

Individual Meet Results

SA Level 3 Regional Age Group Champs 2023-EG 31-Mar-23 to 03-Apr-23 LC Meters

Location: EGA Delville Pool

DMSS Gators Swimming Club [DMSS] Coach: Thobo Moleko

Time	F/P/S	Event	Place	Points	Improv
Carmen Brasem (11) F					
6:37.90L	F # 102A	Female 11 & Under 400 Free	22	---	26.03
3:03.22L	P # 202A	Female 11 & Under 200 Free	37	---	-0.35
1:44.82L	P # 206A	Female 11 & Under 100 Breast	38	---	-2.64
44.35L	P # 208A	Female 11 & Under 50 Back	37	---	-1.72
1:23.99L	P # 302A	Female 11 & Under 100 Free	44	---	0.05
49.36L	P # 306A	Female 11 & Under 50 Breast	41	---	0.87
1:44.18L	P # 310A	Female 11 & Under 100 Back	47	---	7.14
3:29.62L	P # 314A	Female 11 & Under 200 IM	35	---	3.68
38.50L	P # 402A	Female 11 & Under 50 Free	49	---	1.02
3:46.97L	F # 406A	Female 11 & Under 200 Breast	29	---	3.31
3:34.58L	F # 410A	Female 11 & Under 200 Back	26	---	-5.45
45.03L	P # 412A	Female 11 & Under 50 Fly	33	---	-0.21
Jade Chilisa (10) F					
6:33.91L	F # 102A	Female 11 & Under 400 Free	19	---	-7.12
3:05.43L	P # 202A	Female 11 & Under 200 Free	41	---	8.35
44.15L	P # 208A	Female 11 & Under 50 Back	34	---	1.19
1:26.37L	P # 302A	Female 11 & Under 100 Free	47	---	5.30
56.98L	P # 306A	Female 11 & Under 50 Breast	43	---	4.14
1:33.15L	P # 310A	Female 11 & Under 100 Back	34	---	5.18
3:27.50L	P # 314A	Female 11 & Under 200 IM	33	---	-7.26
35.80L	P # 402A	Female 11 & Under 50 Free	38	---	0.56
3:23.19L	F # 410A	Female 11 & Under 200 Back	21	---	5.61
38.46L	P # 412A	Female 11 & Under 50 Fly	20	---	0.17
Jerone Chilisa (12) M					
6:08.25L	F # 103	Male 12-12 400 Free	19	---	-0.27
2:58.26L	P # 201B	Male 12-12 200 Free	30	---	3.87
1:43.59L	P # 205B	Male 12-12 100 Breast	21	---	5.43
39.59L	P # 207B	Male 12-12 50 Back	10	---	1.24
NS	F # 207B	Male 12-12 50 Back	---	---	---
1:16.35L	P # 301B	Male 12-12 100 Free	27	---	4.71
1:28.74L	P # 309B	Male 12-12 100 Back	17	---	5.51
3:11.45L	P # 313B	Male 12-12 200 IM	21	---	7.41
31.69L	F # 401B	Male 12-12 50 Free	10	1	0.04
31.70L	P # 401B	Male 12-12 50 Free	10	---	0.05
3:39.82L	F # 405B	Male 12-12 200 Breast	15	---	8.09
3:09.55L	F # 409B	Male 12-12 200 Back	12	---	0.59
37.95L	P # 411B	Male 12-12 50 Fly	16	---	2.28
Ruben De Jager (13) M					
5:52.00L	F # 105	Male 13-13 400 Free	14	---	-6.51
2:45.58L	P # 201C	Male 13-13 200 Free	29	---	-4.57
37.16L	P # 207C	Male 13-13 50 Back	13	---	-2.40
1:38.25L	P # 211C	Male 13-13 100 Fly	12	---	-2.67
1:16.39L	P # 301C	Male 13-13 100 Free	37	---	-1.88
1:18.83L	P # 309C	Male 13-13 100 Back	10	---	-3.03
1:19.95L	F # 309C	Male 13-13 100 Back	7	4	-1.91
34.91L	P # 401C	Male 13-13 50 Free	35	---	-0.69
2:58.33L	F # 409C	Male 13-13 200 Back	9	2	2.73
42.93L	P # 411C	Male 13-13 50 Fly	21	---	-0.44

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Katlo Montshiwa (11) M					
6:34.25L	F # 101A	Male 11 & Under 400 Free	24	---	-5.72
3:12.33L	P # 201A	Male 11 & Under 200 Free	33	---	12.19
1:42.56L	P # 205A	Male 11 & Under 100 Breast	21	---	-3.56
43.76L	P # 207A	Male 11 & Under 50 Back	26	---	1.11
1:41.56L	P # 211A	Male 11 & Under 100 Fly	17	---	-14.78
1:19.46L	P # 301A	Male 11 & Under 100 Free	32	---	1.91
46.42L	P # 305A	Male 11 & Under 50 Breast	17	---	0.82
1:38.35L	P # 309A	Male 11 & Under 100 Back	31	---	5.99
3:22.35L	P # 313A	Male 11 & Under 200 IM	28	---	-4.05
34.09L	P # 401A	Male 11 & Under 50 Free	19	---	0.27
3:48.68L	F # 405A	Male 11 & Under 200 Breast	26	---	6.61
40.03L	P # 411A	Male 11 & Under 50 Fly	20	---	-0.99
Ntsika Mothibatsela (15) M					
5:06.12L	F # 109	Male 15-15 400 Free	11	---	-4.40
2:14.89L	P # 201E	Male 15-15 200 Free	8	---	3.73
2:16.43L	F # 201E	Male 15-15 200 Free	9	2	5.27
30.99L	P # 207E	Male 15-15 50 Back	2	---	-2.17
31.16L	F # 207E	Male 15-15 50 Back	4	7	-2.00
1:04.34L	P # 211E	Male 15-15 100 Fly	1	---	2.00
1:04.68L	F # 211E	Male 15-15 100 Fly	1	14	2.34
59.87L	F # 301E	Male 15-15 100 Free	7	4	0.98
59.98L	P # 301E	Male 15-15 100 Free	6	---	1.09
1:11.21L	P # 309E	Male 15-15 100 Back	15	---	2.55
27.58L	P # 401E	Male 15-15 50 Free	11	---	0.24
28.20L	F # 401E	Male 15-15 50 Free	10	1	0.86
2:43.04L	F # 409E	Male 15-15 200 Back	17	---	-17.44
28.13L	P # 411E	Male 15-15 50 Fly	2	---	0.30
28.19L	F # 411E	Male 15-15 50 Fly	2	11	0.36
Muela Mutie (12) F					
5:54.01L	F # 104	Female 12-12 400 Free	9	2	5.34
2:46.20L	P # 202B	Female 12-12 200 Free	25	---	2.44
1:39.12L	P # 206B	Female 12-12 100 Breast	18	---	-6.22
1:37.64L	P # 212B	Female 12-12 100 Fly	12	---	-1.15
1:13.82L	P # 302B	Female 12-12 100 Free	21	---	0.12
44.99L	P # 306B	Female 12-12 50 Breast	21	---	-1.64
1:31.38L	P # 310B	Female 12-12 100 Back	29	---	-3.24
3:08.26L	P # 314B	Female 12-12 200 IM	17	---	-4.58
34.21L	P # 402B	Female 12-12 50 Free	29	---	-0.10
3:46.15L	F # 406B	Female 12-12 200 Breast	23	---	-3.92
3:18.68L	F # 410B	Female 12-12 200 Back	22	---	0.51
39.37L	P # 412B	Female 12-12 50 Fly	23	---	-1.93

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Tuduetso Onyadile (12) F					
6:34.91L	F # 104	Female 12-12 400 Free	16	---	19.99
2:56.61L	P # 202B	Female 12-12 200 Free	37	---	-0.53
1:47.41L	P # 206B	Female 12-12 100 Breast	32	---	-3.21
40.69L	P # 208B	Female 12-12 50 Back	27	---	-0.72
NS	P # 212B	Female 12-12 100 Fly	---	---	---
1:18.39L	P # 302B	Female 12-12 100 Free	37	---	2.46
48.70L	P # 306B	Female 12-12 50 Breast	33	---	0.31
1:26.73L	P # 310B	Female 12-12 100 Back	21	---	-3.03
3:15.00L	P # 314B	Female 12-12 200 IM	31	---	4.01
34.88L	P # 402B	Female 12-12 50 Free	36	---	0.66
3:45.68L	F # 406B	Female 12-12 200 Breast	22	---	-8.96
42.43L	P # 412B	Female 12-12 50 Fly	28	---	0.05
Reabetswe Pabalinga (10) F					
6:35.00L	F # 102A	Female 11 & Under 400 Free	20	---	-2.37
3:03.92L	P # 202A	Female 11 & Under 200 Free	39	---	0.07
1:58.34L	P # 206A	Female 11 & Under 100 Breast	46	---	0.74
41.12L	P # 208A	Female 11 & Under 50 Back	22	---	-1.32
1:46.25L	P # 212A	Female 11 & Under 100 Fly	14	---	0.77
1:23.99L	F # 214A	400 Free Relay Lead Off	---	---	4.53
1:24.13L	P # 302A	Female 11 & Under 100 Free	45	---	4.67
1:32.14L	P # 310A	Female 11 & Under 100 Back	30	---	2.21
3:31.65L	P # 314A	Female 11 & Under 200 IM	36	---	13.64
36.19L	P # 402A	Female 11 & Under 50 Free	40	---	0.39
4:08.05L	F # 406A	Female 11 & Under 200 Breast	37	---	-8.05
3:16.24L	F # 410A	Female 11 & Under 200 Back	17	---	3.58
37.59L	P # 412A	Female 11 & Under 50 Fly	15	---	0.41
Nathan Seetso (15) M					
5:08.12L	F # 109	Male 15-15 400 Free	13	---	0.34
2:24.87L	P # 201E	Male 15-15 200 Free	19	---	3.00
1:19.34L	F # 205E	Male 15-15 100 Breast	4	7	-5.19
1:22.45L	P # 205E	Male 15-15 100 Breast	5	---	-2.08
1:13.36L	F # 211E	Male 15-15 100 Fly	6	5	-4.20
1:14.21L	P # 211E	Male 15-15 100 Fly	9	---	-3.35
1:03.28L	P # 301E	Male 15-15 100 Free	22	---	2.32
35.48L	F # 305E	Male 15-15 50 Breast	6	5	-2.38
36.03L	P # 305E	Male 15-15 50 Breast	5	---	-1.83
1:09.53L	P # 309E	Male 15-15 100 Back	10	---	1.25
1:10.18L	F # 309E	Male 15-15 100 Back	7	4	1.90
2:34.48L	F # 313E	Male 15-15 200 IM	6	5	2.26
2:35.52L	P # 313E	Male 15-15 200 IM	9	---	3.30
2:55.14L	F # 405E	Male 15-15 200 Breast	2	11	-42.22
2:33.17L	F # 409E	Male 15-15 200 Back	5	6	5.72
29.85L	P # 411E	Male 15-15 50 Fly	10	---	---
29.87L	F # 411E	Male 15-15 50 Fly	8	2.5	0.02