IM F 3:41.69 L
50 Fly F 1:20.27 S	50 Back F 1:12.38 L	Angela Wambiru (15) F
Sebastian Sosa-Figueroa (11) M	Sophia Trendafilova (10) F	50 Free F 31.69 L S
50 Free F 43.65 L S	50 Free F 41.76 L	100 Free F 1:13.63 L
100 Free F 1:40.66 L	100 Free F 1:41.81 L	200 Free F 2:52.47 L
50 Back F 50.73 S	200 Free F 3:46.00 L	400 Free F 6:27.59 L
50 Back F 52.56 L	50 Back F 54.76 S	800 Free F 13:25.51 L
100 Back F 1:59.22 L	50 Back F 55.64 L	50 Back F 41.73 L
50 Breast F 1:00.72 L S	100 Back F 1:58.09 L	100 Back F 1:32.33 L S
100 Breast F 2:20.86 L	50 Breast F 54.28 L	200 Back F 3:27.61 L S
200 Breast F 4:27.49 S	100 Breast F 2:09.30 L	50 Breast F 47.10 L
50 Fly F 58.83 L	200 Breast F 4:31.24 S	100 Breast F 1:49.05 L
100 IM F 1:45.27 S	50 Fly F 54.85 L	50 Fly F 38.72 L
	100 IM F 1:55.64 S	100 Fly F 1:48.33 L S

Individual Top Times

Times since: 01-Apr-22

Angela Wambiru (15) F			
200	IM	F	3:24.46 L
Bella Ray Watson (12) F			
50	Free	F	33.75 L
100	Free	F	1:19.71 L
200	Free	F	2:57.61 L
400	Free	F	6:02.62 L S
50	Back	F	42.94 L
200	Back	F	3:21.65 L S
50	Breast	F	46.80 L
100	Breast	F	1:46.05 L
200	Breast	F	3:41.25 L
50	Fly	F	42.15 L S
200	IM	F	3:25.82 L
Leila Catherine Watson (11) F			
50	Free	F	38.81 L
100	Free	F	1:32.18 L
200	Free	F	3:20.89 L
50	Back	F	47.30 L
100	Back	F	1:40.54 L S
50	Breast	F	49.16 L
100	Breast	F	1:52.13 L
50	Fly	F	52.64 L S
Amy Williams (14) F (Yr: AR)			
50	Free	F	32.84 L S
100	Free	F	1:12.20 L
200	Free	F	2:43.47 L S
400	Free	F	5:52.20 L S
800	Free	F	12:30.27 L
1500	Free	F	24:04.40 L
50	Back	F	39.44 L S
100	Back	F	1:29.54 L
200	Back	F	3:19.54 L
50	Breast	F	45.49 L
100	Breast	F	1:41.57 L
200	Breast	F	3:51.97 L S
50	Fly	F	36.86 L
200	IM	F	3:01.83 L
Ella Williams (16) F (Yr: AR)			
50	Free	F	31.40 L S
100	Free	F	1:07.82 L
200	Free	F	2:35.23 L S
400	Free	F	5:44.63 L S
800	Free	F	12:10.33 L
50	Back	F	42.46 L S
100	Back	F	1:27.44 L
50	Breast	F	41.25 L
100	Breast	F	1:34.06 L S
50	Fly	F	35.47 L
100	Fly	F	1:24.59 L S
200	Fly	F	3:22.47 L
200	IM	F	2:59.43 L
Jade Williams (16) F (Yr: AR)			
50	Free	F	42.57 L S
100	Free	F	1:32.03 L
200	Free	F	3:13.92 L S
50	Back	F	46.09 L S
100	Back	F	1:40.31 L
50	Breast	F	53.56 L
100	Breast	F	2:03.83 L
50	Fly	F	55.73 L
200	IM	F	3:59.73 L S
Kiera Williams (15) F (Yr: AR)			
50	Free	F	34.00 L S
100	Free	F	1:11.37 L
200	Free	F	2:41.43 L
400	Free	F	6:05.66 L S
50	Back	F	42.46 L S
100	Back	F	1:30.76 L
50	Breast	F	46.61 L
100	Breast	F	1:43.89 L
50	Fly	F	39.06 L
200	IM	F	3:12.76 L