

## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

Event 1 Women 14 & Under 800 SC Meter Freestyle					Event 2 Men 14 & Under 800 SC Meter Freestyle						
Name	Age Team			Finals Time	Name	Age Team			Finals Time		
1 Soukup, Therese	14 SEY			9:43.46	11 Azzoni, Anna-Clara	12 ZAM			11:38.04		
31.64	1:06.64	1:42.34	2:18.32	37.89	1:20.31	2:03.96	2:48.49	3:33.77	4:18.77	5:04.43	5:49.66
2:54.14	3:30.75	4:07.91	4:45.39	6:34.04	7:18.05	8:02.86	8:48.52	9:32.17	10:15.04	10:58.37	11:38.04
5:22.29	5:59.48	6:37.20	7:15.06	12 Giannakis, Illiofisti	14 MAW			12:21.85			
7:52.97	8:30.70	9:07.45	9:43.46	36.37	1:19.45	2:05.25	2:51.90				
2 Davidson, Lize-Marie	14 RSA			9:54.12	3:38.72	4:26.54	5:14.86	6:03.33			
32.00	1:07.90	1:45.36	2:22.85	6:51.64	7:39.15	8:27.15	9:15.18				
3:00.44	3:38.19	4:15.50	4:53.53	10:03.32	10:50.50	11:36.93	12:21.85				
5:31.13	6:09.25	6:46.78	7:24.62	Event 2 Men 14 & Under 800 SC Meter Freestyle							
8:02.07	8:39.65	9:17.33	9:54.12								
3 Gebert, Ines	13 MRI			10:13.36	1 Payet, Damien	14 SEY			9:11.58		
33.22	1:10.47	1:48.90	2:26.43	31.02	1:05.49	1:40.86	2:16.24				
3:04.66	3:43.34	4:21.95	5:01.31	2:51.25	3:25.42	4:00.38	4:35.42				
5:40.02	6:20.04	6:58.96	7:37.77	5:10.14	5:45.26	6:19.64	6:54.26				
8:16.62	8:56.28	9:35.46	10:13.36	7:29.50	8:04.34	8:38.26	9:11.58				
4 Okumu, Victoria A	13 KEN-ZZ			10:16.13	2 Ah Yong, Victor	13 MRI			9:35.30		
33.27	1:10.39	1:48.43	2:27.15	30.44	1:04.80	1:40.68	2:16.78				
3:05.62	3:44.50	4:23.50	5:02.82	2:51.78	3:27.40	4:02.74	4:39.08				
5:41.99	6:20.76	7:00.02	7:39.30	5:15.63	5:52.74	6:30.09	7:08.70				
8:18.79	8:58.55	9:38.26	10:16.13	7:46.94	8:23.76	9:00.76	9:35.30				
5 Cromhout, Hannah E	13 RSA			10:17.63	3 Khagram, Kunaal	14 KEN-ZZ			9:50.17		
33.54	1:10.63	1:48.96	2:27.91	32.60	1:09.04	1:45.72	2:22.94				
3:06.90	3:45.84	4:25.18	5:04.59	3:00.30	3:38.10	4:15.72	4:52.87				
5:43.64	6:22.57	7:01.54	7:41.17	5:29.89	6:07.07	6:45.16	7:22.86				
8:20.40	9:00.26	9:39.74	10:17.63	7:59.29	8:36.80	9:14.87	9:50.17				
6 Kok Shun, Alicia	13 MRI			10:22.81	4 Van Staden, Derick-Juan	14 ZAM			10:08.92		
33.70	1:10.91	1:49.37	2:28.89	31.14	1:06.95	1:44.85	2:22.90				
3:07.58	3:47.55	4:26.92	5:06.32	3:01.34	3:40.31	4:19.46	4:58.82				
5:45.81	6:25.13	7:04.50	7:44.11	5:38.30	6:18.09	6:57.14	7:36.41				
8:23.80	9:03.60	9:43.72	10:22.81	8:15.68	8:55.14	9:33.85	10:08.92				
7 Mitchell, Hannah	14 ZIM-ZZ			10:32.13	5 Makona, John Paul	14 KEN-ZZ			10:19.40		
35.74	1:14.61	1:54.85	2:34.91	32.75	1:08.88	1:46.15	2:24.60				
3:14.10	3:53.86	4:34.24	5:14.53	3:02.38	3:40.82	4:20.11	4:59.73				
5:54.42	6:33.76	7:14.11	7:54.08	5:39.35	6:19.11	6:59.43	7:39.88				
8:34.40	9:15.09	9:54.58	10:32.13	8:20.71	9:01.17	9:40.96	10:19.40				
8 Matthews, Tselane	14 BOTS			10:35.74	6 Lumonya, Samora	14 UGA			10:27.58		
35.15	1:14.54	1:54.14	2:34.43	31.57	1:07.37	1:44.93	2:23.22				
3:14.95	3:55.42	4:35.15	5:15.44	3:01.93	3:41.31	4:21.40	5:01.86				
5:56.42	6:36.63	7:17.45	7:58.45	5:42.27	6:22.92	7:03.30	7:44.44				
8:38.97	9:18.83	9:58.95	10:35.74	8:25.14	9:06.67	9:48.89	10:27.58				
9 Moffeld, Maja	14 MAW			10:58.14	7 Jacobs, Garner	14 MAW			10:41.32		
34.69	1:14.26	1:55.15	2:35.66	33.08	1:10.55	1:49.60	2:30.46				
3:16.04	3:56.85	4:38.75	5:20.77	3:11.94	3:53.63	4:35.23	5:16.48				
6:03.26	6:45.74	7:27.97	8:10.41	5:57.99	6:40.06	7:21.76	8:03.34				
8:53.06	9:35.78	10:18.11	10:58.14	8:45.31	9:26.14	10:03.80	10:41.32				
10 Bagley, Robyn	14 ZAM			11:23.15	8 Lillie, Michael	13 ZAM			10:42.00		
36.00	1:16.51	1:59.96	2:43.98	34.19	1:11.22	1:49.27	2:28.55				
3:28.44	4:11.87	4:55.01	5:39.62	3:08.47	3:49.03	4:30.26	5:11.45				
6:22.86	7:06.80	7:50.08	8:33.09	5:53.45	6:35.51	7:17.88	7:59.89				
9:17.30	10:00.52	10:44.28	11:23.15	8:41.62	9:22.78	10:03.68	10:42.00				



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 2 Men 14 & Under 800 SC Meter Freestyle)**

Name	Age	Team	Finals Time	
9 Zocolo, Osvaldo	14	ANG	11:03.66	
			32.95	1:10.63
			1:49.88	2:30.58
			3:12.31	3:54.77
			4:35.99	5:18.99
			6:02.82	6:47.67
			7:28.90	8:12.92
			8:54.03	9:40.47
			10:25.48	11:03.66
10 Steyn, Barend	14	MAW	11:05.05	
			34.83	1:14.36
			1:56.18	2:38.41
			3:20.91	4:04.51
			4:47.35	5:30.23
			6:13.67	6:57.11
			7:40.10	8:23.78
			9:07.30	9:49.80
			10:29.93	11:05.05
11 De Swardt, Jayden	11	ZIM-ZZ	11:39.49	
			36.91	1:18.51
			2:02.54	2:47.17
			3:31.82	4:17.67
			5:03.51	5:48.43
			6:33.55	7:18.39
			8:03.33	8:47.53
			9:30.96	10:15.90
			10:59.69	11:39.49
12 Chisungo, Tawanda	12	ZIM-ZZ	11:52.75	
			35.88	1:16.17
			1:59.44	2:43.31
			3:29.20	4:14.83
			5:02.63	5:48.12
			6:34.70	7:19.81
			8:06.66	8:51.28
			9:37.68	10:25.07
			11:10.03	11:52.75

**Event 3 Women 15 & Over 800 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Foo Sem Fah, Leah	15	MRI	9:50.01	
			33.19	1:09.63
			1:46.68	2:24.57
			3:01.87	3:39.23
			4:16.58	4:53.95
			5:31.36	6:08.18
			6:45.11	7:22.27
			7:59.51	8:36.38
			9:13.60	9:50.01
2 Rabarijaona, Tiana Henitsoa M	19	MAD	10:10.84	
			33.65	1:09.78
			1:47.15	2:24.78
			3:02.51	3:40.25
			4:18.19	4:57.31
			5:36.70	6:16.52
			6:56.16	7:35.34
			8:14.71	8:54.07
			9:33.67	10:10.84
3 Putterill, Hannah	16	ZIM-ZZ	10:54.79	
			36.31	1:16.18
			1:57.13	2:38.97
			3:20.28	4:02.47
			4:44.88	5:27.03
			6:09.00	6:50.82
			7:32.84	8:14.35
			8:55.72	9:36.50
			10:16.76	10:54.79
4 Pinto, Ammara	20	MAW	11:03.03	
			35.85	1:15.92
			1:56.87	2:37.76
			3:19.08	4:00.81
			4:43.22	5:24.65
			6:06.53	6:48.83
			7:32.04	8:14.85
			8:58.25	9:40.45
			10:22.89	11:03.03
5 Kamwendo, Mwandeyi	17	MAW	11:17.99	
			35.03	1:14.52
			1:55.67	2:37.67
			3:19.79	4:02.13
			4:45.13	5:28.11
			6:12.15	6:54.11
			7:37.13	8:21.59
			9:05.51	9:49.85
			10:33.96	11:17.99

6 Buys, Elizabeth	16	ZAM	11:32.02	
			36.79	1:16.40
			1:57.31	2:38.85
			3:21.56	4:05.59
			4:49.89	5:34.33
			6:19.19	7:04.04
			7:48.65	8:33.48
			9:19.06	10:04.31
			10:48.94	11:32.02

7 Volschank, Nadia	16	SWZ	11:45.85	
			37.94	1:21.01
			2:06.78	2:51.80
			3:38.46	4:24.35
			5:09.25	5:53.26
			6:37.59	7:23.62
			8:09.23	8:53.96
			9:37.93	10:23.15
			11:05.78	11:45.85

8 Wilson, Lizzie	15	ZAM	11:48.72	
			38.48	1:20.19
			2:04.15	2:48.62
			3:34.43	4:21.05
			5:07.24	5:52.29
			6:37.09	7:22.29
			8:07.77	8:52.26
			9:37.26	10:22.02
			11:06.34	11:48.72

**Event 4 Men 15 & Over 800 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Bekker, Andile	15	BOTS	8:54.80	
			28.90	1:01.22
			1:34.31	2:07.72
			2:41.20	3:15.45
			3:49.83	4:24.26
			4:58.11	5:32.25
			6:06.74	6:40.74
			7:15.05	7:49.24
			8:23.07	8:54.80
2 Kok Shun, Ryan	15	MRI	9:09.65	
			27.29	58.22
			1:30.42	2:04.18
			2:38.85	3:13.47
			3:48.12	4:22.95
			4:58.76	5:34.99
			6:11.47	6:47.80
			7:24.36	8:00.93
			8:36.42	9:09.65
3 Smit, Naested	17	ZAM	9:13.38	
			28.69	1:00.64
			1:33.67	2:07.76
			2:42.41	3:17.70
			3:53.46	4:29.05
			5:04.63	5:40.56
			6:16.40	6:52.43
			7:28.35	8:04.17
			8:39.62	9:13.38
4 Rakotomavo, John	21	MAD	9:21.74	
			31.17	1:05.86
			1:41.09	2:16.66
			2:52.27	3:27.78
			4:03.49	4:39.85
			5:15.88	5:50.44
			6:26.19	7:02.38
			7:38.55	8:14.27
			8:50.51	9:21.74
5 Payet, Bertrand	16	SEY	9:22.09	
			31.27	1:05.62
			1:40.77	2:15.70
			2:50.57	3:25.96
			4:01.64	4:36.99
			5:12.76	5:49.24
			6:24.97	7:00.84
			7:36.43	8:12.28
			8:47.58	9:22.09
6 Van Vlaanderen, Andrea	16	ZAM	9:45.63	
			30.63	1:05.19
			1:41.05	2:16.99
			2:53.85	3:30.81
			4:08.16	4:45.45
			5:22.99	6:01.17
			6:39.14	7:17.01
			7:54.54	8:31.92
			9:09.87	9:45.63
7 Jones, Brett	15	ZIM-ZZ	9:47.69	
			31.16	1:05.07
			1:40.46	2:16.69
			2:53.35	3:30.44
			4:07.96	4:46.40
			5:23.98	6:02.50
			6:40.24	7:17.90
			7:56.48	8:34.96
			9:13.34	9:47.69



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 4 Men 15 & Over 800 SC Meter Freestyle)**

Name	Age	Team	Finals Time	
8 Purahoo, Ovesh	16	MRI	9:54.82	
	29.85	1:03.93	1:39.56	2:16.15
	2:53.44	3:30.87	4:08.91	4:47.02
	5:25.30	6:02.95	6:40.67	7:19.45
	7:58.96	8:37.68	9:17.28	9:54.82
9 Smith, Jordan	16	ZIM-ZZ	10:08.43	
	31.65	1:06.63	1:42.35	2:19.90
	2:57.42	3:35.76	4:15.23	4:54.32
	5:34.54	6:13.59	6:53.42	7:32.80
	8:12.33	8:51.94	9:31.02	10:08.43
10 Devenish, Matthew	15	MAW	10:57.05	
	33.03	1:10.03	1:50.39	2:31.47
	3:55.60	3:55.60	5:20.69	6:03.12
	6:46.19	7:28.96	8:12.27	8:54.70
	9:36.28	10:17.96	10:17.96	10:57.05
11 Krishnan, Harishankar	17	MAW	11:31.10	
	33.02	1:12.75	1:56.01	2:39.94
	3:24.34	4:10.22	4:55.73	5:41.09
	6:25.19	7:10.64	7:56.50	8:40.59
	9:25.57	10:09.62	10:52.04	11:31.10

**Event 5 Women 12 & Under 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Liacopoulos, Antonia	12	ZAM	39.47
2 Ingwe, Kimberly	12	BOTS	40.32
3 Samaras, Abbie	12	ZAM	40.65
4 Van Oosterhout, Sophie	12	MAW	41.07
5 Lukhoo, Writtee	12	MRI	41.17
6 Chicksen, Jade	11	ZIM-ZZ	41.23
7 Makwenda, Jessica	12	MAW	42.29
8 Tungamirai, Julie	12	ZIM-ZZ	42.93
9 Jack, Michelle	12	BOTS	43.09
10 Naukosho, Ariana	10	NAM	47.13
11 Hoy, Hayley	10	SWZ	49.91
12 Dlamini, Swakhile T	12	SWZ	51.76

**Event 6 Men 12 & Under 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Nathan, Nagapin	12	SEY	35.47
2 Mayanja, Abba	12	UGA	37.11
3 Fernando, Khushal J	12	ZAM	37.92
4 Mulenga, Ndabila B	12	ZAM	38.20
5 Madziyire, Nigel	12	ZIM-ZZ	39.14
6 Mwipikeni, Paul	12	ZIM-ZZ	39.97
7 Mokobi, Kgotla	11	BOTS	40.36
8 Bashir, Ishaq	12	KEN-ZZ	40.49
9 Matija, Tumo	12	BOTS	40.94
10 Rugaaju, Kevin	12	UGA	41.58
11 Cho, Sejiro	11	MAW	42.14
12 Esslinger, Nico	12	NAM	42.19
13 De Sousa, Damien	11	SWZ	45.64
14 Banda, Asher	12	MAW	46.15

15 Taborda, Heilio 10 ANG 51.83

**Event 7 Women 13-14 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Kok Shun, Alicia	13	MRI	34.36
2 Phiri, Mia A	14	ZAM	36.12
3 Clifton-Smith, Candice	13	RSA	36.15
4 Fawaz, Yasmina	13	ZAM	36.72
5 Mitchell, Hannah	14	ZIM-ZZ	36.83
6 Kimani, Jasmin W	14	KEN-ZZ	36.86
7 Soukup, Therese	14	SEY	37.20
8 Gebert, Ines	13	MRI	37.40
9 Ontong, Danielle C	14	RSA	37.53
10 Murphy, Hannah M	14	NAM	38.07
11 Clow, Shelby Rose	14	UGA	39.12
12 Giannakis, Illiofisti	14	MAW	39.25
13 Mawere, Makanaka	14	ZIM-ZZ	39.31
14 Mutumbulua, Trisha	13	NAM	39.50
15 Matthews, Tselane	14	BOTS	39.51
16 Mwebeiha, Mercedes Amani	14	UGA	39.68
17 Melrose, Annika	14	MAW	39.84
18 Egner, Maxine	13	BOTS	40.49

**Event 8 Men 13-14 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Adams, Faiyaz	14	RSA	32.61
2 Mnyaka, Keagon M	14	RSA	32.91
3 Shamambo, Damien	14	ZAM	33.23
4 Rouse, Brandon	14	BOTS	33.39
5 Rumball, Brandon	14	ZAM	33.45
6 Huang, Dylan	14	ZIM-ZZ	33.70
7 Ah Yong, Victor	13	MRI	34.30
8 Vidot, Alain	13	SEY	34.37
9 Kithikii, Scott	14	KEN-ZZ	35.47
10 Betts, Maximilian W	14	NAM	36.36
11 Lwanya, Clyde	13	KEN-ZZ	36.77
12 Gondo, Takundanashe	13	BOTS	36.82
13 Zocolo, Osvaldo	14	ANG	37.65
14 Sangala, Paulo	13	MAW	38.88
15 Pickard, Reuben	13	MAW	40.02
16 Silva, Gilberto	14	ANG	40.83
17 Callaghan, Kenan	14	ZIM-ZZ	41.01
18 Settumba, Paulsen Jordan	13	UGA	41.49

**Event 9 Women 15-16 50 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Volkwyn, Ashton K	15	RSA	36.73
2 Gondo, Ruvarashe	15	BOTS	37.00
3 Volschank, Nadia	16	SWZ	37.29
4 Chungu, Chibwe	16	ZAM	37.40
5 Naidu, Harleena	16	ZAM	37.64
6 Sangala, Maya	16	MAW	38.10
7 Date Line, Chenay E	16	RSA	39.65
8 Jacobs, Elsje	14	MAW	41.28
9 Putterill, Hannah	16	ZIM-ZZ	43.62



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 9 Women 15-16 50 SC Meter Breaststroke)**

Name	Age Team	Finals Time
10 Dlamini, Senamile	15 SWZ	44.69

**Event 10 Men 15-16 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Wong Chap Lan, Oliver	15 MRI	30.25
2 Seyffert, JP	16 RSA	30.30
3 Fischer, Ethan	15 BOTS	31.43
4 Mukalazi, Tendo	15 UGA	32.77
5 Bagley, Graham	16 ZAM	33.21
6 Teixeira, Francisco	15 ANG	33.59
7 Purahoo, Ovesh	16 MRI	33.62
8 Le Roux, Corné	15 NAM	34.27
9 Moosa, Shaquille D	15 ZAM	34.62
10 Smith, Jordan	16 ZIM-ZZ	35.23
11 Jones, Brett	15 ZIM-ZZ	38.26
12 Gaunt, Liam	16 MAW	39.27

**Event 11 Women 17 & Over 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Paljk, Tilka	21 ZAM	31.74
2 Buys, Johanna J	17 ZAM	34.28
3 Weber, Zuné	17 NAM	37.16
4 Balneaves, Kim	17 ZIM-ZZ	37.32
5 Kamwendo, Mwandeyi	17 MAW	38.85
6 Nxumalo, Lungelo	17 SWZ	40.82
7 Chang'anamuno, Tayamika	17 MAW	42.68
8 Nkete, Alora	17 BOTS	43.44

**Event 12 Men 17 & Over 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Francisco, Daniel	18 ANG	29.57
2 Gomes, Filipe	20 MAW	29.81
3 Naidu, Kumaren M	20 ZAM	31.23
4 Rakotomavo, Stephan	23 MAD	31.81
5 Smit, Naested	17 ZAM	32.31
6 Lichtenberg, Matthias C	18 NAM	32.95
7 Emmett, Liam P	17 SWZ	34.02
8 Joe, Ricardo	18 ZIM-ZZ	34.35
9 Vlahakis, Christopher	17 ZIM-ZZ	34.53
10 Swift, Michael	17 MAW	35.99
11 Zocolo, Tiago	17 ANG	38.76
--- Frio, Ruben Aldair	21 MOZ	SCR

**Event 13 Women 12 & Under 100 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Ramajan, Saira	12 ZIM-ZZ	1:13.39
36.35	1:13.39	
2 Jack, Michelle	12 BOTS	1:15.32
37.13	1:15.32	
3 Ingwe, Kimberly	12 BOTS	1:16.56
36.89	1:16.56	
4 Wanakai, Lenise A	12 KEN-ZZ	1:17.87
37.38	1:17.87	

5 Phiri, Jade A	11 ZAM	1:18.72
37.47	1:18.72	
6 Lukhoo, Vritee	12 MRI	1:21.45
37.99	1:21.45	
7 Mahobebe, Mkhusele	12 ZIM-ZZ	1:22.02
39.28	1:22.02	
8 Pollen, Paige	12 ZAM	1:23.41
40.59	1:23.41	
9 Pinto, Anna	12 MAW	1:23.51
40.05	1:23.51	
10 Windell, Kara	11 MAW	1:25.19
40.81	1:25.19	
11 Wangeci, Erica	12 KEN-ZZ	1:26.55
41.97	1:26.55	
12 Naukosho, Ariana	10 NAM	1:28.31
43.96	1:28.31	
13 Hoy, Hayley	10 SWZ	1:36.39
47.08	1:36.39	

**Event 14 Men 12 & Under 100 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Freitas, Filipe	12 ANG	1:12.90
35.03	1:12.90	
2 Rumball, Liam	12 ZAM	1:15.12
35.98	1:15.12	
3 Esslinger, Nico	12 NAM	1:15.92
36.76	1:15.92	
4 Fernando, Khushal J	12 ZAM	1:16.76
37.61	1:16.76	
5 Muravej, Aryen	12 KEN-ZZ	1:18.56
37.22	1:18.56	
6 Jacobs, Gidian	12 MAW	1:19.78
38.76	1:19.78	
7 Chisungo, Tawanda	12 ZIM-ZZ	1:20.98
40.02	1:20.98	
8 Madziyire, Nigel	12 ZIM-ZZ	1:21.95
40.02	1:21.95	
9 Payet, Thierry	10 SEY	1:22.88
40.49	1:22.88	
10 Rugaaju, Kevin	12 UGA	1:24.06
39.28	1:24.06	
11 Johnstone, Gareth	11 MAW	1:26.91
42.33	1:26.91	
12 Matija, Tumo	12 BOTS	1:29.88
43.12	1:29.88	
13 Taborda, Heilio	10 ANG	1:51.82
51.83	1:51.82	

**Event 15 Women 13-14 100 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Phiri, Mia A	14 ZAM	1:07.31
32.11	1:07.31	
2 Soukup, Therese	14 SEY	1:07.88
33.32	1:07.88	
3 Davidson, Lize-Marie	14 RSA	1:07.98
33.32	1:07.98	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 15 Women 13-14 100 SC Meter Backstroke)**

Name	Age Team	Finals Time
4 Gebert, Ines	13 MRI	1:11.10
34.04	1:11.10	
5 Ontong, Danielle C	14 RSA	1:12.61
36.68	1:12.61	
6 Murphy, Hannah M	14 NAM	1:12.90
35.99	1:12.90	
7 Namutebi, Kirabo	13 UGA	1:13.36
35.54	1:13.36	
8 Brubacher, Nala	14 ZAM	1:15.24
35.52	1:15.24	
9 Mwebeiha, Mercedes Amani	14 UGA	1:15.78
35.69	1:15.78	
10 Matthews, Tselane	14 BOTS	1:15.92
36.63	1:15.92	
11 Mutumbulua, Trisha	13 NAM	1:16.61
37.64	1:16.61	
12 Ruele, Bupe	14 BOTS	1:16.70
36.93	1:16.70	
13 Mofjeld, Maja	14 MAW	1:18.88
37.88	1:18.88	
14 Razunguzwa, Shammah	14 ZIM-ZZ	1:23.82
39.58	1:23.82	
15 Cho, Hana	14 MAW	1:25.42
41.40	1:25.42	

**Event 16 Men 13-14 100 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Ah Yong, Victor	13 MRI	1:03.67
30.87	1:03.67	
2 Adams, Faiyaz	14 RSA	1:04.31
32.33	1:04.31	
3 Rumball, Brandon	14 ZAM	1:04.41
31.27	1:04.41	
4 Huang, Dylan	14 ZIM-ZZ	1:05.81
5 Shah, Rushab	14 KEN-ZZ	1:06.39
32.72	1:06.39	
6 Surya, Aaditya	13 MAW	1:08.36
32.26	1:08.36	
7 Rouse, Brandon	14 BOTS	1:08.86
32.87	1:08.86	
8 Khagram, Kunaal	14 KEN-ZZ	1:10.13
33.29	1:10.13	
9 Lumonya, Samora	14 UGA	1:10.93
34.42	1:10.93	
10 Mnyaka, Keagon M	14 RSA	1:11.89
33.60	1:11.89	
11 Rudatsikira, Sine Raphael	13 UGA	1:12.48
35.01	1:12.48	
12 Payet, Damien	14 SEY	1:13.00
35.32	1:13.00	
13 Jacobs, Garner	14 MAW	1:13.68
36.66	1:13.68	

14 Lillie, Michael	13 ZAM	1:14.13
35.83	1:14.13	
15 Betts, Maximilian W	14 NAM	1:15.18
36.31	1:15.18	
16 Gondo, Takundan Ashe	13 BOTS	1:16.02
38.94	1:16.02	
17 Callaghan, Kenan	14 ZIM-ZZ	1:16.08
36.80	1:16.08	
18 Silva, Gilberto	14 ANG	1:16.42
37.17	1:16.42	
19 Zocolo, Osvaldo	14 ANG	1:26.07
41.32	1:26.07	

**Event 17 Women 15-16 100 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Oberholzer, Ju-Ané	16 NAM	1:07.67
33.64	1:07.67	
2 Foo Sem Fah, Leah	15 MRI	1:09.21
33.28	1:09.21	
3 Rabejaona, Holy Antsa	15 MAD	1:10.90
33.69	1:10.90	
4 Date Line, Chenay E	16 RSA	1:13.59
35.70	1:13.59	
5 Volkwyn, Ashton K	15 RSA	1:14.59
36.77	1:14.59	
6 Melrose, Claire	16 ZIM-ZZ	1:15.46
36.35	1:15.46	
7 Joubert, Abigail	16 ZAM	1:16.54
35.95	1:16.54	
8 Buys, Elizabeth	16 ZAM	1:16.95
37.31	1:16.95	
9 Putterill, Hannah	16 ZIM-ZZ	1:18.46
37.11	1:18.46	
10 van Rooyen, Leone	16 BOTS	1:23.03
39.73	1:23.03	
11 Ferguson, Joanne	16 MAW	1:23.94
39.44	1:23.94	
12 Santos, Barbara	15 ANG	1:36.90

**Event 18 Men 15-16 100 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Seyffert, JP	16 RSA	1:00.10
29.31	1:00.10	
2 Kok Shun, Ryan	15 MRI	1:01.56
29.40	1:01.56	
3 Lutchmanen, Varen	16 MRI	1:02.15
30.40	1:02.15	
4 Saleh, Nabil	16 UGA	1:02.25
30.20	1:02.25	
5 Shepherd, Rogan R	16 RSA	1:03.58
30.46	1:03.58	
6 Fred, Tyler	15 SEY	1:03.84
30.80	1:03.84	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 18 Men 15-16 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
7 Lindsay, Thomas	16	ZIM-ZZ	1:05.56
31.83	1:05.56		
8 Bekker, Andile	15	BOTS	1:05.57
32.21	1:05.57		
9 Van Vlaanderen, Andrea	16	ZAM	1:05.87
31.45	1:05.87		
10 Devenish, James	16	MAW	1:07.14
32.03	1:07.14		
11 Bagley, Graham	16	ZAM	1:07.26
31.60	1:07.26		
12 Mukalazi, Tendo	15	UGA	1:07.69
32.74	1:07.69		
13 Devenish, Matthew	15	MAW	1:09.85
34.36	1:09.85		
14 Smith, Jordan	16	ZIM-ZZ	1:13.16
35.40	1:13.16		
15 Payet, Bertrand	16	SEY	1:13.49
35.44	1:13.49		

**Event 19 Women 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Thorpe, Imara Bella	17	KEN-ZZ	1:05.66
31.75	1:05.66		
2 Sousa, Catarina	17	ANG	1:06.44
32.47	1:06.44		
3 Buys, Johanna J	17	ZAM	1:08.57
33.14	1:08.57		
4 Weber, Zuné	17	NAM	1:10.78
33.40	1:10.78		
5 Balneaves, Kim	17	ZIM-ZZ	1:13.81
36.09	1:13.81		
6 Young, Robyn	17	SWZ	1:13.91
35.46	1:13.91		
7 Pinto, Ammara	20	MAW	1:13.96
35.63	1:13.96		
8 Mukonoweshuro, Nyasha	18	ZIM-ZZ	1:16.00
36.48	1:16.00		
9 Kamwendo, Mwandeyi	17	MAW	1:16.61
37.21	1:16.61		
10 Nkete, Alora	17	BOTS	1:24.34
39.91	1:24.34		
11 Van Staden, Marick-Eileen	18	ZAM	1:30.43
42.57	1:30.43		

**Event 20 Men 17 & Over 100 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Smit, Naested	17	ZAM	1:01.31
29.54	1:01.31		
2 Francisco, Daniel	18	ANG	1:02.16
29.64	1:02.16		
3 Johannesson, Jureck	17	NAM	1:04.72
31.47	1:04.72		

4 Mjimba, Vuyisile	18	ZIM-ZZ	1:06.08
32.22	1:06.08		
5 Grunenber, Marco	19	ZAM	1:07.05
32.52	1:07.05		
6 Joe, Ricardo	18	ZIM-ZZ	1:08.13
32.06	1:08.13		
7 Sebikiri, Maemo	18	BOTS	1:11.47
33.92	1:11.47		
8 Yiannakis, Constantino	18	MAW	1:11.84
33.43	1:11.84		
9 Krishnan, Harishankar	17	MAW	1:14.39
35.04	1:14.39		
10 Zocolo, Tiago	17	ANG	1:17.25
37.14	1:17.25		
11 Dzingai, Solomon	17	BOTS	1:20.42
37.26	1:20.42		

**Event 21 Women 14 & Under 4x50 SC Meter Medley Relay**

Team	Relay	Finals Time
1 RSA	A	2:09.05
1) Davidson, Lize-Marie 14	2) Clifton-Smith, Candice 13	
3) Ontong, Danielle C 14	4) Cromhout, Hannah E 13	
32.09	1:08.32	1:40.92
		2:09.05
2 ZAM	A	2:10.49
1) Phiri, Mia A 14	2) Fawaz, Yasmina 13	
3) Brubacher, Nala 14	4) Rathbone, Molly A 14	
31.40	1:07.31	1:39.86
		2:10.49
3 ZIM-ZZ	A	2:16.58
1) Ramajan, Saira 12	2) Mitchell, Hannah 14	
3) Razunguzwa, Shammah 14	4) Mahobebe, Mkhuseleli 12	
33.98	1:11.50	1:45.86
		2:16.58
4 BOTS	A	2:17.44
1) Ruele, Bupe 14	2) Matthews, Tselane 14	
3) Ingwe, Kimberly 12	4) Egner, Maxine 13	
35.11	1:15.67	1:49.53
		2:17.44
5 KEN-ZZ	A	2:17.64
1) Wanakai, Lenise A 12	2) Kimani, Jasmin W 14	
3) Okumu, Victoria A 13	4) Nasser, Aisha 14	
36.57	1:14.10	1:46.53
		2:17.64
6 MAW	A	2:21.22
1) Cho, Hana 14	2) Giannakis, Illiofisti 14	
3) Melrose, Annika 14	4) Mofjeld, Maja 14	
39.01	1:17.78	1:51.85
		2:21.22

**Event 22 Men 14 & Under 4x50 SC Meter Medley Relay**

Team	Relay	Finals Time
1 ZAM	A	1:59.89
1) Rumball, Brandon 14	2) Shamambo, Damien 14	
3) Mwamba, Wina M 14	4) Van Staden, Derick-Juan 14	
29.71	1:02.90	1:32.47
		1:59.89
2 ZIM-ZZ	A	2:05.88
1) Callaghan, Kenan 14	2) Madziyire, Nigel 12	
3) Retzlaff, Paul 14	4) Huang, Dylan 14	
32.04	1:12.21	1:40.63
		2:05.88





## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 22 Men 14 & Under 4x50 SC Meter Medley Relay)**

Team	Relay	Finals Time
3 KEN-ZZ	A	2:08.03
1) Shah, Rushab 14	2) Kithikii, Scott 14	
3) Khagram, Kunaal 14	4) Muravej, Aryen 12	
30.94 1:06.56	1:37.86 2:08.03	
4 MAW	A	2:12.23
1) Jacobs, Garner 14	2) Sangala, Paulo 13	
3) Surya, Aaditya 13	4) Steyn, Barend 14	
34.29 1:13.01	1:43.04 2:12.23	
5 SEY	A	2:14.96
1) Payet, Damien 14	2) Vidot, Alain 13	
3) Payet, Thierry 10	4) Nathan, Nagapin 12	
34.63 1:09.06	1:45.69 2:14.96	
6 UGA	A	2:15.25
1) Lumonya, Samora 14	2) Rudatsikira, Sine Raphael 13	
3) Mayanja, Abba 12	4) Settumba, Paulsen Jordan 13	
33.95 1:11.91	1:44.20 2:15.25	
7 BOTS	A	2:16.47
1) Gondo, Takundanashe 13	2) Mokobi, Kgotla 11	
3) Rouse, Brandon 14	4) Matija, Tumo 12	
34.44 1:15.94	1:45.30 2:16.47	
8 ANG	A	2:23.88
1) Silva, Gilberto 14	2) Zocolo, Osvaldo 14	
3) Freitas, Filipe 12	4) Taborda, Heilio 10	
34.65 1:12.08	1:43.55 2:23.88	

**Event 23 Women 15 & Over 4x50 SC Meter Medley Relay**

Team	Relay	Finals Time
1 ZAM	A	2:04.42
1) Joubert, Abigail 16	2) Paljk, Tilka 21	
3) Buys, Johanna J 17	4) Chungu, Chibwe 16	
34.46 1:06.27	1:35.46 2:04.42	
2 MRI	A	2:11.20
1) Foo Sem Fah, Leah 15	2) Kok Shun, Alicia 13	
3) Gebert, Ines 13	4) Lukhoo, Vritee 12	
32.83 1:07.22	1:39.18 2:11.20	
3 NAM	A	2:13.15
1) Oberholzer, Ju-Ané 16	2) Murphy, Hannah M 14	
3) Mutumbulua, Trisha 13	4) Weber, Zuné 17	
32.14 1:10.22	1:45.22 2:13.15	
4 MAW	A	2:15.23
1) Pinto, Ammara 20	2) Sangala, Maya 16	
3) Kamwendo, Mwandeyi 17	4) Chang'anamuno, Tayamika 17	
33.99 1:12.42	1:44.44 2:15.23	
5 ZIM-ZZ	A	2:18.17
1) Melrose, Claire 16	2) Balneaves, Kim 17	
3) Putterill, Hannah 16	4) Mukonoweshuro, Nyasha 18	
34.90 1:14.10	1:49.02 2:18.17	
6 SWZ	A	2:25.32
1) Young, Robyn 17	2) Volschank, Nadia 16	
3) Njoroge, Jessica J 16	4) Dlamini, Senamile 15	
35.66 1:13.95	1:51.53 2:25.32	

**Event 24 Men 15 & Over 4x50 SC Meter Medley Relay**

Team	Relay	Finals Time
1 MRI	A	1:49.38
1) Kok Shun, Ryan 15	2) Wong Chap Lan, Oliver 15	
3) Ah Yong, Victor 13	4) Purahoo, Ovesh 16	
28.38 57.98	1:25.05 1:49.38	
2 ZAM	A	1:51.92
1) Smit, Naested 17	2) Naidu, Kumaren M 20	
3) Van Rensburg, Darren 15	4) Mataka, Mapalo J 19	
28.37 59.49	1:27.10 1:51.92	
3 RSA	A	1:52.07
1) Adams, Faiyaz 14	2) Seyffert, JP 16	
3) Mnyaka, Keagon M 14	4) Shepherd, Rogan R 16	
29.74 59.61	1:27.14 1:52.07	
4 MAW	A	1:53.77
1) Devenish, James 16	2) Gomes, Filipe 20	
3) Yiannakis, Constantino 18	4) Swift, Michael 17	
30.66 59.80	1:28.56 1:53.77	
5 UGA	A	1:59.04
1) Saleh, Nabil 16	2) Mukalazi, Tendo 15	
3) Rudatsikira, Sine Raphael 13	4) Saleh, Fadhil 16	
29.28 1:01.96	1:59.04 1:59.04	
6 NAM	A	1:59.06
1) Johannesson, Jureck 17	2) Lichtenberg, Matthias C 18	
3) Le Roux, Corné 15	4) Betts, Maximilian W 14	
30.32 1:03.45	1:30.62 1:59.06	
7 ZIM-ZZ	A	1:59.76
1) Mjimba, Vuyisile 18	2) Vlahakis, Christopher 17	
3) Joe, Ricardo 18	4) Jones, Brett 15	
31.02 1:05.90	1:33.62 1:59.76	
8 BOTS	A	2:00.39
1) Sebikiri, Maemo 18	2) Fischer, Ethan 15	
3) Bekker, Andile 15	4) Dzingai, Solomon 17	
32.80 1:03.85	1:32.41 2:00.39	

**Event 25 Women 12 & Under 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Ingwe, Kimberly	12	BOTS	3:09.02
41.83 1:29.44	2:19.97	3:09.02	
2 Pinto, Anna	12	MAW	3:09.35
43.95 1:32.47	2:20.74	3:09.35	
3 Van Oosterhout, Sophie	12	MAW	3:11.21
43.63 1:32.94	2:23.13	3:11.21	
4 Chicksen, Jade	11	ZIM-ZZ	3:13.59
43.48 1:32.48	2:23.57	3:13.59	
5 Wangeci, Erica	12	KEN-ZZ	3:13.85
44.04 1:33.62	2:24.11	3:13.85	
6 Ramajan, Saira	12	ZIM-ZZ	3:18.10
44.32 1:33.48	2:26.23	3:18.10	
7 Liacopoulos, Antonia	12	ZAM	3:23.11
43.48 1:34.82	2:28.49	3:23.11	
8 Samaras, Abbie	12	ZAM	3:24.90
42.26 1:33.30	2:28.69	3:24.90	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 25 Women 12 & Under 200 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
9 Naukosho, Ariana	10	NAM	3:33.96
51.32	1:44.83	2:39.97	3:33.96

**Event 26 Men 12 & Under 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Freitas, Filipe	12	ANG	2:48.36
37.67	1:20.05	2:04.21	2:48.36
2 Nathan, Nagapin	12	SEY	2:56.21
38.45	1:22.85	2:09.57	2:56.21
3 Mayanja, Abba	12	UGA	3:02.83
40.54	1:26.83	2:14.23	3:02.83
4 Bashir, Ishaq	12	KEN-ZZ	3:10.81
1:28.55	2:18.77	3:10.81	
5 Esslinger, Nico	12	NAM	3:12.03
44.42	1:33.62	2:23.24	3:12.03
6 De Swardt, Jayden	11	ZIM-ZZ	3:13.71
43.45	1:31.84	2:22.90	3:13.71
7 Madziyire, Nigel	12	ZIM-ZZ	3:15.98
41.98	1:30.29	2:23.22	3:15.98
8 Cho, Sejiro	11	MAW	3:19.83
43.90	1:33.15	2:26.41	3:19.83
9 Mwamba, Mutale	11	ZAM	3:20.92
46.28	1:38.14	2:32.36	3:20.92
10 Matija, Tumo	12	BOTS	3:24.74
43.18	1:33.89	2:28.53	3:24.74
11 Mokobi, Kgotla	11	BOTS	3:31.17
42.78	1:35.03	2:33.17	3:31.17
12 Johnstone, Gareth	11	MAW	3:38.93
48.36	1:43.54	2:41.29	3:38.93
13 Mulenga, Ndabila B	12	ZAM	3:42.98
42.67	1:36.85	2:39.54	3:42.98

**Event 27 Women 13-14 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Kok Shun, Alicia	13	MRI	2:46.69
37.24	1:19.32	2:02.89	2:46.69
2 Namutebi, Kirabo	13	UGA	2:55.83
40.28	1:25.51	2:12.25	2:55.83
3 Kimani, Jasmin W	14	KEN-ZZ	2:57.37
41.80	1:26.60	2:12.54	2:57.37
4 Ontong, Danielle C	14	RSA	2:57.95
40.27	1:25.75	2:12.90	2:57.95
5 Mitchell, Hannah	14	ZIM-ZZ	3:00.76
40.58	1:26.09	2:13.32	3:00.76
6 Fawaz, Yasmina	13	ZAM	3:03.99
37.85	1:25.52	2:14.88	3:03.99
7 Mawere, Makanaka	14	ZIM-ZZ	3:04.25
42.17	1:29.16	2:16.87	3:04.25
8 Clifton-Smith, Candice	13	RSA	3:04.85
38.96	1:25.44	2:16.00	3:04.85
9 Melrose, Annika	14	MAW	3:05.58
42.38	1:30.08	2:18.90	3:05.58

10 Mutumbulua, Trisha	13	NAM	3:09.40
1:33.09	2:22.56	3:09.40	
11 Giannakis, Illiofisti	14	MAW	3:13.21
41.26	1:31.08	2:23.21	3:13.21
12 Hauptfleisch, Charmae	14	ZAM	3:13.56
41.77	1:31.21	2:23.11	3:13.56
13 Clow, Shelby Rose	14	UGA	3:16.19
42.35	1:31.80	2:23.98	3:16.19
14 Nasser, Aisha	14	KEN-ZZ	3:19.21
41.68	1:30.12	2:23.95	3:19.21

**Event 28 Men 13-14 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Mnyaka, Keagon M	14	RSA	2:37.24
34.71	1:15.16	1:56.95	2:37.24
2 Adams, Faiyaz	14	RSA	2:37.51
35.61	1:15.86	1:58.09	2:37.51
3 Betts, Maximilian W	14	NAM	2:42.42
36.87	1:18.04	1:59.90	2:42.42
4 Ah Yong, Victor	13	MRI	2:45.78
36.36	1:18.58	2:03.22	2:45.78
5 Vidot, Alain	13	SEY	2:48.67
36.79	1:18.51	2:02.30	2:48.67
6 Kithikii, Scott	14	KEN-ZZ	2:53.17
38.08	1:22.30	2:09.14	2:53.17
7 Rouse, Brandon	14	BOTS	2:53.34
36.76	1:19.64	2:06.50	2:53.34
8 Makona, John Paul	14	KEN-ZZ	2:57.97
40.57	1:25.12	1:25.12	2:57.97
9 Van Staden, Derick-Juan	14	ZAM	3:00.51
38.86	1:24.79	2:13.43	3:00.51
10 Shamambo, Damien	14	ZAM	3:02.13
38.84	1:23.79	2:13.25	3:02.13
11 Sangala, Paulo	13	MAW	3:03.68
40.00	1:27.07	2:15.63	3:03.68
12 Zocolo, Osvaldo	14	ANG	3:06.82
39.81	1:27.01	2:18.84	3:06.82
13 Settumba, Paulsen Jordan	13	UGA	3:11.68
43.93	1:33.18	2:24.14	3:11.68
14 Pickard, Reuben	13	MAW	3:17.69
44.17	1:33.61	2:25.59	3:17.69

**Event 29 Women 15-16 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Volkwyn, Ashton K	15	RSA	2:50.47
38.88	1:21.94	2:06.12	2:50.47
2 Oberholzer, Ju-Ané	16	NAM	2:59.22
40.32	1:25.40	2:12.14	2:59.22
3 Volschank, Nadia	16	SWZ	3:02.58
41.60	1:28.99	2:16.93	3:02.58
4 Naidu, Harleena	16	ZAM	3:05.04
39.41	1:24.96	2:13.72	3:05.04
5 Sangala, Maya	16	MAW	3:05.91
41.26	1:28.25	2:17.04	3:05.91





## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 29 Women 15-16 200 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
6 Chungu, Chibwe	16	ZAM	3:07.99
	41.69	1:29.19	2:18.47
			3:07.99
7 Gondo, Ruvarashe	15	BOTS	3:24.94
	44.51	1:36.29	2:31.07
			3:24.94
8 Jacobs, Elsje	14	MAW	3:27.25
	44.48	1:37.44	2:31.99
			3:27.25

**Event 30 Men 15-16 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Seyffert, JP	16	RSA	2:20.36
	31.93	1:07.22	1:43.74
			2:20.36
2 Wong Chap Lan, Oliver	15	MRI	2:30.57
	31.74	1:07.81	1:48.40
			2:30.57
3 Fischer, Ethan	15	BOTS	2:35.59
	34.21	1:13.34	1:53.97
			2:35.59
4 Lutchman, Varen	16	MRI	2:35.71
	35.78	1:15.66	1:56.07
			2:35.71
5 Van Rensburg, Darren	15	ZAM	2:44.58
	35.37	1:16.30	1:59.39
			2:44.58
6 Teixeira, Francisco	15	ANG	2:45.56
	35.67	1:17.25	2:01.02
			2:45.56
7 Bagley, Graham	16	ZAM	2:48.93
	34.78	1:16.20	2:02.25
			2:48.93
--- Mukalazi, Tendo	15	UGA	DQ
			Arms two strokes underwater
--- Smith, Jordan	16	ZIM-ZZ	DQ

**Event 31 Women 17 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Paljk, Tilka	21	ZAM	2:39.00
	35.89	1:16.67	1:57.64
			2:39.00
2 Buys, Johanna J	17	ZAM	2:50.53
	36.63	1:19.25	2:04.32
			2:50.53
3 Nxumalo, Lungelo	17	SWZ	3:20.76
	44.74	1:36.28	2:29.17
			3:20.76

**Event 32 Men 17 & Over 200 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Gomes, Filipe	20	MAW	2:23.76
	32.41	1:08.11	1:45.46
			2:23.76
2 Rakotomavo, Stephan	23	MAD	2:32.37
	34.14	1:12.07	1:51.24
			2:32.37
3 Lichtenberg, Matthias C	18	NAM	2:34.89
	34.55	1:13.51	1:53.80
			2:34.89
4 Smit, Naested	17	ZAM	2:38.98
	34.29	1:13.56	1:55.42
			2:38.98
5 Naidu, Kumaren M	20	ZAM	2:44.27
	34.85	1:15.90	1:59.99
			2:44.27
6 Vlahakis, Christopher	17	ZIM-ZZ	2:52.70
	36.36	1:19.65	2:05.49
			2:52.70

7 Swift, Michael	17	MAW	3:16.68
	39.06	1:26.51	2:21.82
			3:16.68

**Event 33 Girls 12 & Under 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Ramajan, Saira	12	ZIM-ZZ	33.55
2 Jack, Michelle	12	BOTS	33.72
3 Lukhoo, Vritee	12	MRI	34.95
4 Ingwe, Kimberly	12	BOTS	35.02
5 Wanakai, Lenise A	12	KEN-ZZ	35.37
6 Phiri, Jade A	11	ZAM	35.91
7 Pollen, Paige	12	ZAM	37.83
8 Windell, Kara	11	MAW	38.33
9 Staines, Mia	12	MAW	38.96
10 Tungamirai, Julie	12	ZIM-ZZ	39.10
11 Oh, Jasmine Yumbok	12	MOZ	40.37
12 Naukosho, Ariana	10	NAM	41.27
13 Majongonhe, Dilza Da Bety	12	MOZ	42.79
14 Dlamini, Swakhile T	12	SWZ	43.62
15 Young, Lauren	12	SWZ	45.90

**Event 34 Men 12 & Under 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Muravej, Aryen	12	KEN-ZZ	33.96
2 Rumball, Liam	12	ZAM	35.20
3 Fernando, Khushal J	12	ZAM	35.37
4 Esslinger, Nico	12	NAM	35.68
5 Jacobs, Gidian	12	MAW	35.96
6 Mwipikeni, Paul	12	ZIM-ZZ	36.03
7 Chisungo, Tawanda	12	ZIM-ZZ	36.85
8 Frantz, Shad	11	MAW	37.33
9 Matija, Tumo	12	BOTS	39.27
10 Payet, Thierry	10	SEY	40.34
11 Tabora, Heilio	10	ANG	49.04

**Event 35 Women 13-14 50 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Phiri, Mia A	14	ZAM	30.57
2 Soukup, Therese	14	SEY	32.23
3 Gebert, Ines	13	MRI	33.18
4 Mwebeih, Mercedes Amani	14	UGA	33.21
5 Murphy, Hannah M	14	NAM	33.55
6 Matthews, Tselane	14	BOTS	33.71
7 Namutebi, Kirabo	13	UGA	33.79
8 Brubacher, Nala	14	ZAM	33.87
9 Ontong, Danielle C	14	RSA	34.16
10 Clifton-Smith, Candice	13	RSA	34.31
11 Ruele, Bupe	14	BOTS	34.58
12 Kok Shun, Alicia	13	MRI	34.60
13 Mutumbulua, Trisha	13	NAM	35.07
14 Mofjeld, Maja	14	MAW	35.53
15 Razunguzwa, Shammah	14	ZIM-ZZ	38.17
16 Cho, Hana	14	MAW	38.54



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**Event 36 Men 13-14 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Rumball, Brandon	14 ZAM	28.98
2 Ah Yong, Victor	13 MRI	29.19
3 Adams, Faiyaz	14 RSA	29.30
4 Huang, Dylan	14 ZIM-ZZ	29.75
5 Shah, Rushab	14 KEN-ZZ	30.30
6 Surya, Aaditya	13 MAW	30.38
7 Rouse, Brandon	14 BOTS	30.97
8 Mnyaka, Keagon M	14 RSA	31.39
9 Kithikii, Scott	14 KEN-ZZ	31.53
10 Callaghan, Kenan	14 ZIM-ZZ	32.33
11 Gondo, Takundanashe	13 BOTS	33.25
12 Jacobs, Garner	14 MAW	33.45
13 Lillie, Michael	13 ZAM	33.65
14 Rudatsikira, Sine Raphael	13 UGA	33.85
15 Lumonya, Samora	14 UGA	34.01
16 Silva, Gilberto	14 ANG	34.19
17 Payet, Damien	14 SEY	34.61
18 Betts, Maximilian W	14 NAM	36.25
19 Zocolo, Osvaldo	14 ANG	38.07

**Event 37 Women 15-16 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Rabejaona, Holy Antsa	15 MAD	32.03
2 Oberholzer, Ju-Ané	16 NAM	32.15
3 Foo Sem Fah, Leah	15 MRI	32.43
4 Date Line, Cheney E	16 RSA	33.85
5 Melrose, Claire	16 ZIM-ZZ	34.24
6 Joubert, Abigail	16 ZAM	34.45
7 Volkwyn, Ashton K	15 RSA	35.10
8 Buys, Elizabeth	16 ZAM	35.24
9 Putterill, Hannah	16 ZIM-ZZ	36.49
10 Gondo, Ruvarashe	15 BOTS	37.91
11 van Rooyen, Leone	16 BOTS	38.36
12 Ferguson, Joanne	16 MAW	39.41
13 Njoroge, Jessica J	16 SWZ	39.76
14 Sangala, Maya	16 MAW	39.78
15 Dlamini, Senamile	15 SWZ	41.87
16 Santos, Barbara	15 ANG	42.63

**Event 38 Men 15-16 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Seyffert, JP	16 RSA	28.33
2 Kok Shun, Ryan	15 MRI	28.83
3 Lutchmanen, Varen	16 MRI	28.91
4 Saleh, Nabil	16 UGA	29.04
5 Fred, Tyler	15 SEY	29.33
6 Shepherd, Rogan R	16 RSA	29.51
7 Saleh, Fadhil	16 UGA	29.80
8 Bekker, Andile	15 BOTS	30.08
9 Van Vlaanderen, Andrea	16 ZAM	30.27
10 Lindsay, Thomas	16 ZIM-ZZ	30.74
11 Devenish, James	16 MAW	30.82

12 Bagley, Graham	16 ZAM	31.31
13 Devenish, Matthew	15 MAW	32.79
14 Payet, Bertrand	16 SEY	33.17

**Event 39 Women 17 & Over 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Weber, Zuné	17 NAM	31.10
2 Thorpe, Imara Bella	17 KEN-ZZ	31.33
3 Sousa, Catarina	17 ANG	31.41
4 Buys, Johanna J	17 ZAM	31.62
5 Paljk, Tilka	21 ZAM	31.95
6 Pinto, Ammara	20 MAW	33.43
7 Balneaves, Kim	17 ZIM-ZZ	33.75
8 Young, Robyn	17 SWZ	33.89
9 Mukonoweshuro, Nyasha	18 ZIM-ZZ	34.43
10 Kamwendo, Mwandeyi	17 MAW	34.87
11 Nkete, Alora	17 BOTS	37.12

**Event 40 Men 17 & Over 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Francisco, Daniel	18 ANG	28.60
2 Smit, Naested	17 ZAM	28.92
3 Johannesson, Jureck	17 NAM	30.32
4 Rakotomavo, John	21 MAD	30.34
5 Naidu, Kumaren M	20 ZAM	30.79
6 Mjimba, Vuyisile	18 ZIM-ZZ	30.96
7 Joe, Ricardo	18 ZIM-ZZ	30.98
8 Ribeiro, Laercio Eduardo	19 MOZ	31.89
9 Yiannakis, Constantino	18 MAW	32.03
10 Sebikiri, Maemo	18 BOTS	32.44
11 Krishnan, Harishankar	17 MAW	32.66
12 Dlamini, Simphiwe M	18 SWZ	34.55
13 Zocolo, Tiago	17 ANG	35.40
14 Dzingai, Solomon	17 BOTS	35.80

**Event 41 Women 12 & Under 200 SC Meter Freestyle**

Name	Age Team	Finals Time	
1 Jack, Michelle	12 BOTS	2:24.10	
34.24	1:11.02	1:48.86	2:24.10
2 Mahobebe, Mkhusele	12 ZIM-ZZ	2:27.48	
34.27	1:11.75	1:50.33	2:27.48
3 Ingwe, Kimberly	12 BOTS	2:30.59	
34.95	1:12.73	1:51.72	2:30.59
4 Lukhoo, Vritee	12 MRI	2:33.68	
33.45	1:11.51	1:52.93	2:33.68
5 Ramajan, Saira	12 ZIM-ZZ	2:33.94	
36.50	1:16.51	1:57.71	2:33.94
6 Wanakai, Lenise A	12 KEN-ZZ	2:34.19	
36.10	1:16.27	1:57.67	2:34.19
7 Phiri, Jade A	11 ZAM	2:34.47	
34.82	1:13.87	1:54.94	2:34.47
8 Azzoni, Anna-Clara	12 ZAM	2:37.70	
35.84	1:14.59	1:56.06	2:37.70
9 Majongonhe, Dilza Da Bety	12 MOZ	2:37.73	
35.96	1:14.78	1:14.78	2:37.73



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 41 Women 12 & Under 200 SC Meter Freestyle)**

Name	Age	Team	Finals Time
10 LeRoux, Caitlin	11	MAW	2:41.50
37.16	1:17.55	1:59.61	2:41.50
11 Wangeci, Erica	12	KEN-ZZ	2:43.04
36.93	1:16.18	1:59.60	2:43.04
12 Naukosho, Ariana	10	NAM	2:49.67
40.43	1:24.54	2:09.22	2:49.67
13 Windell, Kara	11	MAW	2:52.02
37.73	1:20.28	2:07.31	2:52.02
--- Oh, Jasmine Yumbok	12	MOZ	SCR

**Event 42 Men 12 & Under 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Nathan, Nagapin	12	SEY	2:18.18
31.13	1:06.23	1:42.68	2:18.18
2 Freitas, Filipe	12	ANG	2:20.43
31.73	1:07.24	1:44.16	2:20.43
3 Rumball, Liam	12	ZAM	2:20.97
30.81	1:06.73	1:44.64	2:20.97
4 Fernando, Khushal J	12	ZAM	2:23.09
30.54	1:05.71	1:43.92	2:23.09
5 Esslinger, Nico	12	NAM	2:27.47
35.00	1:12.83	1:51.51	2:27.47
6 Bashir, Ishaq	12	KEN-ZZ	2:28.18
31.88	1:09.32	1:50.36	2:28.18
7 Madziyire, Nigel	12	ZIM-ZZ	2:32.43
34.43	1:12.87	1:52.15	2:32.43
8 Jacobs, Gidian	12	MAW	2:33.76
36.60	1:16.51	1:56.28	2:33.76
9 Chisungo, Tawanda	12	ZIM-ZZ	2:37.72
33.63	1:12.99	1:57.10	2:37.72
10 Frantz, Shad	11	MAW	2:39.01
38.46	1:20.62	2:01.90	2:39.01
11 Matija, Tumo	12	BOTS	2:47.51
37.20	1:19.38	2:03.42	2:47.51

**Event 43 Women 13-14 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Soukup, Therese	14	SEY	2:11.68
30.56	1:04.34	1:38.90	2:11.68
2 Davidson, Lize-Marie	14	RSA	2:12.03
31.01	1:04.72	1:39.19	2:12.03
3 Cromhout, Hannah E	13	RSA	2:16.32
30.66	1:05.68	1:41.04	2:16.32
4 Phiri, Mia A	14	ZAM	2:17.03
30.61	1:05.55	1:43.05	2:17.03
5 Egner, Maxine	13	BOTS	2:19.18
32.17	1:07.63	1:44.29	2:19.18
6 Okumu, Victoria A	13	KEN-ZZ	2:19.59
32.07	1:07.48	1:44.11	2:19.59
7 Gebert, Ines	13	MRI	2:21.94
31.53	1:06.85	1:44.25	2:21.94

8 Matthews, Tselane	14	BOTS	2:22.04
32.47	1:08.62	1:46.39	2:22.04
9 Mofjeld, Maja	14	MAW	2:22.18
33.17	1:10.10	1:47.53	2:22.18
10 Razunguzwa, Shammah	14	ZIM-ZZ	2:30.06
34.78	1:13.19	1:52.31	2:30.06
11 Mawere, Makanaka	14	ZIM-ZZ	2:30.21
36.07	1:13.80	1:52.79	2:30.21
12 Mutumbulua, Trisha	13	NAM	2:37.48
37.94	1:18.44	1:59.12	2:37.48
13 Fawaz, Yasmina	13	ZAM	2:41.20
34.98	1:15.30	1:58.64	2:41.20
14 Cho, Hana	14	MAW	2:43.84
38.31	1:20.73	2:03.05	2:43.84

**Event 44 Men 13-14 200 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Bifwoli, Thomas Tabuka	14	KEN-ZZ	2:02.70
28.68	59.98	1:30.84	2:02.70
2 Huang, Dylan	14	ZIM-ZZ	2:06.94
28.16	59.66	1:32.49	2:06.94
3 Rumball, Brandon	14	ZAM	2:08.02
28.01	1:00.06	1:34.06	2:08.02
4 Payet, Damien	14	SEY	2:09.10
29.88	1:02.67	1:36.40	2:09.10
5 Ah Yong, Victor	13	MRI	2:09.53
29.43	1:02.66	1:36.84	2:09.53
6 Mnyaka, Keagon M	14	RSA	2:09.88
29.85	1:03.71	1:37.98	2:09.88
7 Adams, Faiyaz	14	RSA	2:13.45
30.08	1:03.40	1:38.91	2:13.45
8 Betts, Maximilian W	14	NAM	2:15.78
30.87	1:05.92	1:41.70	2:15.78
9 Jacobs, Garner	14	MAW	2:16.86
31.06	1:05.53	1:41.35	2:16.86
10 Callaghan, Kenan	14	ZIM-ZZ	2:19.00
32.84	1:09.56	1:44.67	2:19.00
11 Shah, Rushab	14	KEN-ZZ	2:19.74
31.32	1:05.72	1:42.52	2:19.74
12 Rudatsikira, Sine Raphael	13	UGA	2:23.42
32.24	1:09.04	1:46.99	2:23.42
13 Lillie, Michael	13	ZAM	2:23.82
33.00	1:09.16	1:46.90	2:23.82
14 Zocolo, Osvaldo	14	ANG	2:25.92
32.01	1:09.12	1:49.02	2:25.92
15 Silva, Gilberto	14	ANG	2:29.23
33.83	1:12.02	1:52.48	2:29.23
16 Steyn, Barend	14	MAW	2:30.31
	1:11.91	1:52.33	2:30.31
17 Settumba, Paulsen Jordan	13	UGA	2:37.23
35.08	1:14.38	1:56.08	2:37.23



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

## Event 45 Women 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Foo Sem Fah, Leah	15	MRI	2:12.53	
	31.76	1:06.25	1:39.81	2:12.53
2 Date Line, Cheney E	16	RSA	2:17.66	
	32.53	1:07.45	1:42.32	2:17.66
3 Putterill, Hannah	16	ZIM-ZZ	2:24.62	
	33.98	1:11.04	1:48.13	2:24.62
4 Buys, Elizabeth	16	ZAM	2:26.58	
	33.91	1:10.35	1:48.63	2:26.58
5 Volschank, Nadia	16	SWZ	2:30.41	
	33.84	1:11.64	1:51.23	2:30.41
6 Cowles, Torrie	16	ZAM	2:35.70	
	32.89	1:12.48	1:55.69	2:35.70
7 van Rooyen, Leone	16	BOTS	2:36.56	
	34.83	1:14.88	1:57.28	2:36.56
8 Dlamini, Senamile	15	SWZ	2:42.72	
	36.10	1:15.86	1:59.00	2:42.72
9 Santos, Barbara	15	ANG	2:49.49	
	37.53	1:20.19	2:05.87	2:49.49
10 Gondo, Ruvarashe	15	BOTS	3:01.05	

## Event 46 Men 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Kok Shun, Ryan	15	MRI	1:56.91	
	26.80	55.69	1:25.85	1:56.91
2 Seyffert, JP	16	RSA	1:58.81	
	27.78	57.88	1:28.92	1:58.81
3 Bekker, Andile	15	BOTS	1:59.05	
	27.51	57.30	1:28.20	1:59.05
4 Shepherd, Rogan R	16	RSA	2:02.07	
	27.72	57.82	1:29.33	2:02.07
5 Saleh, Fadhil	16	UGA	2:08.04	
	29.39	1:01.05	1:33.64	2:08.04
6 Van Vlaanderen, Andrea	16	ZAM	2:08.85	
	29.52	1:01.99	1:35.53	2:08.85
7 Purahoo, Ovesh	16	MRI	2:10.36	
	28.34	59.55	1:34.50	2:10.36
8 Le Roux, Corné	15	NAM	2:10.49	
	29.40	1:02.52	1:36.66	2:10.49
9 Jones, Brett	15	ZIM-ZZ	2:11.05	
	30.05	1:03.10	1:38.23	2:11.05
10 Van Rensburg, Darren	15	ZAM	2:12.31	
	30.42	1:03.97	1:38.81	2:12.31
11 Devenish, James	16	MAW	2:12.67	
	30.07	1:03.50	1:38.94	2:12.67
12 Payet, Bertrand	16	SEY	2:14.26	
	29.63	1:04.11	1:39.76	2:14.26
13 Teixeira, Francisco	15	ANG	2:16.54	
	30.94	1:05.24	1:42.62	2:16.54
14 Devenish, Matthew	15	MAW	2:27.02	
	33.44	1:10.71	1:49.43	2:27.02
--- Fischer, Ethan	15	BOTS	SCR	

## Event 47 Women 17 &amp; Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Thorpe, Imara Bella	17	KEN-ZZ	2:10.20	
	30.58	1:03.53	1:36.41	2:10.20
2 Sousa, Catarina	17	ANG	2:10.97	
	30.01	1:03.23	1:37.03	2:10.97
3 Buys, Johanna J	17	ZAM	2:16.51	
	30.78	1:05.04	1:40.95	2:16.51
4 Rabarijaona, Tiana Henitsoa M	19	MAD	2:19.34	
	31.86	1:06.98	1:43.78	2:19.34
5 Balneaves, Kim	17	ZIM-ZZ	2:19.82	
	32.83	1:08.66	1:45.74	2:19.82
6 Mukonoweshuro, Nyasha	18	ZIM-ZZ	2:21.73	
	31.65	1:06.59	1:43.53	2:21.73
7 Kamwendo, Mwandeyi	17	MAW	2:23.05	
	31.81	1:08.07	1:45.39	2:23.05
8 Young, Robyn	17	SWZ	2:24.41	
	32.30	1:08.25	1:46.48	2:24.41
9 Pinto, Ammara	20	MAW	2:31.13	
	33.79	1:11.21	1:50.94	2:31.13
10 Nkete, Alora	17	BOTS	2:41.81	
	34.80	1:14.41	1:58.00	2:41.81
11 Van Staden, Marick-Eileen	18	ZAM	2:59.30	
	36.92	1:21.65	2:10.37	2:59.30

## Event 48 Men 17 &amp; Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Gomes, Filipe	20	MAW	1:56.58	
	26.84	56.27	1:26.50	1:56.58
2 Francisco, Daniel	18	ANG	2:01.30	
	2:01.30	2:01.30	2:01.30	2:01.30
3 Smit, Naested	17	ZAM	2:02.94	
	27.87	58.64	1:30.77	2:02.94
4 Lichtenberg, Matthias C	18	NAM	2:08.71	
	28.96	1:01.11	1:34.93	2:08.71
5 Johannesson, Jureck	17	NAM	2:13.77	
	30.25	1:04.27	1:39.73	2:13.77
6 Grunenber, Marco	19	ZAM	2:14.93	
	30.25	1:03.28	1:38.64	2:14.93
7 Yiannakis, Constantino	18	MAW	2:17.77	
	29.06	1:01.53	1:38.18	2:17.77
8 Vlahakis, Christopher	17	ZIM-ZZ	2:18.61	
	30.76	1:05.22	1:41.90	2:18.61
9 Mjimba, Vuyisile	18	ZIM-ZZ	2:21.04	
	32.19	1:06.80	1:43.32	2:21.04
10 Dzingai, Solomon	17	BOTS	2:39.17	
	30.83	30.83	1:49.68	2:39.17

## Event 49 Women 12 &amp; Under 50 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Ramajan, Saira	12	ZIM-ZZ	32.48	
2 Lukhoo, Vritee	12	MRI	33.96	
3 Jack, Michelle	12	BOTS	34.29	
4 Ingwe, Kimberly	12	BOTS	34.32	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 49 Women 12 & Under 50 SC Meter Butterfly)**

Name	Age Team	Finals Time
5 Phiri, Jade A	11 ZAM	34.56
6 Vidmar, Julijana	11 ZAM	35.09
7 Chicksen, Jade	11 ZIM-ZZ	36.96
8 Staines, Mia	12 MAW	36.99
9 Majongonhe, Dilza Da Bety	12 MOZ	37.17
10 Makwenda, Jessica	12 MAW	37.98
11 Hoy, Hayley	10 SWZ	40.22
12 Naukosho, Ariana	10 NAM	40.44
13 Young, Lauren	12 SWZ	44.64

**Event 50 Men 12 & Under 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Mwipikeni, Paul	12 ZIM-ZZ	31.51
2 Freitas, Filipe	12 ANG	31.52
3 Nathan, Nagapin	12 SEY	32.07
4 Rumball, Liam	12 ZAM	32.34
5 Mayanja, Abba	12 UGA	33.21
6 Muravej, Aryen	12 KEN-ZZ	33.85
7 Esslinger, Nico	12 NAM	35.46
8 De Swardt, Jayden	11 ZIM-ZZ	35.90
9 Matija, Tumo	12 BOTS	36.48
10 Jacobs, Gidian	12 MAW	36.55
11 Payet, Thierry	10 SEY	36.56
12 Frantz, Shad	11 MAW	37.18
13 De Sousa, Damien	11 SWZ	41.16
14 Taborda, Heilio	10 ANG	46.43
--- Mulenga, Ndabila B	12 ZAM	DQ
Alternating Kick		

**Event 51 Women 13-14 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Phiri, Mia A	14 ZAM	29.75
2 Egner, Maxine	13 BOTS	31.12
3 Cromhout, Hannah E	13 RSA	31.92
4 Okumu, Victoria A	13 KEN-ZZ	32.35
*5 Gebert, Ines	13 MRI	32.46
*5 Kimani, Jasmin W	14 KEN-ZZ	32.46
7 Mwebeiha, Mercedes Amani	14 UGA	32.48
8 Mofjeld, Maja	14 MAW	33.00
9 Clifton-Smith, Candice	13 RSA	33.18
10 Brubacher, Nala	14 ZAM	33.22
11 Kok Shun, Alicia	13 MRI	33.46
12 Murphy, Hannah M	14 NAM	33.74
13 Melrose, Annika	14 MAW	34.05
14 Mitchell, Hannah	14 ZIM-ZZ	34.52
15 Razunguzwa, Shammah	14 ZIM-ZZ	34.96
16 Mutumbulua, Trisha	13 NAM	35.61
17 Clow, Shelby Rose	14 UGA	35.88
18 Ruele, Bupe	14 BOTS	36.19

**Event 52 Men 13-14 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Mnyaka, Keagon M	14 RSA	27.35

2 Ah Yong, Victor	13 MRI	27.51
3 Bifwoli, Thomas Tabuka	14 KEN-ZZ	27.71
4 Rumball, Brandon	14 ZAM	27.98
5 Adams, Faiyaz	14 RSA	28.33
6 Retzlaff, Paul	14 ZIM-ZZ	28.51
7 Rouse, Brandon	14 BOTS	29.29
8 Mwamba, Wina M	14 ZAM	29.52
9 Callaghan, Kenan	14 ZIM-ZZ	30.13
10 Lwanya, Clyde	13 KEN-ZZ	30.24
11 Surya, Aaditya	13 MAW	30.58
12 Betts, Maximilian W	14 NAM	30.85
13 Vidot, Alain	13 SEY	31.21
14 Payet, Damien	14 SEY	32.48
15 Silva, Gilberto	14 ANG	32.69
16 Gondo, Takundan Ashe	13 BOTS	33.18
17 Rudatsikira, Sine Raphael	13 UGA	33.66
18 Zocolo, Osvaldo	14 ANG	33.77
19 Jacobs, Garner	14 MAW	34.21

**Event 53 Women 15-16 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Rabejaona, Holy Antsa	15 MAD	30.62
2 Date Line, Chenay E	16 RSA	32.41
3 Joubert, Abigail	16 ZAM	32.76
4 Chungu, Chibwe	16 ZAM	33.83
5 Melrose, Claire	16 ZIM-ZZ	35.15
6 Sangala, Maya	16 MAW	35.44
7 van Rooyen, Leone	16 BOTS	35.77
8 Ferguson, Joanne	16 MAW	36.02
9 Njoroge, Jessica J	16 SWZ	37.10
10 Volkwyn, Ashton K	15 RSA	37.22
11 Dlamini, Senamile	15 SWZ	38.88
--- Gondo, Ruvarashe	15 BOTS	DQ

**Event 54 Men 15-16 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Seyffert, JP	16 RSA	27.05
2 Le Roux, Corné	15 NAM	27.14
3 Saleh, Nabil	16 UGA	27.28
4 Shepherd, Rogan R	16 RSA	27.43
5 Fred, Tyler	15 SEY	27.66
6 Wong Chap Lan, Oliver	15 MRI	27.89
7 Purahoo, Ovesh	16 MRI	28.29
8 Van Rensburg, Darren	15 ZAM	28.48
9 Bagley, Graham	16 ZAM	28.95
10 Bekker, Andile	15 BOTS	28.99
11 Jones, Brett	15 ZIM-ZZ	29.28
12 Lindsay, Thomas	16 ZIM-ZZ	29.38
13 Fischer, Ethan	15 BOTS	29.40
14 Devenish, James	16 MAW	29.54
15 Mukalazi, Tendo	15 UGA	29.87
16 Teixeira, Francisco	15 ANG	29.97
17 Payet, Bertrand	16 SEY	31.67
18 Gaunt, Liam	16 MAW	32.54



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

## Event 55 Women 17 &amp; Over 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Buys, Johanna J	17 ZAM	29.34
2 Thorpe, Imara Bella	17 KEN-ZZ	29.86
3 Paljk, Tilka	21 ZAM	30.25
4 Kamwendo, Mwandeyi	17 MAW	31.31
5 Balneaves, Kim	17 ZIM-ZZ	31.32
6 Weber, Zuné	17 NAM	31.99
7 Young, Robyn	17 SWZ	33.70
8 Nkete, Alora	17 BOTS	33.72
9 Pinto, Ammara	20 MAW	33.76
10 Mukonoweshuro, Nyasha	18 ZIM-ZZ	33.84
11 Nxumalo, Lungelo	17 SWZ	39.95

## Event 56 Men 17 &amp; Over 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Francisco, Daniel	18 ANG	25.63
2 Rakotomavo, John	21 MAD	27.31
3 Joe, Ricardo	18 ZIM-ZZ	27.48
4 Mataka, Mapalo J	19 ZAM	27.69
5 Naidu, Kumaren M	20 ZAM	27.91
6 Frio, Ruben Aldair	21 MOZ	28.17
7 Lichtenberg, Matthias C	18 NAM	28.62
8 Swift, Michael	17 MAW	28.76
9 Yiannakis, Constantino	18 MAW	29.21
10 Rakotomavo, Stephan	23 MAD	29.28
11 Emmett, Liam P	17 SWZ	29.58
12 Ribeiro, Laercio Eduardo	19 MOZ	29.67
13 Mjimba, Vuyisile	18 ZIM-ZZ	30.20
14 Sebikiri, Maemo	18 BOTS	30.52
15 Johannesson, Jureck	17 NAM	30.61
16 Dlamini, Simphiwe M	18 SWZ	31.57
17 Zocolo, Tiago	17 ANG	32.75
18 Dzingai, Solomon	17 BOTS	36.82

## Event 57 Women 14 &amp; Under 4x100 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 RSA	A	4:18.47
1) Davidson, Lize-Marie 14	2) Clifton-Smith, Candice 13	
3) Ontong, Danielle C 14	4) Cromhout, Hannah E 13	
29.95 1:02.92	1:33.00 2:08.78	
2:40.63 3:15.98	3:44.97 4:18.47	
2 BOTS	A	4:22.86
1) Jack, Michelle 12	2) Matthews, Tselane 14	
3) Ruele, Bupe 14	4) Egner, Maxine 13	
31.19 1:06.57	1:37.75 2:12.16	
2:44.44 3:20.22	3:50.41 4:22.86	
3 ZAM	A	4:26.06
1) Phiri, Mia A 14	2) Phiri, Jade A 11	
3) Fawaz, Yasmina 13	4) Brubacher, Nala 14	
29.21 1:01.96	1:33.89 2:10.50	
2:41.56 3:17.81	3:49.68 4:26.06	

4 KEN-ZZ	A	4:32.93
1) Okumu, Victoria A 13	2) Nasser, Aisha 14	
3) Wanakai, Lenise A 12	4) Kimani, Jasmin W 14	
30.92 1:05.16	1:39.06 2:17.94	
2:51.40 3:28.35	3:59.37 4:32.93	
5 ZIM-ZZ	A	4:39.13
1) Ramajan, Saira 12	2) Mahobebe, Mkhuseleli 12	
3) Razunguzwa, Shammah 14	4) Mitchell, Hannah 14	
32.93 1:09.21	1:43.30 2:20.75	
2:54.09 3:31.09	4:03.07 4:39.13	
6 MAW	A	4:40.66
1) Cho, Hana 14	2) Giannakis, Illiofisti 14	
3) Melrose, Annika 14	4) Moffjeld, Maja 14	
35.48 1:14.32	1:47.64 2:26.21	
2:59.40 3:35.53	4:05.92 4:40.66	

## Event 58 Men 14 &amp; Under 4x100 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 ZIM-ZZ	A	4:02.90
1) Callaghan, Kenan 14	2) Mwipikeni, Paul 12	
3) Retzlaff, Paul 14	4) Huang, Dylan 14	
27.94 58.92	1:30.95 2:06.68	
2:34.58 3:06.84	3:32.33 4:02.90	
2 ZAM	A	4:04.49
1) Rumball, Brandon 14	2) Mwamba, Wina M 14	
3) Shamambo, Damien 14	4) Van Staden, Derick-Juan 14	
26.76 56.75	1:26.90 2:01.55	
2:30.09 3:02.70	3:31.82 4:04.49	
3 KEN-ZZ	A	4:06.73
1) Shah, Rushab 14	2) Kithikii, Scott 14	
3) Lwanya, Clyde 13	4) Bifwoli, Thomas Tabuka 14	
29.24 1:02.22	1:31.82 2:05.56	
2:34.64 3:08.44	3:35.68 4:06.73	
4 MAW	A	4:26.24
1) Steyn, Barend 14	2) Windell, Wade 13	
3) Surya, Aaditya 13	4) Jacobs, Garner 14	
31.57 1:06.98	1:39.96 2:17.85	
2:48.16 3:24.44	3:53.68 4:26.24	
5 UGA	A	4:41.45
1) Rudatsikira, Sine Raphael 13	2) Mayanja, Abba 12	
3) Rugaaju, Kevin 12	4) Settumba, Paulsen Jordan 13	
35.21 1:11.19	1:43.21 2:20.65	
2:56.50 3:37.09	4:07.63 4:41.45	
6 BOTS	A	4:47.44
1) Gondo, Takundan Ashe 13	2) Mokobi, Kgotla 11	
3) Matija, Tumo 12	4) Rouse, Brandon 14	
33.67 1:09.50	1:46.18 2:34.62	
3:08.43 3:47.86	4:15.36 4:47.44	
--- SEY	A	SCR
1) Payet, Damien 14	2) Nathan, Nagapin 12	
3) Payet, Thierry 10	4) Vidot, Alain 13	





## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

Event 59 Women 15 & Over 4x100 SC Meter Freestyle Relay				
Team	Relay		Finals Time	
1 ZAM	A		4:11.47	
1) Paljk, Tilka 21	2) Buys, Johanna J 17			
3) Buys, Elizabeth 16	4) Chungu, Chibwe 16			
28.32	59.31	1:28.93	2:01.27	
2:32.68	3:06.92	3:37.29	4:11.47	
2 MRI	A		4:18.31	
1) Foo Sem Fah, Leah 15	2) Kok Shun, Alicia 13			
3) Gebert, Ines 13	4) Lukhoo, Vritee 12			
30.08	1:02.09	1:32.53	2:05.89	
2:36.37	3:09.82	3:42.28	4:18.31	
3 NAM	A		4:21.23	
1) Oberholzer, Ju-Ané 16	2) Mutumbulua, Trisha 13			
3) Murphy, Hannah M 14	4) Weber, Zuné 17			
31.17	1:05.45	1:39.55	2:15.72	
2:46.39	3:19.98	3:48.98	4:21.23	
4 ZIM-ZZ	A		4:25.02	
1) Mukonoweshuro, Nyasha 18	2) Melrose, Claire 16			
3) Putterill, Hannah 16	4) Balneaves, Kim 17			
30.29	1:03.15	1:35.26	2:11.91	
2:44.28	3:19.53	3:50.55	4:25.02	
5 MAW	A		4:34.95	
1) Pinto, Ammara 20	2) Sangala, Maya 16			
3) Chang'anamuno, Tayamika 17	4) Kamwendo, Mwandeyi 17			
31.36	1:05.65	1:39.37	2:18.39	
2:50.60	3:29.09	4:00.10	4:34.95	
Event 60 Men 15 & Over 4x100 SC Meter Freestyle Relay				
Team	Relay		Finals Time	
1 MRI	A		3:39.04	
1) Kok Shun, Ryan 15	2) Wong Chap Lan, Oliver 15			
3) Purahoo, Ovesh 16	4) Lutchmanen, Varen 16			
25.23	53.56			
1:20.18	1:49.37			
2:15.34	2:43.75			
3:10.56	3:39.04			
2 MAW	A		3:45.93	
1) Yiannakis, Constantino 18	2) Devenish, James 16			
3) Swift, Michael 17	4) Gomes, Filipe 20			
27.58	59.42			
1:27.43	1:57.66			
2:24.67	2:54.52			
3:18.92	3:45.93			
3 RSA	A		3:46.49	
1) Adams, Faiyaz 14	2) Mnyaka, Keagon M 14			
3) Seyffert, JP 16	4) Shepherd, Rogan R 16			
28.01	59.12			
1:27.31	1:57.94			
2:24.07	2:52.20			
3:18.10	3:46.49			
4 UGA	A		3:52.37	
1) Saleh, Fadhil 16	2) Mukalazi, Tendo 15			
3) Lumonya, Samora 14	4) Saleh, Nabil 16			
26.07	55.06			
1:22.87	1:54.23			
2:23.99	2:57.67			
3:23.04	3:52.37			
5 ZIM-ZZ	A		3:55.89	
1) Vlahakis, Christopher 17	2) Jones, Brett 15			
3) Lindsay, Thomas 16	4) Joe, Ricardo 18			
28.92	1:02.53			
1:29.89	2:00.29			
2:27.40	2:58.66			
3:25.16	3:55.89			
6 NAM	A		3:56.42	
1) Lichtenberg, Matthias C 18	2) Betts, Maximilian W 14			
3) Johannesson, Jureck 17	4) Le Roux, Corné 15			
28.02	58.07			
1:27.19	2:00.19			
2:28.04	2:58.72			
3:25.92	3:56.42			
7 BOTS	A		3:58.20	
1) Fischer, Ethan 15	2) Sebikiri, Maemo 18			
3) Dzingai, Solomon 17	4) Bekker, Andile 15			
28.11	58.82			
1:27.20	2:00.62			
2:30.17	3:04.07			
3:29.69	3:58.20			
8 ANG	A		4:06.64	
1) Teixeira, Francisco 15	2) Zocolo, Tiago 17			
3) Freitas, Filipe 12	4) Francisco, Daniel 18			
29.61	1:01.36			
1:32.70	2:07.24			
2:38.50	3:12.91			
3:38.30	4:06.64			
--- ZAM	A		DQ	
1) Smit, Naested 17	2) Van Vlaanderen, Andrea 16			
3) Mataka, Mapalo J 19	4) Van Rensburg, Darren 15			
26.68	55.33			
1:22.45	1:53.14			
2:18.73	2:47.21			
3:13.80	DQ			
Event 61 Women 14 & Under 400 SC Meter Freestyle				
Name	Age Team		Finals Time	
1 Soukup, Therese	14	SEY	4:40.32	
30.77	1:05.56	1:41.70	2:18.20	
2:54.58	3:31.06	4:07.15	4:40.32	
2 Davidson, Lize-Marie	14	RSA	4:40.65	
30.88	1:05.52	1:41.68	2:18.23	
2:54.58	3:31.03	4:07.25	4:40.65	
3 Cromhout, Hannah E	13	RSA	4:51.36	
32.46	1:08.60	1:45.66	2:23.05	
2:59.94	3:37.13	4:15.02	4:51.36	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 61 Women 14 & Under 400 SC Meter Freestyle)**

Name	Age	Team	Finals Time	
4 Gebert, Ines	13	MRI	4:57.86	
			33.60	1:09.90
			1:47.16	2:24.66
			3:02.13	3:41.20
			4:20.03	4:57.86
5 Matthews, Tselane	14	BOTS	5:00.64	
			33.85	1:10.97
			1:49.15	2:27.45
			3:05.69	3:44.37
			4:23.73	5:00.64
6 Egner, Maxine	13	BOTS	5:05.72	
			34.19	1:11.92
			1:50.36	2:29.75
			3:09.67	3:49.25
			4:29.12	5:05.72
7 Mitchell, Hannah	14	ZIM-ZZ	5:11.05	
			33.92	1:11.76
			1:51.03	2:31.16
			3:11.31	3:51.73
			4:32.38	5:11.05
8 Mofjeld, Maja	14	MAW	5:16.12	
			34.86	1:13.52
			1:53.44	2:33.88
			3:14.40	3:55.79
			4:36.44	5:16.12
9 Mawere, Makanaka	14	ZIM-ZZ	5:19.34	
			1:14.41	2:35.13
			2:35.13	3:17.05
			3:59.18	4:40.41
			4:40.41	5:19.34
10 Bagley, Robyn	14	ZAM	5:35.47	
			35.88	1:17.52
			2:00.53	2:45.59
			3:29.96	4:13.24
			4:55.40	5:35.47
11 Mutumbulua, Trisha	13	NAM	5:36.81	
			37.98	1:19.29
			2:01.47	2:43.99
			3:27.01	4:10.41
			4:55.27	5:36.81
12 Azzoni, Anna-Clara	12	ZAM	5:39.65	
			36.76	1:18.10
			2:01.07	2:45.81
			3:30.31	4:14.57
			4:57.18	5:39.65
13 LeRoux, Caitlin	11	MAW	5:50.10	
			37.09	1:19.07
			2:02.72	2:47.72
			3:33.69	4:20.29
			5:07.16	5:50.10

**Event 62 Men 14 & Under 400 SC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Payet, Damien	14	SEY	4:31.39	
			30.56	1:03.83
			1:37.64	2:12.29
			2:46.52	3:20.96
			3:55.90	4:31.39
2 Huang, Dylan	14	ZIM-ZZ	4:42.04	
			30.41	1:04.13
			1:39.08	2:14.49
			2:50.74	3:27.56
			4:05.03	4:42.04
3 Ah Yong, Victor	13	MRI	4:42.06	
			29.29	1:02.74
			1:37.02	2:12.51
			2:48.78	3:26.59
			4:04.56	4:42.06
4 Betts, Maximilian W	14	NAM	4:45.43	
			31.88	1:07.72
			1:44.26	2:21.92
			2:57.67	3:33.92
			4:10.34	4:45.43
5 Adams, Faiyaz	14	RSA	4:45.79	
			31.64	1:05.58
			1:41.65	2:18.76
			2:55.32	3:32.70
			4:10.17	4:45.79
6 Khagram, Kunaal	14	KEN-ZZ	4:49.52	
			31.67	1:07.58
			1:44.09	2:21.53
			2:59.33	3:36.65
			4:13.31	4:49.52

7 Vidot, Alain	13	SEY	4:50.02	
			31.60	1:06.84
			1:43.57	2:20.39
			2:57.80	3:35.40
			4:12.91	4:50.02
8 Freitas, Filipe	12	ANG	4:58.77	
			32.41	1:07.95
			1:44.99	2:22.81
			3:01.42	3:41.59
			4:20.42	4:58.77
9 Van Staden, Derick-Juan	14	ZAM	4:59.25	
			31.66	1:07.96
			1:46.07	2:23.93
			3:02.47	3:42.32
			4:21.20	4:59.25
10 Makona, John Paul	14	KEN-ZZ	4:59.58	
			31.86	1:07.83
			2:23.66	3:03.04
			3:42.70	4:22.06
			4:22.06	4:59.58
11 Lumonya, Samora	14	UGA	5:02.15	
			33.33	1:10.31
			1:48.08	2:26.63
			3:05.64	3:45.34
			4:25.22	5:02.15
12 Rudatsikira, Sine Raphael	13	UGA	5:03.72	
			32.77	1:09.73
			1:48.21	2:27.04
			3:07.06	3:45.92
			4:24.98	5:03.72
13 Jacobs, Garner	14	MAW	5:07.04	
			32.62	1:09.41
			1:48.41	2:28.25
			3:08.38	3:49.25
			4:29.40	5:07.04
14 Esslinger, Nico	12	NAM	5:08.85	
			34.55	1:13.15
			1:52.87	2:32.01
			3:12.35	3:51.15
			4:30.86	5:08.85
15 Lillie, Michael	13	ZAM	5:09.78	
			33.60	1:09.70
			1:48.44	2:27.99
			3:07.83	3:48.52
			4:29.71	5:09.78
16 Rouse, Brandon	14	BOTS	5:18.51	
			33.62	1:11.92
			1:52.57	2:33.53
			3:14.90	3:56.03
			4:37.41	5:18.51
17 Zocolo, Osvaldo	14	ANG	5:19.47	
			31.66	1:07.69
			1:46.93	2:28.17
			3:10.10	3:53.66
			4:36.42	5:19.47
18 Madziyire, Nigel	12	ZIM-ZZ	5:27.23	
			34.67	1:13.43
			1:53.65	2:35.97
			3:18.63	4:02.20
			4:44.82	5:27.23
19 Windell, Wade	13	MAW	5:46.77	
			34.60	1:15.57
			1:59.37	2:43.83
			3:29.80	4:16.02
			5:01.79	5:46.77

**Event 63 Women 15 & Over 400 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Foo Sem Fah, Leah	15	MRI	4:44.57
2 Rabarijaona, Tiana Henitsoa M	19	MAD	4:47.77
3 Date Line, Chenay E	16	RSA	4:51.39
4 Balneaves, Kim	17	ZIM-ZZ	5:09.85
5 Wilson, Lizzie	15	ZAM	5:49.19
6 Santos, Barbara	15	ANG	5:50.00
--- Buys, Elizabeth	16	ZAM	DQ
			Did not finish



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

## Event 64 Men 15 &amp; Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Seyffert, JP	16	RSA	4:15.88	
			28.37	59.68
			1:32.26	2:04.66
			2:37.70	3:10.56
			3:43.95	4:15.88
2 Kok Shun, Ryan	15	MRI	4:17.32	
			28.20	1:00.05
			1:32.67	2:05.46
			2:38.72	3:12.12
			3:45.82	4:17.32
3 Bekker, Andile	15	BOTS	4:17.44	
			29.20	1:00.97
			1:33.94	2:07.23
			2:40.04	3:13.19
			3:46.28	4:17.44
4 Shepherd, Rogan R	16	RSA	4:17.83	
			28.56	1:00.44
			1:33.21	2:06.11
			2:39.23	3:13.02
			3:45.48	4:17.83
5 Smit, Naested	17	ZAM	4:24.34	
			28.53	1:00.01
			1:33.31	2:07.06
			2:41.43	3:16.43
			3:50.76	4:24.34
6 Rakotomavo, John	21	MAD	4:28.91	
			29.18	1:01.37
			1:35.27	2:09.95
			2:44.32	3:19.44
			3:53.99	4:28.91
7 Van Vlaanderen, Andrea	16	ZAM	4:34.91	
			30.22	1:03.89
			1:38.96	2:14.44
			2:49.47	3:24.58
			4:00.11	4:34.91
8 Jones, Brett	15	ZIM-ZZ	4:35.23	
			29.97	1:03.36
			1:38.51	2:14.06
			2:49.55	3:25.80
			4:02.21	4:35.23
9 Payet, Bertrand	16	SEY	4:41.04	
			29.71	1:04.65
			1:40.55	2:16.70
			2:52.47	3:28.77
			4:04.83	4:41.04
10 Lutchmanen, Varen	16	MRI	4:53.49	
			31.90	1:08.10
			1:45.09	2:23.02
			3:01.37	3:38.65
			4:16.55	4:53.49
11 Devenish, Matthew	15	MAW	5:16.40	
			34.75	1:13.57
			1:54.82	2:35.62
			3:15.49	3:56.47
			4:36.52	5:16.40
12 Gaunt, Liam	16	MAW	5:21.04	
			35.17	1:14.84
			1:55.37	2:37.38
			3:19.07	4:01.73
			4:42.56	5:21.04
13 Dlamini, Simphiwe M	18	SWZ	5:21.42	
			31.77	1:08.23
			1:48.37	2:31.40
			3:14.72	3:58.83
			4:42.69	5:21.42
14 Sebikiri, Maemo	18	BOTS	5:28.41	
			35.30	1:14.78
			1:55.00	2:37.85
			3:20.16	4:03.68
			4:45.99	5:28.41

## Event 65 Women 12 &amp; Under 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Ramajan, Saira	12	ZIM-ZZ	1:16.08	
			34.52	1:16.08
2 Ingwe, Kimberly	12	BOTS	1:16.90	
			37.11	1:16.90
3 Mahobebe, Mkhusele	12	ZIM-ZZ	1:18.74	
			36.33	1:18.74

4 Jack, Michelle	12	BOTS	1:19.86	
			35.49	1:19.86
5 Vidmar, Julijana	11	ZAM	1:21.32	
			38.18	1:21.32
6 Lukhoo, Vritee	12	MRI	1:23.02	
			37.58	1:23.02
7 Van Oosterhout, Sophie	12	MAW	1:27.60	
			42.57	1:27.60
8 Staines, Mia	12	MAW	1:28.53	
			40.93	1:28.53
9 Naukosho, Ariana	10	NAM	1:32.56	
			42.19	1:32.56

## Event 66 Men 12 &amp; Under 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Freitas, Filipe	12	ANG	1:11.42	
			33.17	1:11.42
2 Mwipikeni, Paul	12	ZIM-ZZ	1:12.20	
			33.45	1:12.20
3 Rumball, Liam	12	ZAM	1:13.41	
			34.94	1:13.41
4 Mayanja, Abba	12	UGA	1:15.11	
			34.70	1:15.11
5 Chisungo, Tawanda	12	ZIM-ZZ	1:15.82	
			35.28	1:15.82
6 Esslinger, Nico	12	NAM	1:18.00	
			36.75	1:18.00
7 Bashir, Ishaq	12	KEN-ZZ	1:18.11	
			36.57	1:18.11
8 Nathan, Nagapin	12	SEY	1:18.60	
			34.28	1:18.60
9 Payet, Thierry	10	SEY	1:20.90	
			1:20.90	1:20.90
10 Jacobs, Gidian	12	MAW	1:24.12	
			39.22	1:24.12
11 Matija, Tumo	12	BOTS	1:25.53	
			37.74	1:25.53
12 Frantz, Shad	11	MAW	1:28.46	
			43.26	1:28.46
13 Mwamba, Mutale	11	ZAM	1:31.63	
			42.22	1:31.63

## Event 67 Women 13-14 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Phiri, Mia A	14	ZAM	1:08.52	
			30.92	1:08.52
2 Gebert, Ines	13	MRI	1:09.90	
			32.62	1:09.90
3 Okumu, Victoria A	13	KEN-ZZ	1:11.00	
			33.31	1:11.00
4 Ontong, Danielle C	14	RSA	1:11.75	
			34.01	1:11.75
5 Kimani, Jasmin W	14	KEN-ZZ	1:13.47	
			34.54	1:13.47



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 67 Women 13-14 100 SC Meter Butterfly)**

Name	Age Team	Finals Time
6 Egner, Maxine	13 BOTS	1:13.82
34.39	1:13.82	
7 Kok Shun, Alicia	13 MRI	1:14.45
34.61	1:14.45	
8 Davidson, Lize-Marie	14 RSA	1:15.46
33.59	1:15.46	
9 Melrose, Annika	14 MAW	1:20.07
36.21	1:20.07	
10 Mofjeld, Maja	14 MAW	1:20.62
36.89	1:20.62	
11 Mitchell, Hannah	14 ZIM-ZZ	1:20.83
36.61	1:20.83	
12 Mutumbulua, Trisha	13 NAM	1:20.85
37.29	1:20.85	
13 Ruele, Bupe	14 BOTS	1:21.38
36.29	1:21.38	
14 Hauptfleisch, Charmae	14 ZAM	1:22.96
36.87	1:22.96	
15 Razunguzwa, Shammah	14 ZIM-ZZ	1:24.40
39.21	1:24.40	

**Event 68 Men 13-14 100 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Mnyaka, Keagon M	14 RSA	1:00.95
28.20	1:00.95	
2 Ah Yong, Victor	13 MRI	1:01.58
29.12	1:01.58	
3 Bifwoli, Thomas Tabuka	14 KEN-ZZ	1:02.88
29.65	1:02.88	
4 Rumball, Brandon	14 ZAM	1:03.67
28.93	1:03.67	
5 Retzlaff, Paul	14 ZIM-ZZ	1:04.39
29.43	1:04.39	
6 Huang, Dylan	14 ZIM-ZZ	1:07.76
30.17	1:07.76	
7 Lwanya, Clyde	13 KEN-ZZ	1:08.06
32.05	1:08.06	
8 Mwamba, Wina M	14 ZAM	1:08.63
30.67	1:08.63	
9 Betts, Maximilian W	14 NAM	1:09.54
33.12	1:09.54	
10 Rouse, Brandon	14 BOTS	1:10.02
33.09	1:10.02	
11 Surya, Aaditya	13 MAW	1:12.22
32.32	1:12.22	
12 Payet, Damien	14 SEY	1:12.37
33.28	1:12.37	
13 Silva, Gilberto	14 ANG	1:13.06
33.95	1:13.06	
14 Steyn, Barend	14 MAW	1:20.45
35.71	1:20.45	

15 Gondo, Takundan Ashe	13 BOTS	1:29.77
37.91	1:29.77	
--- Rudatsikira, Sine Raphael	13 UGA	DQ
One hand touch		

**Event 69 Women 15-16 100 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Date Line, Chenay E	16 RSA	1:10.49
33.20	1:10.49	
2 Gondo, Ruvarashe	15 BOTS	1:17.88
35.05	1:17.88	
3 Volschank, Nadia	16 SWZ	1:19.48
36.71	1:19.48	
4 Putterill, Hannah	16 ZIM-ZZ	1:19.99
36.89	1:19.99	
5 Chungu, Chibwe	16 ZAM	1:20.23
35.91	1:20.23	
6 Joubert, Abigail	16 ZAM	1:22.26
36.73	1:22.26	
7 van Rooyen, Leone	16 BOTS	1:23.96
35.45	1:23.96	
8 Njoroge, Jessica J	16 SWZ	1:26.74
37.33	1:26.74	

**Event 70 Men 15-16 100 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Le Roux, Corné	15 NAM	58.16
27.66	58.16	
2 Shepherd, Rogan R	16 RSA	58.24
26.82	58.24	
3 Seyffert, JP	16 RSA	59.00
27.83	59.00	
4 Saleh, Nabil	16 UGA	1:01.25
28.44	1:01.25	
5 Kok Shun, Ryan	15 MRI	1:01.46
28.15	1:01.46	
6 Purahoo, Ovesh	16 MRI	1:02.68
29.02	1:02.68	
7 Fred, Tyler	15 SEY	1:02.72
28.28	1:02.72	
8 Bagley, Graham	16 ZAM	1:04.46
28.65	1:04.46	
9 Fischer, Ethan	15 BOTS	1:05.46
31.00	1:05.46	
10 Van Rensburg, Darren	15 ZAM	1:06.79
29.28	1:06.79	
11 Jones, Brett	15 ZIM-ZZ	1:07.08
31.57	1:07.08	
12 Lindsay, Thomas	16 ZIM-ZZ	1:07.85
30.64	1:07.85	
13 Payet, Bertrand	16 SEY	1:09.43
31.63	1:09.43	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 70 Men 15-16 100 SC Meter Butterfly)**

Name	Age Team	Finals Time
14 Gaunt, Liam	16 MAW	1:19.98
34.88	1:19.98	

**Event 71 Women 17 & Over 100 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Buys, Johanna J	17 ZAM	1:04.76
29.27	1:04.76	
2 Sousa, Catarina	17 ANG	1:05.47
30.77	1:05.47	
3 Thorpe, Imara Bella	17 KEN-ZZ	1:07.73
31.30	1:07.73	
4 Balneaves, Kim	17 ZIM-ZZ	1:10.47
33.58	1:10.47	
5 Kamwendo, Mwandeyi	17 MAW	1:11.75
32.71	1:11.75	
6 Mukonoweshuro, Nyasha	18 ZIM-ZZ	1:16.31
34.35	1:16.31	

**Event 72 Men 17 & Over 100 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Francisco, Daniel	18 ANG	57.70
26.53	57.70	
2 Smit, Naested	17 ZAM	59.08
27.50	59.08	
3 Mataka, Mapalo J	19 ZAM	1:01.49
28.95	1:01.49	
4 Joe, Ricardo	18 ZIM-ZZ	1:01.94
28.36	1:01.94	
5 Lichtenberg, Matthias C	18 NAM	1:03.79
29.49	1:03.79	
6 Mjimba, Vuyisile	18 ZIM-ZZ	1:07.41
31.33	1:07.41	
7 Johannesson, Jureck	17 NAM	1:08.21
30.87	1:08.21	
8 Yiannakis, Constantino	18 MAW	1:09.27
29.96	1:09.27	
9 Krishnan, Harishankar	17 MAW	1:16.55
33.67	1:16.55	

**Event 73 Women 12 & Under 200 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Ingwe, Kimberly	12 BOTS	2:39.29
36.63	1:16.50	1:57.93
2 Jack, Michelle	12 BOTS	2:45.68
38.06	1:19.92	2:03.42
3 Phiri, Jade A	11 ZAM	2:51.14
40.73	1:24.51	2:09.57
4 Lukhoo, Vritee	12 MRI	2:51.36
38.17	1:22.36	2:07.73
5 Windell, Kara	11 MAW	2:55.12
40.81	1:24.43	2:10.49
6 Mahobebe, Mkhusele	12 ZIM-ZZ	2:56.24
39.88	1:24.32	2:11.10

7 Wangeci, Erica	12 KEN-ZZ	2:56.33
42.23	1:26.85	2:12.72
8 Pinto, Anna	12 MAW	2:58.03
43.30	1:28.61	2:13.78
9 Tungamirai, Julie	12 ZIM-ZZ	3:00.25
40.65	1:25.78	2:13.83
10 Pollen, Paige	12 ZAM	3:03.37
42.54	1:29.22	2:16.86
11 Naukosho, Ariana	10 NAM	3:07.83
47.01	1:35.94	2:22.90
--- Wanakai, Lenise A	12 KEN-ZZ	DQ
Multiple strokes past vertical at turn		

**Event 74 Men 12 & Under 200 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Esslinger, Nico	12 NAM	2:38.26
37.27	1:17.75	1:58.87
2 Rumball, Liam	12 ZAM	2:40.98
37.35	1:18.00	1:59.81
3 Jacobs, Gidian	12 MAW	2:47.58
39.78	1:22.84	2:05.89
4 Muravej, Aryen	12 KEN-ZZ	2:53.84
38.33	1:24.03	2:10.62
5 Frantz, Shad	11 MAW	2:55.53
42.10	1:26.86	2:12.59
6 Payet, Thierry	10 SEY	2:58.38
42.09	1:28.36	2:13.79
7 De Swardt, Jayden	11 ZIM-ZZ	3:01.89
42.84	1:27.51	2:16.22
8 Mwamba, Mutale	11 ZAM	3:15.96
44.95	1:34.82	2:25.39

**Event 75 Women 13-14 200 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Davidson, Lize-Marie	14 RSA	2:26.42
33.98	1:11.16	1:49.60
2 Phiri, Mia A	14 ZAM	2:26.50
34.52	1:11.97	1:49.75
3 Soukup, Therese	14 SEY	2:30.37
35.79	1:14.01	1:53.15
4 Gebert, Ines	13 MRI	2:32.18
35.09	1:12.81	1:53.27
5 Murphy, Hannah M	14 NAM	2:34.75
36.86	1:15.96	1:56.81
6 Cromhout, Hannah E	13 RSA	2:37.94
37.85	1:18.36	1:58.66
7 Matthews, Tselane	14 BOTS	2:41.68
	1:18.68	2:00.84
8 Mwebeih, Mercedes Amani	14 UGA	2:41.72
36.35	1:17.05	2:00.63
9 Mutumbulua, Trisha	13 NAM	2:44.64
40.04	1:22.98	2:05.57



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 75 Women 13-14 200 SC Meter Backstroke)**

Name	Age	Team	Finals Time
10 Ruele, Bupe	14	BOTS	2:46.19
	39.56	1:22.40 2:05.25	2:46.19
11 Mofjeld, Maja	14	MAW	2:54.05
	40.95	1:24.39 2:09.52	2:54.05
12 Rathbone, Molly A	14	ZAM	2:55.67
	39.39	1:23.59 2:10.07	2:55.67
13 Cho, Hana	14	MAW	3:04.67
	41.70	1:28.67 2:16.80	3:04.67
14 Razunguzwa, Shammah	14	ZIM-ZZ	3:06.49
	42.76	1:30.00 2:19.13	3:06.49

**Event 76 Men 13-14 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Rumball, Brandon	14	ZAM	2:18.64
	32.04	1:07.87 1:43.48	2:18.64
2 Adams, Faiyaz	14	RSA	2:19.77
	32.97	1:08.59 1:45.35	2:19.77
3 Ah Yong, Victor	13	MRI	2:20.31
	32.91	1:09.42 1:45.91	2:20.31
4 Lumonya, Samora	14	UGA	2:29.12
	35.01	1:12.07 1:50.61	2:29.12
5 Huang, Dylan	14	ZIM-ZZ	2:31.82
	33.99	1:12.76 1:52.47	2:31.82
6 Khagram, Kunaal	14	KEN-ZZ	2:32.16
	36.37	1:16.20 1:55.75	2:32.16
7 Payet, Damien	14	SEY	2:32.23
	36.98	1:16.03 1:56.29	2:32.23
8 Surya, Aaditya	13	MAW	2:32.92
	32.90	1:10.37 1:52.26	2:32.92
9 Shah, Rushab	14	KEN-ZZ	2:33.73
	35.72	1:15.24 1:54.93	2:33.73
10 Jacobs, Garner	14	MAW	2:35.32
	37.17	1:16.69 1:56.53	2:35.32
11 Lillie, Michael	13	ZAM	2:37.47
	37.75	1:17.12 1:57.98	2:37.47
12 Betts, Maximilian W	14	NAM	2:37.57
	37.97	1:19.17 1:59.37	2:37.57
13 Rudatsikira, Sine Raphael	13	UGA	2:38.51
	37.85	1:18.32 2:00.19	2:38.51
14 Mnyaka, Keagon M	14	RSA	2:44.63
	36.19	1:17.92 2:01.11	2:44.63
15 Silva, Gilberto	14	ANG	2:48.68
	39.21	1:22.18 2:06.02	2:48.68

**Event 77 Women 15-16 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Oberholzer, Ju-Ané	16	NAM	2:27.37
	35.16	1:12.24 1:49.73	2:27.37
2 Foo Sem Fah, Leah	15	MRI	2:28.70
	34.99	1:12.63 1:51.06	2:28.70
3 Rabejaona, Holy Antsa	15	MAD	2:35.98
	36.24	1:14.88 1:55.85	2:35.98

4 Melrose, Claire	16	ZIM-ZZ	2:42.40
	36.63	1:17.41 2:00.38	2:42.40
5 Volkwyn, Ashton K	15	RSA	2:44.77
	38.49	1:19.70 2:02.45	2:44.77
6 Buys, Elizabeth	16	ZAM	2:46.48
	39.49	1:20.99 2:03.86	2:46.48
7 van Rooyen, Leone	16	BOTS	2:58.27
	41.16	1:26.32 2:12.70	2:58.27
8 Cowles, Torrie	16	ZAM	3:04.62
	41.09	1:28.40 2:18.24	3:04.62
9 Jacobs, Elsje	14	MAW	3:06.60
	43.41	1:30.52 2:19.64	3:06.60
10 Ferguson, Joanne	16	MAW	3:09.22
	42.21	1:28.49 2:18.59	3:09.22

**Event 78 Men 15-16 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Seyffert, JP	16	RSA	2:11.36
	31.28	1:05.23 1:39.07	2:11.36
2 Kok Shun, Ryan	15	MRI	2:16.13
	31.66	1:06.36 1:42.29	2:16.13
3 Bekker, Andile	15	BOTS	2:16.90
	32.91	1:08.72 1:44.05	2:16.90
4 Saleh, Fadhil	16	UGA	2:20.51
	33.48	1:09.10 1:09.10	2:20.51
5 Lutchmanen, Varen	16	MRI	2:21.80
	32.21	1:07.82 1:44.64	2:21.80
6 Shepherd, Rogan R	16	RSA	2:23.13
	32.33	1:08.94 1:46.18	2:23.13
7 Van Vlaanderen, Andrea	16	ZAM	2:24.35
	33.75	1:10.01 1:47.82	2:24.35
8 Lindsay, Thomas	16	ZIM-ZZ	2:27.07
	33.54	1:11.16 1:50.12	2:27.07
9 Devenish, James	16	MAW	2:28.08
	33.82	1:11.05 1:49.89	2:28.08
10 Mukalazi, Tendo	15	UGA	2:30.72
	33.56	1:11.21 1:50.43	2:30.72
11 Bagley, Graham	16	ZAM	2:31.33
	33.32	1:11.87 1:51.78	2:31.33
12 Devenish, Matthew	15	MAW	2:34.72
	36.28	1:14.92 1:14.92	2:34.72
--- Payet, Bertrand	16	SEY	DQ
Non-continuous turning action			

**Event 79 Women 17 & Over 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Sousa, Catarina	17	ANG	2:24.60
	32.52	1:08.34 1:45.71	2:24.60
2 Buys, Johanna J	17	ZAM	2:34.23
	35.52	1:14.07 1:53.84	2:34.23
3 Pinto, Ammara	20	MAW	2:41.38
	37.49	1:18.13 1:59.99	2:41.38





## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 79 Women 17 & Over 200 SC Meter Backstroke)**

Name	Age	Team	Finals Time
4 Mukonoweshuro, Nyasha	18	ZIM-ZZ	2:46.12
	37.04	1:18.13	2:01.86
			2:46.12
5 Van Staden, Marick-Eileen	18	ZAM	3:19.69
	46.08	1:36.29	2:28.17
			3:19.69

**Event 80 Men 17 & Over 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Smit, Naested	17	ZAM	2:16.21
	30.72	1:05.19	1:41.22
			2:16.21
2 Johannesson, Jureck	17	NAM	2:19.03
	32.36	1:07.93	1:43.71
			2:19.03
3 Rakotomavo, John	21	MAD	2:23.85
	32.74	1:08.94	1:46.26
			2:23.85
4 Mjimba, Vuyisile	18	ZIM-ZZ	2:29.13
	35.07	1:13.64	1:50.55
			2:29.13
5 Grunenberg, Marco	19	ZAM	2:29.22
	34.52	1:11.67	1:50.46
			2:29.22
6 Vlahakis, Christopher	17	ZIM-ZZ	2:39.90
	36.91	1:17.64	1:59.27
			2:39.90
7 Krishnan, Harishankar	17	MAW	2:49.41
	38.16	1:20.70	2:05.69
			2:49.41

**Event 81 Women 12 & Under 100 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Ingwe, Kimberly	12	BOTS	1:27.90
	41.60	1:27.90	
2 Ramajan, Saira	12	ZIM-ZZ	1:29.04
	42.42	1:29.04	
3 Van Oosterhout, Sophie	12	MAW	1:29.33
	42.32	1:29.33	
4 Liacopoulos, Antonia	12	ZAM	1:29.36
	42.26	1:29.36	
5 Pinto, Anna	12	MAW	1:29.97
	42.58	1:29.97	
6 Samaras, Abbie	12	ZAM	1:30.31
	42.25	1:30.31	
7 Wangeci, Erica	12	KEN-ZZ	1:30.95
	43.63	1:30.95	
8 Chicksen, Jade	11	ZIM-ZZ	1:32.85
	42.82	1:32.85	
9 Naukosho, Ariana	10	NAM	1:40.70
	49.06	1:40.70	
10 Hoy, Hayley	10	SWZ	1:45.82
	50.01	1:45.82	
11 Dlamini, Swakhile T	12	SWZ	1:50.73
	52.66	1:50.73	

**Event 82 Men 12 & Under 100 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Freitas, Filipe	12	ANG	1:17.94
	37.37	1:17.94	
2 Nathan, Nagapin	12	SEY	1:18.79
	37.16	1:18.79	

3 Mayanja, Abba	12	UGA	1:24.35
	38.78	1:24.35	
4 Bashir, Ishaq	12	KEN-ZZ	1:25.68
	40.13	1:25.68	
5 Fernando, Khushal J	12	ZAM	1:25.91
	38.95	1:25.91	
6 Madziyire, Nigel	12	ZIM-ZZ	1:28.42
	40.92	1:28.42	
7 De Swardt, Jayden	11	ZIM-ZZ	1:29.00
	42.26	1:29.00	
8 Cho, Seijiro	11	MAW	1:29.52
	43.11	1:29.52	
9 Esslinger, Nico	12	NAM	1:30.05
	43.32	1:30.05	
10 Matija, Tumo	12	BOTS	1:31.67
	42.91	1:31.67	
11 Mulenga, Ndabila B	12	ZAM	1:31.83
	41.16	1:31.83	
12 Mokobi, Kgotla	11	BOTS	1:33.59
	43.06	1:33.59	
13 Rugaaju, Kevin	12	UGA	1:35.31
	44.02	1:35.31	
14 Johnstone, Gareth	11	MAW	1:37.25
	44.90	1:37.25	
15 De Sousa, Damien	11	SWZ	1:40.25
	46.80	1:40.25	
16 Taborda, Heilio	10	ANG	1:57.32
	54.21	1:57.32	

**Event 83 Women 13-14 100 SC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Kok Shun, Alicia	13	MRI	1:17.32
	36.37	1:17.32	
2 Fawaz, Yasmina	13	ZAM	1:19.98
	37.16	1:19.98	
3 Mitchell, Hannah	14	ZIM-ZZ	1:20.69
	38.22	1:20.69	
4 Namutebi, Kirabo	13	UGA	1:20.95
	38.80	1:20.95	
5 Kimani, Jasmin W	14	KEN-ZZ	1:22.23
	39.76	1:22.23	
6 Ontong, Danielle C	14	RSA	1:22.58
	39.34	1:22.58	
7 Clifton-Smith, Candice	13	RSA	1:22.78
	36.66	1:22.78	
8 Mawere, Makanaka	14	ZIM-ZZ	1:24.57
	39.74	1:24.57	
9 Giannakis, Illiofisti	14	MAW	1:26.74
	40.61	1:26.74	
10 Melrose, Annika	14	MAW	1:27.18
	41.34	1:27.18	
11 Mutumbulua, Trisha	13	NAM	1:27.39
	42.30	1:27.39	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 83 Women 13-14 100 SC Meter Breaststroke)**

Name	Age Team	Finals Time
12 Clow, Shelby Rose	14 UGA	1:27.87
41.10	1:27.87	
13 Nasser, Aisha	14 KEN-ZZ	1:27.92
41.74	1:27.92	
14 Murphy, Hannah M	14 NAM	1:28.48
41.57	1:28.48	
15 Hauptfleisch, Charmae	14 ZAM	1:29.63
42.48	1:29.63	

**Event 84 Men 13-14 100 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Mnyaka, Keagon M	14 RSA	1:11.56
33.88	1:11.56	
2 Vidot, Alain	13 SEY	1:14.05
35.24	1:14.05	
3 Shamambo, Damien	14 ZAM	1:14.78
36.82	1:14.78	
4 Rouse, Brandon	14 BOTS	1:14.87
35.43	1:14.87	
*5 Betts, Maximilian W	14 NAM	1:17.59
36.70	1:17.59	
*5 Rumball, Brandon	14 ZAM	1:17.59
36.43	1:17.59	
7 Kithikii, Scott	14 KEN-ZZ	1:19.80
37.33	1:19.80	
8 Ah Yong, Victor	13 MRI	1:21.20
37.54	1:21.20	
9 Lwanya, Clyde	13 KEN-ZZ	1:21.66
38.26	1:21.66	
10 Zocolo, Osvaldo	14 ANG	1:21.74
39.04	1:21.74	
11 Sangala, Paulo	13 MAW	1:24.62
38.94	1:24.62	
12 Gondo, Takundanashe	13 BOTS	1:24.68
40.35	1:24.68	
13 Surya, Aaditya	13 MAW	1:25.62
40.26	1:25.62	
14 Settumba, Paulsen Jordan	13 UGA	1:30.22
42.37	1:30.22	
--- Adams, Faiyaz	14 RSA	DQ
Downward butterfly kick		

**Event 85 Women 15-16 100 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Volkwyn, Ashton K	15 RSA	1:19.28
38.16	1:19.28	
2 Naidu, Harleena	16 ZAM	1:20.93
37.82	1:20.93	
3 Volschank, Nadia	16 SWZ	1:23.18
39.44	1:23.18	

4 Chungu, Chibwe	16 ZAM	1:24.32
40.02	1:24.32	
5 Sangala, Maya	16 MAW	1:24.43
39.05	1:24.43	
6 Gondo, Ruvarashe	15 BOTS	1:33.63
43.25	1:33.63	
7 Jacobs, Elsje	14 MAW	1:34.20
44.29	1:34.20	
8 Dlamini, Senamile	15 SWZ	1:37.08
45.73	1:37.08	

**Event 86 Men 15-16 100 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Wong Chap Lan, Oliver	15 MRI	1:05.09
30.51	1:05.09	
2 Seyffert, JP	16 RSA	1:05.36
30.86	1:05.36	
3 Fischer, Ethan	15 BOTS	1:09.72
32.64	1:09.72	
4 Lutchmanen, Varen	16 MRI	1:12.07
34.36	1:12.07	
5 Mukalazi, Tendo	15 UGA	1:14.38
34.16	1:14.38	
6 Teixeira, Francisco	15 ANG	1:14.88
35.72	1:14.88	
7 Bagley, Graham	16 ZAM	1:15.36
35.63	1:15.36	
8 Van Rensburg, Darren	15 ZAM	1:15.92
35.26	1:15.92	
9 Le Roux, Corné	15 NAM	1:15.95
34.95	1:15.95	
10 Jones, Brett	15 ZIM-ZZ	1:29.17
38.96	1:29.17	

**Event 87 Women 17 & Over 100 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Paljk, Tilka	21 ZAM	1:10.17
32.52	1:10.17	
2 Buys, Johanna J	17 ZAM	1:18.94
37.06	1:18.94	
3 Weber, Zuné	17 NAM	1:23.00
38.51	1:23.00	
4 Chang'anamuno, Tayamika	17 MAW	1:35.74
43.36	1:35.74	
--- Nxumalo, Lungelo	17 SWZ	DQ
One hand touch		

**Event 88 Men 17 & Over 100 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Gomes, Filipe	20 MAW	1:04.75
30.83	1:04.75	
2 Francisco, Daniel	18 ANG	1:05.92
31.08	1:05.92	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 88 Men 17 & Over 100 SC Meter Breaststroke)**

Name	Age Team	Finals Time
3 Naidu, Kumaren M	20 ZAM	1:09.67
31.75	1:09.67	
4 Rakotomavo, Stephan	23 MAD	1:10.12
33.03	1:10.12	
5 Lichtenberg, Matthias C	18 NAM	1:11.68
34.07	1:11.68	
6 Smit, Naested	17 ZAM	1:12.78
33.63	1:12.78	
7 Emmett, Liam P	17 SWZ	1:15.44
33.98	1:15.44	
8 Vlahakis, Christopher	17 ZIM-ZZ	1:18.03
36.46	1:18.03	
9 Swift, Michael	17 MAW	1:21.84
37.85	1:21.84	
10 Zocolo, Tiago	17 ANG	1:24.56

**Event 89 Women 12 & Under 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Jack, Michelle	12 BOTS	29.96
2 Ramajan, Saira	12 ZIM-ZZ	30.27
3 Phiri, Jade A	11 ZAM	30.84
4 Mahobebe, Mkhuseli	12 ZIM-ZZ	31.02
5 Lukhoo, Vritee	12 MRI	31.64
6 Ingwe, Kimberly	12 BOTS	31.70
7 Wanakai, Lenise A	12 KEN-ZZ	31.77
8 Makwenda, Jessica	12 MAW	31.80
9 Samaras, Abbie	12 ZAM	32.46
10 Majongonhe, Dilza Da Bety	12 MOZ	32.72
11 Staines, Mia	12 MAW	33.54
12 Oh, Jasmine Yumbok	12 MOZ	34.47
13 Naukosho, Ariana	10 NAM	35.95
14 Young, Lauren	12 SWZ	36.52
15 Dlamini, Swakhile T	12 SWZ	36.79

**Event 90 Men 12 & Under 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Nathan, Nagapin	12 SEY	28.56
2 Fernando, Khushal J	12 ZAM	29.16
3 Rumball, Liam	12 ZAM	29.24
4 Bashir, Ishaq	12 KEN-ZZ	29.81
5 Mwipikeni, Paul	12 ZIM-ZZ	29.96
6 Muravej, Aryen	12 KEN-ZZ	30.07
7 Mayanja, Abba	12 UGA	30.34
8 Chisungo, Tawanda	12 ZIM-ZZ	30.46
9 Matija, Tumo	12 BOTS	31.23
10 Frantz, Shad	11 MAW	31.65
11 Cho, Sejiro	11 MAW	31.83
12 Esslinger, Nico	12 NAM	32.47
13 Rugaaju, Kevin	12 UGA	32.49
14 Payet, Thierry	10 SEY	33.56
15 De Sousa, Damien	11 SWZ	34.59
16 Mokobi, Kgotla	11 BOTS	35.48

17 Taborda, Heilio 10 ANG 43.01

**Event 91 Women 13-14 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Phiri, Mia A	14 ZAM	27.24
2 Soukup, Therese	14 SEY	28.00
3 Egner, Maxine	13 BOTS	28.03
4 Namutebi, Kirabo	13 UGA	28.40
5 Gebert, Ines	13 MRI	28.45
6 Cromhout, Hannah E	13 RSA	28.68
7 Okumu, Victoria A	13 KEN-ZZ	29.44
8 Clifton-Smith, Candice	13 RSA	29.57
9 Mofjeld, Maja	14 MAW	29.64
10 Kok Shun, Alicia	13 MRI	29.74
11 Matthews, Tselane	14 BOTS	30.06
12 Murphy, Hannah M	14 NAM	30.25
13 Mitchell, Hannah	14 ZIM-ZZ	30.76
14 Razunguzwa, Shammah	14 ZIM-ZZ	30.79
15 Fawaz, Yasmina	13 ZAM	31.12
16 Mutumbulua, Trisha	13 NAM	31.16
17 Melrose, Annika	14 MAW	31.18
18 Clow, Shelby Rose	14 UGA	31.23
19 Nasser, Aisha	14 KEN-ZZ	32.13

**Event 92 Men 13-14 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Huang, Dylan	14 ZIM-ZZ	25.20
2 Bifwoli, Thomas Tabuka	14 KEN-ZZ	25.38
3 Rumball, Brandon	14 ZAM	25.57
4 Mnyaka, Keagon M	14 RSA	26.15
5 Rouse, Brandon	14 BOTS	26.18
6 Callaghan, Kenan	14 ZIM-ZZ	26.50
7 Adams, Faiyaz	14 RSA	26.67
8 Ah Yong, Victor	13 MRI	27.05
9 Shah, Rushab	14 KEN-ZZ	27.61
10 Mwamba, Wina M	14 ZAM	27.91
11 Jacobs, Garner	14 MAW	28.11
12 Vidot, Alain	13 SEY	28.27
13 Betts, Maximilian W	14 NAM	29.29
14 Zocolo, Osvaldo	14 ANG	29.31
15 Steyn, Barend	14 MAW	29.48
16 Gondo, Takundanasha	13 BOTS	29.62
17 Silva, Gilberto	14 ANG	29.65
18 Settumba, Paulsen Jordan	13 UGA	30.99

**Event 93 Women 15-16 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Foo Sem Fah, Leah	15 MRI	28.87
2 Volschank, Nadia	16 SWZ	29.01
3 Chungu, Chibwe	16 ZAM	29.18
4 Rabejaona, Holy Antsa	15 MAD	29.29
5 Date Line, Chenay E	16 RSA	29.44
6 Putterill, Hannah	16 ZIM-ZZ	29.62
7 Oberholzer, Ju-Ané	16 NAM	30.24
8 Buys, Elizabeth	16 ZAM	30.41



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 93 Women 15-16 50 SC Meter Freestyle)**

Name	Age Team	Finals Time
9 Gondo, Ruvarashe	15 BOTS	30.78
10 Melrose, Claire	16 ZIM-ZZ	30.84
11 Volkwyn, Ashton K	15 RSA	31.48
12 Ferguson, Joanne	16 MAW	31.51
13 Sangala, Maya	16 MAW	32.04
14 van Rooyen, Leone	16 BOTS	32.85
15 Dlamini, Senamile	15 SWZ	33.33
16 Santos, Barbara	15 ANG	34.66

**Event 94 Men 15-16 50 SC Meter Freestyle**

Name	Age Team	Finals Time
*1 Saleh, Nabil	16 UGA	24.55
*1 Purahoo, Ovesh	16 MRI	24.55
3 Kok Shun, Ryan	15 MRI	24.82
4 Saleh, Fadhil	16 UGA	24.91
5 Seyffert, JP	16 RSA	25.31
6 Van Rensburg, Darren	15 ZAM	25.49
7 Bekker, Andile	15 BOTS	25.64
8 Fred, Tyler	15 SEY	25.67
9 Jones, Brett	15 ZIM-ZZ	26.22
10 Shepherd, Rogan R	16 RSA	26.35
11 Moosa, Shaquille D	15 ZAM	26.36
12 Le Roux, Corné	15 NAM	26.78
*13 Lindsay, Thomas	16 ZIM-ZZ	26.87
*13 Devenish, James	16 MAW	26.87
15 Payet, Bertrand	16 SEY	26.99
16 Fischer, Ethan	15 BOTS	27.22
17 Teixeira, Francisco	15 ANG	27.71
18 Gaunt, Liam	16 MAW	28.22

**Event 95 Women 17 & Over 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Paljk, Tilka	21 ZAM	27.03
2 Buys, Johanna J	17 ZAM	27.38
3 Weber, Zuné	17 NAM	28.13
4 Mukonoweshuro, Nyasha	18 ZIM-ZZ	28.93
5 Kamwendo, Mwandeyi	17 MAW	29.02
6 Pinto, Ammara	20 MAW	29.31
7 Rabarijaona, Tiana Henitsoa N	19 MAD	29.56
8 Balneaves, Kim	17 ZIM-ZZ	29.59
9 Young, Robyn	17 SWZ	30.06
10 Nkete, Alora	17 BOTS	30.82
11 Nxumalo, Lungelo	17 SWZ	32.68
--- Chang'anamuno, Tayamika	17 MAW	X31.28

**Event 96 Men 17 & Over 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Francisco, Daniel	18 ANG	24.69
2 Mataka, Mapalo J	19 ZAM	25.15
3 Rakotomavo, John	21 MAD	25.79
4 Frio, Ruben Aldair	21 MOZ	25.89
5 Swift, Michael	17 MAW	25.90
6 Joe, Ricardo	18 ZIM-ZZ	25.98

7 Yiannakis, Constantino	18 MAW	26.28
8 Emmett, Liam P	17 SWZ	26.41
9 Ribeiro, Laercio Eduardo	19 MOZ	26.56
10 Naidu, Kumaren M	20 ZAM	26.70
11 Lichtenberg, Matthias C	18 NAM	26.80
12 Dlamini, Simphiwe M	18 SWZ	27.04
13 Dzingai, Solomon	17 BOTS	27.69
14 Johannesson, Jureck	17 NAM	27.74
15 Sebikiri, Maemo	18 BOTS	27.84
16 Mjimba, Vuyisile	18 ZIM-ZZ	29.14
17 Zocolo, Tiago	17 ANG	29.60

**Event 97 Mixed 14 & Under 4x100 SC Meter Medley Relay**

Team	Relay	Finals Time
1 RSA	A	4:30.16
1) Adams, Faiyaz M14	2) Clifton-Smith, Candice W13	
3) Mnyaka, Keagon M M14	4) Cromhout, Hannah E W13	
32.04	1:04.26	1:41.68
2:55.03	3:28.23	2:26.98
		3:57.62
		4:30.16
2 ZAM	A	4:38.33
1) Rumball, Brandon M14	2) Shamambo, Damien M14	
3) Phiri, Mia A W14	4) Fawaz, Yasmina W13	
31.98	31.98	1:41.10
2:51.28	2:51.28	1:41.10
		2:51.28
		4:38.33
3 KEN-ZZ	A	4:42.19
1) Shah, Rushab M14	2) Kimani, Jasmin W W14	
3) Okumu, Victoria A W13	4) Bifwoli, Thomas Tabuka M14	
33.36	1:09.50	1:49.42
3:07.34	3:45.09	2:34.34
		4:12.21
		4:42.19
4 ZIM-ZZ	A	4:47.52
1) Ramajan, Saira W12	2) Mitchell, Hannah W14	
3) Retzlaff, Paul M14	4) Huang, Dylan M14	
36.74	1:16.49	1:55.34
3:12.37	3:50.03	2:42.46
		4:16.61
		4:47.52
5 MAW	A	4:54.70
1) Jacobs, Garner M14	2) Melrose, Annika W14	
3) Surya, Aaditya M13	4) Mofjeld, Maja W14	
35.61	1:13.71	1:55.06
3:12.97	3:50.34	2:41.18
		4:21.12
		4:54.70
6 UGA	A	4:54.74
1) Lumonya, Samora M14	2) Namutebi, Kirabo W13	
3) Mwebeiha, Mercedes Amani W1	4) Rudatsikira, Sine Raphael M13	
34.57	1:10.49	1:49.16
3:08.23	3:51.35	2:35.31
		4:21.44
		4:54.74
7 NAM	A	4:59.71
1) Murphy, Hannah M W14	2) Betts, Maximilian W M14	
3) Esslinger, Nico M12	4) Mutumbulua, Trisha W13	
35.25	1:12.94	1:50.22
3:07.91	3:50.38	2:31.33
		4:22.57
		4:59.71



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

Event 98 Mixed 15 & Over 4x100 SC Meter Medley Relay				
Team	Relay		Finals Time	
1 ZAM	A		4:15.22	
1) Smit, Naested M17	2) Paljk, Tilka W21			
3) Buys, Johanna J W17	4) Mataka, Mapalo J M19			
29.58	1:01.87	1:34.56	2:13.30	
2:43.62	3:20.48	3:46.14	4:15.22	
2 RSA	A		4:16.96	
1) Seyffert, JP M16	2) Volkwyn, Ashton K W15			
3) Shepherd, Rogan R M16	4) Date Line, Chenay E W16			
29.07	59.50	1:36.39	2:17.79	
2:44.34	3:15.99	3:45.02	4:16.96	
3 MRI	A		4:17.56	
1) Foo Sem Fah, Leah W15	2) Wong Chap Lan, Oliver M15			
3) Gebert, Ines W13	4) Purahoo, Ovesh M16			
33.14	1:09.37	1:39.83	2:14.55	
2:46.34	3:24.37	3:49.92	4:17.56	
4 NAM	A		4:20.92	
1) Oberholzer, Ju-Ané W16	2) Lichtenberg, Matthias C M18			
3) Le Roux, Corné M15	4) Weber, Zuné W17			
32.78	1:08.14	1:42.57	2:20.89	
2:48.43	3:19.36	3:48.45	4:20.92	
5 MAD	A		4:21.65	
1) Rabejaona, Holy Antsa W15	2) Rakotomavo, Stephan M23			
3) Rakotomavo, John M21	4) Rabarijaona, Tiana Henitsoa Mu			
33.87	1:10.73	1:42.94	2:19.24	
2:47.13	3:19.03	3:48.45	4:21.65	
6 MAW	A		4:33.17	
1) Pinto, Ammara W20	2) Gomes, Filipe M20			
3) Yiannakis, Constantino M18	4) Kamwendo, Mwandeyi W17			
35.36	1:13.11	1:43.94	2:18.35	
2:48.57	3:27.89	3:58.35	4:33.17	
7 ANG	A		4:37.82	
1) Sousa, Catarina W17	2) Teixeira, Francisco M15			
3) Francisco, Daniel M18	4) Santos, Barbara W15			
31.96	1:06.94	1:42.57	2:21.17	
2:47.72	3:20.56	3:56.76	4:37.82	
8 ZIM-ZZ	A		4:38.69	
1) Mjimba, Vuyisile M18	2) Balneaves, Kim W17			
3) Joe, Ricardo M18	4) Mukonoweshuro, Nyasha W18			
32.26	1:07.41	1:46.35	2:31.21	
2:59.27	3:34.68	4:04.86	4:38.69	
--- UGA	A		SCR	
1) Saleh, Nabil M16	2) Namutebi, Kirabo W13			
3) Mwebeiha, Mercedes Amani W1	4) Saleh, Fadhil M16			

Event 99 Women 14 & Under 200 SC Meter Butterfly				
Name	Age Team		Finals Time	
1 Okumu, Victoria A	13	KEN-ZZ	2:35.25	
35.31	1:15.63	1:55.83	2:35.25	
2 Gebert, Ines	13	MRI	2:36.74	
34.01	1:13.16	1:54.23	2:36.74	
3 Ontong, Danielle C	14	RSA	2:41.52	
35.39	1:16.27	1:59.50	2:41.52	

4 Davidson, Lize-Marie	14	RSA	2:51.06	
35.03	1:18.59	2:04.73	2:51.06	
5 Melrose, Annika	14	MAW	3:07.58	
40.19	1:27.86	2:18.66	3:07.58	
6 Vidmar, Julijana	11	ZAM	3:10.41	
41.01	1:30.87	2:22.37	3:10.41	
7 Hauptfleisch, Charmae	14	ZAM	3:21.24	
41.75	1:30.96	2:24.57	3:21.24	
8 Giannakis, Illiofisti	14	MAW	3:26.81	
37.25	1:26.94	2:27.87	3:26.81	

## Event 100 Men 14 &amp; Under 200 SC Meter Butterfly

Name	Age Team		Finals Time	
1 Ah Yong, Victor	13	MRI	2:21.64	
2 Payet, Damien	14	SEY	2:34.06	
3 Khagram, Kunaal	14	KEN-ZZ	2:41.04	
4 Mwamba, Wina M	14	ZAM	2:41.86	
5 Surya, Aaditya	13	MAW	2:53.69	
6 Payet, Thierry	10	SEY	3:03.34	
7 Lillie, Michael	13	ZAM	3:06.80	
--- Freitas, Filipe	12	ANG	SCR	

## Event 101 Women 15-16 200 SC Meter Butterfly

Name	Age Team		Finals Time	
1 van Rooyen, Leone	16	BOTS	3:01.29	
37.83	1:24.11	2:12.87	3:01.29	
2 Chungu, Chibwe	16	ZAM	3:19.01	
40.01	1:28.64	2:24.40	3:19.01	
3 Dlamini, Senamile	15	SWZ	3:29.35	
44.90	1:34.58	2:31.28	3:29.35	

## Event 102 Men 15-16 200 SC Meter Butterfly

Name	Age Team		Finals Time	
1 Le Roux, Corné	15	NAM	2:07.36	
28.57	1:01.20	1:33.55	2:07.36	
2 Shepherd, Rogan R	16	RSA	2:08.53	
27.23	59.39	1:32.89	2:08.53	
3 Purahoo, Ovesh	16	MRI	2:24.19	
31.00	1:06.56	1:43.52	2:24.19	
4 Payet, Bertrand	16	SEY	2:30.50	
32.42	1:09.51	1:48.94	2:30.50	
5 Lutchmanen, Varen	16	MRI	2:41.15	
32.18	1:10.13	1:56.11	2:41.15	
6 Bagley, Graham	16	ZAM	2:53.95	
32.92	1:14.28	2:02.92	2:53.95	

## Event 103 Women 17 &amp; Over 200 SC Meter Butterfly

Name	Age Team		Finals Time	
--- Kamwendo, Mwandeyi	17	MAW	SCR	

## Event 104 Men 17 &amp; Over 200 SC Meter Butterfly

Name	Age Team		Finals Time	
1 Smit, Naested	17	ZAM	2:15.01	
29.80	1:04.24	1:40.36	2:15.01	
2 Rakotomavo, John	21	MAD	2:15.33	
29.52	1:03.67	1:38.98	2:15.33	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 104 Men 17 & Over 200 SC Meter Butterfly)**

Name	Age	Team	Finals Time
3 Yiannakis, Constantino	18	MAW	2:58.75
	36.25	1:17.62	2:03.94
---	2:58.75		
--- Grunenberg, Marco	19	ZAM	DQ
Scissors kick			

**Event 105 Women 12 & Under 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Jack, Michelle	12	BOTS	1:06.61
	31.57	1:06.61	
2 Ramajan, Saira	12	ZIM-ZZ	1:08.39
	32.67	1:08.39	
3 Phiri, Jade A	11	ZAM	1:09.03
	33.21	1:09.03	
4 Lukhoo, Witee	12	MRI	1:09.38
	32.52	1:09.38	
5 Majongonhe, Dilza Da Bety	12	MOZ	1:09.55
	33.60	1:09.55	
6 Wanakai, Lenise A	12	KEN-ZZ	1:09.62
	33.58	1:09.62	
7 Ingwe, Kimberly	12	BOTS	1:10.10
	33.36	1:10.10	
8 Wangeci, Erica	12	KEN-ZZ	1:12.78
	35.43	1:12.78	
9 Samaras, Abbie	12	ZAM	1:13.22
	34.64	1:13.22	
10 Windell, Kara	11	MAW	1:15.33
	35.99	1:15.33	
11 Naukosho, Ariana	10	NAM	1:18.84
	38.08	1:18.84	
12 Hoy, Hayley	10	SWZ	1:20.13
	38.33	1:20.13	
13 Oh, Jasmine Yumbok	12	MOZ	1:21.24
	38.56	1:21.24	
14 Young, Lauren	12	SWZ	1:22.19
	37.64	1:22.19	
--- Makwenda, Jessica	12	MAW	DQ
False start			
--- Mahobebe, Mkhuseli	12	ZIM-ZZ	SCR

**Event 106 Men 12 & Under 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Nathan, Nagapin	12	SEY	1:03.67
	29.77	1:03.67	
2 Fernando, Khushal J	12	ZAM	1:04.25
	30.14	1:04.25	
3 Rumball, Liam	12	ZAM	1:04.59
	31.39	1:04.59	
4 Bashir, Ishaq	12	KEN-ZZ	1:05.27
	31.21	1:05.27	
5 Mayanja, Abba	12	UGA	1:06.98
	31.49	1:06.98	

6 Muravej, Aryen	12	KEN-ZZ	1:08.21
	31.75	1:08.21	
7 Chisungo, Tawanda	12	ZIM-ZZ	1:09.23
	32.67	1:09.23	
8 Jacobs, Gidian	12	MAW	1:09.87
	34.36	1:09.87	
9 Esslinger, Nico	12	NAM	1:10.72
	33.45	1:10.72	
10 Frantz, Shad	11	MAW	1:11.02
	34.16	1:11.02	
11 Matija, Tumo	12	BOTS	1:11.47
	33.22	1:11.47	
12 De Swardt, Jayden	11	ZIM-ZZ	1:12.47
	34.57	1:12.47	
13 Rugaaju, Kevin	12	UGA	1:15.16
	35.62	1:15.16	
14 De Sousa, Damien	11	SWZ	1:15.79
	36.21	1:15.79	
15 Mokobi, Kgotla	11	BOTS	1:27.64
	37.41	1:27.64	
16 Tabora, Heilio	10	ANG	1:39.92
	43.31	1:39.92	

**Event 107 Women 13-14 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Phiri, Mia A	14	ZAM	1:00.91
	29.63	1:00.91	
2 Cromhout, Hannah E	13	RSA	1:01.63
	29.44	1:01.63	
3 Soukup, Therese	14	SEY	1:01.95
	30.08	1:01.95	
4 Davidson, Lize-Marie	14	RSA	1:02.21
	30.04	1:02.21	
5 Egner, Maxine	13	BOTS	1:03.62
6 Namutebi, Kirabo	13	UGA	1:03.92
	30.53	1:03.92	
7 Gebert, Ines	13	MRI	1:04.01
	31.03	1:04.01	
8 Kimani, Jasmin W	14	KEN-ZZ	1:04.31
	31.50	1:04.31	
9 Kok Shun, Alicia	13	MRI	1:05.45
	31.21	1:05.45	
10 Mofjeld, Maja	14	MAW	1:06.18
	32.16	1:06.18	
11 Matthews, Tselane	14	BOTS	1:06.35
	31.81	1:06.35	
12 Murphy, Hannah M	14	NAM	1:07.66
	32.42	1:07.66	
13 Mutumbulua, Trisha	13	NAM	1:07.82
	33.27	1:07.82	
14 Razunguzwa, Shammah	14	ZIM-ZZ	1:08.10
	32.83	1:08.10	
15 Fawaz, Yasmina	13	ZAM	1:08.23
	32.57	1:08.23	





## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 107 Women 13-14 100 SC Meter Freestyle)**

Name	Age Team	Finals Time
16 Mawere, Makanaka	14 ZIM-ZZ	1:08.59
33.52	1:08.59	
17 Clow, Shelby Rose	14 UGA	1:09.16
32.36	1:09.16	
18 Nasser, Aisha	14 KEN-ZZ	1:11.43
33.60	1:11.43	
19 Cho, Hana	14 MAW	1:13.23
35.08	1:13.23	

**Event 108 Men 13-14 100 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Huang, Dylan	14 ZIM-ZZ	55.48
26.53	55.48	
2 Bifwoli, Thomas Tabuka	14 KEN-ZZ	55.92
27.47	55.92	
3 Rumball, Brandon	14 ZAM	57.00
27.15	57.00	
4 Mnyaka, Keagon M	14 RSA	57.39
27.40	57.39	
5 Callaghan, Kenan	14 ZIM-ZZ	58.29
28.15	58.29	
6 Adams, Faiyaz	14 RSA	58.66
28.73	58.66	
7 Ah Yong, Victor	13 MRI	58.97
28.47	58.97	
8 Rouse, Brandon	14 BOTS	59.20
28.57	59.20	
9 Jacobs, Garner	14 MAW	1:00.73
29.36	1:00.73	
10 Shah, Rushab	14 KEN-ZZ	1:01.59
29.89	1:01.59	
11 Vidot, Alain	13 SEY	1:02.52
29.48	1:02.52	
12 Shamambo, Damien	14 ZAM	1:02.62
30.11	1:02.62	
13 Zocolo, Osvaldo	14 ANG	1:05.56
30.63	1:05.56	
14 Silva, Gilberto	14 ANG	1:06.06
31.39	1:06.06	
15 Steyn, Barend	14 MAW	1:06.71
31.69	1:06.71	
16 Payet, Damien	14 SEY	1:06.97
32.49	1:06.97	
17 Gondo, Takundan Ashe	13 BOTS	1:08.63
33.40	1:08.63	
18 Settumba, Paulsen Jordan	13 UGA	1:10.12
33.80	1:10.12	

**Event 109 Women 15-16 100 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Foo Sem Fah, Leah	15 MRI	1:01.71
30.31	1:01.71	

2 Date Line, Chenay E	16 RSA	1:01.79
30.06	1:01.79	
3 Rabejaona, Holy Antsa	15 MAD	1:03.11
30.53	1:03.11	
4 Putterill, Hannah	16 ZIM-ZZ	1:05.62
31.76	1:05.62	
5 Buys, Elizabeth	16 ZAM	1:06.37
31.90	1:06.37	
6 Volschank, Nadia	16 SWZ	1:06.71
32.45	1:06.71	
7 Chungu, Chibwe	16 ZAM	1:06.77
31.77	1:06.77	
8 Volkwyn, Ashton K	15 RSA	1:08.07
33.53	1:08.07	
9 Njoroge, Jessica J	16 SWZ	1:09.50
33.80	1:09.50	
10 Melrose, Claire	16 ZIM-ZZ	1:09.57
32.97	1:09.57	
11 Ferguson, Joanne	16 MAW	1:12.02
34.06	1:12.02	
12 van Rooyen, Leone	16 BOTS	1:13.05
34.78	1:13.05	
13 Gondo, Ruvvarashe	15 BOTS	1:14.15
34.51	1:14.15	
14 Jacobs, Elsje	14 MAW	1:14.93
35.02	1:14.93	
15 Santos, Barbara	15 ANG	1:18.28
37.30	1:18.28	

**Event 110 Men 15-16 100 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Kok Shun, Ryan	15 MRI	53.28
25.46	53.28	
2 Purahoo, Ovesh	16 MRI	54.01
25.96	54.01	
3 Saleh, Nabil	16 UGA	54.58
26.74	54.58	
4 Seyffert, JP	16 RSA	54.75
26.54	54.75	
5 Saleh, Fadhil	16 UGA	54.80
26.38	54.80	
6 Fred, Tyler	15 SEY	55.60
26.62	55.60	
7 Bekker, Andile	15 BOTS	55.82
27.13	55.82	
8 Van Rensburg, Darren	15 ZAM	57.07
27.51	57.07	
9 Jones, Brett	15 ZIM-ZZ	58.37
28.66	58.37	
10 Van Vlaanderen, Andrea	16 ZAM	59.03
27.80	59.03	
11 Devenish, James	16 MAW	59.23
28.24	59.23	



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 110 Men 15-16 100 SC Meter Freestyle)**

Name	Age Team	Finals Time
12 Smith, Jordan	16 ZIM-ZZ	1:00.72
29.03	1:00.72	
13 Teixeira, Francisco	15 ANG	1:00.90
29.53	1:00.90	
14 Shepherd, Rogan R	16 RSA	1:01.12
28.65	1:01.12	
15 Payet, Bertrand	16 SEY	1:02.67
29.68	1:02.67	
16 Gaunt, Liam	16 MAW	1:02.98
30.30	1:02.98	
17 Le Roux, Corné	15 NAM	1:03.87
29.15	1:03.87	
--- Fischer, Ethan	15 BOTS	SCR

**Event 111 Women 17 & Over 100 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Paljk, Tilka	21 ZAM	59.33
28.53	59.33	
2 Buys, Johanna J	17 ZAM	59.80
28.51	59.80	
3 Sousa, Catarina	17 ANG	59.91
29.04	59.91	
4 Thorpe, Imara Bella	17 KEN-ZZ	59.95
29.38	59.95	
5 Weber, Zuné	17 NAM	1:03.54
29.74	1:03.54	
6 Rabarijaona, Tiana Henitsoa M	19 MAD	1:03.58
30.31	1:03.58	
7 Mukonoweshuro, Nyasha	18 ZIM-ZZ	1:03.60
30.37	1:03.60	
8 Balneaves, Kim	17 ZIM-ZZ	1:04.65
30.76	1:04.65	
9 Kamwendo, Mwandeyi	17 MAW	1:04.74
31.28	1:04.74	
10 Young, Robyn	17 SWZ	1:05.81
30.90	1:05.81	
11 Pinto, Ammara	20 MAW	1:06.23
31.95	1:06.23	
12 Nkete, Alora	17 BOTS	1:09.85
32.85	1:09.85	
13 Nxumalo, Lungelo	17 SWZ	1:14.20
34.34	1:14.20	
--- Chang'anamuno, Tayamika	17 MAW	X1:12.00
32.93	1:12.00	

**Event 112 Men 17 & Over 100 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Francisco, Daniel	18 ANG	54.11
25.46	54.11	
2 Smit, Naested	17 ZAM	54.90
26.45	54.90	

3 Mataka, Mapalo J	19 ZAM	55.04
26.55	55.04	
4 Lichtenberg, Matthias C	18 NAM	56.77
27.28	56.77	
5 Frio, Ruben Aldair	21 MOZ	57.72
27.24	57.72	
6 Rakotomavo, John	21 MAD	57.77
26.82	57.77	
7 Joe, Ricardo	18 ZIM-ZZ	57.83
28.18	57.83	
8 Yiannakis, Constantino	18 MAW	59.04
28.51	59.04	
9 Swift, Michael	17 MAW	59.06
28.28	59.06	
10 Ribeiro, Laercio Eduardo	19 MOZ	59.51
27.62	59.51	
11 Dlamini, Simphiwe M	18 SWZ	1:00.21
28.12	1:00.21	
12 Emmett, Liam P	17 SWZ	1:01.07
27.52	1:01.07	
13 Sebikiri, Maemo	18 BOTS	1:01.26
28.85	1:01.26	
14 Johannesson, Jureck	17 NAM	1:01.38
29.11	1:01.38	
15 Dzingai, Solomon	17 BOTS	1:03.37
30.07	1:03.37	
16 Mjimba, Vuyisile	18 ZIM-ZZ	1:03.88
29.68	1:03.88	
17 Zocolo, Tiago	17 ANG	1:05.79
31.00	1:05.79	

**Event 113 Women 12 & Under 200 SC Meter IM**

Name	Age Team	Finals Time
1 Jack, Michelle	12 BOTS	2:45.10
35.57	1:15.68	2:06.76
2 Ingwe, Kimberly	12 BOTS	2:45.58
36.44	1:17.77	2:07.88
3 Lukhoo, Vritee	12 MRI	2:50.70
37.46	1:21.60	2:12.51
4 Wangeci, Erica	12 KEN-ZZ	2:56.22
39.50	1:25.05	2:17.58
5 Pinto, Anna	12 MAW	2:56.70
40.40	1:26.45	1:26.45
6 Phiri, Jade A	11 ZAM	2:58.06
39.71	1:26.17	2:19.10
7 Tungamirai, Julie	12 ZIM-ZZ	3:03.03
38.55	1:23.07	2:19.62
8 Wanakai, Lenise A	12 KEN-ZZ	3:03.68
41.34	1:25.50	2:23.83
9 Samaras, Abbie	12 ZAM	3:04.42
43.76	1:30.84	2:25.75
10 Van Oosterhout, Sophie	12 MAW	3:05.36
42.05	1:28.03	2:20.99



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 113 Women 12 & Under 200 SC Meter IM)**

Name	Age	Team	Finals Time
11 Naukosho, Ariana	10	NAM	3:11.58
47.46	1:34.52	2:29.28	3:11.58
12 Hoy, Hayley	10	SWZ	3:18.73
45.88	1:35.88	2:34.07	3:18.73
--- Mahobebe, Mkhuseleli	12	ZIM-ZZ	SCR

**Event 114 Men 12 & Under 200 SC Meter IM**

Name	Age	Team	Finals Time
1 Freitas, Filipe	12	ANG	2:36.67
32.60	1:12.76	1:58.94	2:36.67
2 Nathan, Nagapin	12	SEY	2:42.78
35.60	1:20.54	2:04.70	2:42.78
3 Mayanja, Abba	12	UGA	2:43.99
35.51	1:19.43	2:07.67	2:43.99
4 Esslinger, Nico	12	NAM	2:44.89
38.31	38.31	2:09.17	2:44.89
5 Fernando, Khushal J	12	ZAM	2:47.11
35.55	1:18.95	2:09.07	2:47.11
6 Rumball, Liam	12	ZAM	2:47.44
33.49	1:16.28	2:07.97	2:47.44
7 Muravej, Aryen	12	KEN-ZZ	2:53.29
37.06	1:21.94	2:16.48	2:53.29
8 Jacobs, Gidian	12	MAW	2:57.29
40.65	1:23.45	2:18.57	2:57.29
9 Payet, Thierry	10	SEY	2:58.73
39.18	1:26.39	2:20.52	2:58.73
10 Frantz, Shad	11	MAW	2:58.91
42.13	1:27.39	2:20.65	2:58.91
11 Chisungo, Tawanda	12	ZIM-ZZ	3:01.01
37.48	1:23.97	2:17.92	3:01.01
12 Rugaaju, Kevin	12	UGA	3:07.73
42.96	1:29.42	2:25.06	3:07.73
13 Matija, Tumo	12	BOTS	3:11.20
--- Mwipikeni, Paul	12	ZIM-ZZ	DQ
Non-continuous turning action - back			

**Event 115 Women 13-14 200 SC Meter IM**

Name	Age	Team	Finals Time
1 Phiri, Mia A	14	ZAM	2:33.51
32.42	1:10.28	1:55.57	2:33.51
2 Gebert, Ines	13	MRI	2:34.65
33.72	1:13.50	1:59.39	2:34.65
3 Davidson, Lize-Marie	14	RSA	2:36.64
34.90	1:13.78	2:02.64	2:36.64
4 Kok Shun, Alicia	13	MRI	2:37.13
35.81	1:17.30	2:00.94	2:37.13
5 Soukup, Therese	14	SEY	2:37.85
33.65	1:12.46	2:02.13	2:37.85
6 Kimani, Jasmin W	14	KEN-ZZ	2:38.45
35.82	35.82	2:04.26	2:38.45

7 Okumu, Victoria A	13	KEN-ZZ	2:39.41
34.02	1:15.15	2:02.97	2:39.41
8 Ontong, Danielle C	14	RSA	2:39.65
34.63	1:17.46	2:03.36	2:39.65
9 Namutebi, Kirabo	13	UGA	2:40.07
34.56	1:16.33	2:02.00	2:40.07
10 Egner, Maxine	13	BOTS	2:44.13
36.64	1:18.98	2:08.58	2:44.13
11 Mwebeih, Mercedes Amani	14	UGA	2:46.09
33.99	1:15.19	2:08.53	2:46.09
12 Murphy, Hannah M	14	NAM	2:48.11
36.85	1:18.49	2:11.87	2:48.11
13 Mofjeld, Maja	14	MAW	2:48.59
37.89	1:20.35	2:09.95	2:48.59
14 Mitchell, Hannah	14	ZIM-ZZ	2:49.68
35.30	1:21.96	2:10.22	2:49.68
15 Fawaz, Yasmina	13	ZAM	2:51.24
37.57	1:18.06	2:07.92	2:51.24
16 Ruele, Bupe	14	BOTS	2:51.47
36.12	1:18.89	2:12.24	2:51.47
17 Mutumbulua, Trisha	13	NAM	2:53.38
37.93	1:21.88	2:14.16	2:53.38
18 Melrose, Annika	14	MAW	2:55.65
38.34	1:23.45	2:15.02	2:55.65
19 Razunguzwa, Shammah	14	ZIM-ZZ	3:04.52
40.05	1:29.25	2:22.58	3:04.52

**Event 116 Men 13-14 200 SC Meter IM**

Name	Age	Team	Finals Time
1 Mnyaka, Keagon M	14	RSA	2:21.87
29.19	1:08.76	1:49.53	2:21.87
2 Adams, Faiyaz	14	RSA	2:22.25
30.14	1:05.45	1:49.11	2:22.25
3 Ah Yong, Victor	13	MRI	2:23.06
29.65	1:05.09	1:50.04	2:23.06
4 Rumball, Brandon	14	ZAM	2:23.07
30.04	1:05.72	1:50.88	2:23.07
5 Rouse, Brandon	14	BOTS	2:29.59
30.16	1:07.76	1:52.91	2:29.59
6 Betts, Maximilian W	14	NAM	2:29.94
32.52	1:12.60	1:54.37	2:29.94
7 Payet, Damien	14	SEY	2:34.65
34.25	1:13.64	2:01.20	2:34.65
8 Khagram, Kunaal	14	KEN-ZZ	2:35.35
32.99	1:13.55	2:01.03	2:35.35
9 Huang, Dylan	14	ZIM-ZZ	2:35.87
31.19	1:09.48	2:00.14	2:35.87
10 Vidot, Alain	13	SEY	2:36.65
33.20	1:15.58	1:59.86	2:36.65
11 Makona, John Paul	14	KEN-ZZ	2:36.81
33.30	1:14.21	2:00.87	2:36.81
12 Surya, Aaditya	13	MAW	2:41.45
34.25	1:16.81	2:03.82	2:41.45



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 116 Men 13-14 200 SC Meter IM)**

Name	Age	Team	Finals Time	
13 Retzlaff, Paul	14	ZIM-ZZ	2:44.24	
	32.13	1:15.62	2:05.81	2:44.24
14 Silva, Gilberto	14	ANG	2:45.04	
	34.26	1:17.18	2:07.01	2:45.04
15 Gondo, Takundanashe	13	BOTS	2:51.09	
	39.33	1:22.92	2:11.55	2:51.09
16 Sangala, Paulo	13	MAW	2:55.32	
	36.95	1:22.17	2:13.21	2:55.32
--- Rudatsikira, Sine Raphael	13	UGA	DQ	
Alternating Kick - breast				
--- Lillie, Michael	13	ZAM	DQ	
Shoulders past vertical toward breast - back				
--- Lumonya, Samora	14	UGA	DQ	
One hand touch - breast				

**Event 117 Women 15-16 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Foo Sem Fah, Leah	15	MRI	2:31.57	
	32.42	1:10.79	1:55.86	2:31.57
2 Date Line, Cheney E	16	RSA	2:36.13	
	33.47	1:12.33	1:59.53	2:36.13
3 Oberholzer, Ju-Ané	16	NAM	2:41.12	
	35.56	1:14.30	2:01.77	2:41.12
4 Volkwyn, Ashton K	15	RSA	2:45.47	
	37.47	1:19.81	2:05.10	2:45.47
5 Buys, Elizabeth	16	ZAM	2:47.96	
	37.12	1:18.78	2:08.47	2:47.96
6 Putterill, Hannah	16	ZIM-ZZ	2:53.53	
	35.70	1:19.00	2:11.46	2:53.53
7 Sangala, Maya	16	MAW	2:59.05	
	36.99	1:25.45	2:14.25	2:59.05
8 Naidu, Harleena	16	ZAM	3:01.32	
	38.18	1:24.17	2:14.69	3:01.32
9 Njoroge, Jessica J	16	SWZ	3:10.22	
	39.92	1:26.54	2:26.13	3:10.22
10 Gondo, Ruvarashe	15	BOTS	3:14.91	
	38.39	1:30.14	2:27.30	3:14.91
11 Santos, Barbara	15	ANG	3:17.34	
	47.23	1:36.44	2:34.28	3:17.34
--- van Rooyen, Leone	16	BOTS	DNF	
Did not finish - Misc				

**Event 118 Men 15-16 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Seyffert, JP	16	RSA	2:08.57	
	27.70	1:01.15	1:37.07	2:08.57
2 Shepherd, Rogan R	16	RSA	2:15.43	
	27.98	1:04.69	1:44.22	2:15.43

3 Kok Shun, Ryan	15	MRI	2:15.82	
	29.21	1:02.63	1:45.81	2:15.82
4 Bekker, Andile	15	BOTS	2:16.96	
	29.70	1:04.23	1:45.60	2:16.96
5 Wong Chap Lan, Oliver	15	MRI	2:20.36	
	29.91	1:08.44	1:46.02	2:20.36
6 Fischer, Ethan	15	BOTS	2:26.46	
	31.46	1:11.65	1:52.34	2:26.46
7 Lindsay, Thomas	16	ZIM-ZZ	2:29.53	
	30.35	1:07.89	1:54.61	2:29.53
8 Van Vlaanderen, Andrea	16	ZAM	2:29.60	
	31.10	1:09.76	1:55.43	2:29.60
9 Van Rensburg, Darren	15	ZAM	2:31.84	
	30.10	1:11.02	1:55.73	2:31.84
10 Devenish, James	16	MAW	2:32.55	
	31.07	1:09.20	1:56.88	2:32.55
11 Le Roux, Corné	15	NAM	2:35.58	
	28.40	1:12.45	2:00.46	2:35.58
12 Payet, Bertrand	16	SEY	2:38.13	
	32.37	1:14.16	2:03.26	2:38.13
13 Devenish, Matthew	15	MAW	2:46.65	
	36.98	1:15.33	2:05.73	2:46.65
--- Mukalazi, Tendo	15	UGA	DQ	
One hand touch - breast				
--- Smith, Jordan	16	ZIM-ZZ	SCR	

**Event 119 Women 17 & Over 200 SC Meter IM**

Name	Age	Team	Finals Time	
1 Paljk, Tilka	21	ZAM	2:24.15	
	30.95	1:09.82	1:49.76	2:24.15
2 Buys, Johanna J	17	ZAM	2:24.32	
	29.70	1:06.77	1:49.41	2:24.32
3 Thorpe, Imara Bella	17	KEN-ZZ	2:27.98	
	31.39	1:07.21	1:52.03	2:27.98
4 Balneaves, Kim	17	ZIM-ZZ	2:41.44	
	33.55	1:15.60	2:04.38	2:41.44
5 Weber, Zuné	17	NAM	2:47.25	
	33.62	1:12.00	2:05.72	2:47.25
6 Kamwendo, Mwandeyi	17	MAW	2:47.67	
	34.96	1:18.56	2:07.09	2:47.67
7 Young, Robyn	17	SWZ	2:50.29	
	36.35	1:18.16	2:11.43	2:50.29
8 Mukonoweshuro, Nyasha	18	ZIM-ZZ	2:50.90	
	33.97	1:17.03	2:11.52	2:50.90
9 Pinto, Ammara	20	MAW	2:53.65	
	36.26	1:21.32	2:14.89	2:53.65
--- Nkete, Alora	17	BOTS	DQ	
Arms two strokes underwater - breast				



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

## Event 120 Men 17 &amp; Over 200 SC Meter IM

Name	Age	Team	Finals Time	
1 Gomes, Filipe	20	MAW	2:15.88	
	27.74	1:03.88	1:42.96	2:15.88
2 Smit, Naested	17	ZAM	2:18.13	
	29.76	1:05.38	1:46.44	2:18.13
3 Lichtenberg, Matthias C	18	NAM	2:19.48	
	29.26	1:05.99	1:47.02	2:19.48
4 Rakotomavo, Stephan	23	MAD	2:26.57	
	30.01	1:09.84	1:49.50	2:26.57
5 Joe, Ricardo	18	ZIM-ZZ	2:31.38	
	28.62	1:07.65	1:54.61	2:31.38
6 Johannesson, Jureck	17	NAM	2:33.73	
	30.75	1:08.10	1:56.77	2:33.73
7 Vlahakis, Christopher	17	ZIM-ZZ	2:38.93	
	32.67	1:14.46	1:59.82	2:38.93
8 Krishnan, Harishankar	17	MAW	2:42.42	
	33.47	1:17.03	2:05.56	2:42.42
9 Zocolo, Tiago	17	ANG	2:45.83	
	35.04	1:17.44	2:06.24	2:45.83
10 Dzingai, Solomon	17	BOTS	3:03.69	
	37.36	1:22.75	2:22.91	3:03.69
--- Sebikiri, Maemo	18	BOTS	DQ	
Shoulders past vertical toward breast - back				
--- Naidu, Kumaren M	20	ZAM	SCR	

## Event 121 Women 14 &amp; Under 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 RSA	A	1:56.05
	1) Clifton-Smith, Candice 13	2) Ontong, Danielle C 14
	3) Davidson, Lize-Marie 14	4) Cromhout, Hannah E 13
	29.67 59.95	1:28.17 1:56.05
2 ZAM	A	1:58.87
	1) Phiri, Mia A 14	2) Phiri, Jade A 11
	3) Rathbone, Molly A 14	4) Brubacher, Nala 14
	27.56 58.23	1:28.82 1:58.87
3 BOTS	A	1:58.94
	1) Jack, Michelle 12	2) Matthews, Tselane 14
	3) Ruele, Bupe 14	4) Egner, Maxine 13
	30.24 1:00.20	1:31.04 1:58.94
4 KEN-ZZ	A	2:03.03
	1) Kimani, Jasmin W 14	2) Wanakai, Lenise A 12
	3) Nasser, Aisha 14	4) Okumu, Victoria A 13
	30.58 1:02.50	1:33.87 2:03.03
5 ZIM-ZZ	A	2:03.95
	1) Tungamirai, Julie 12	2) Razunguzwa, Shammah 14
	3) Ramajan, Saira 12	4) Mitchell, Hannah 14
	33.77 1:04.26	1:33.97 2:03.95
--- MAW	A	DQ
Early take-off swimmer #2		
	1) Makwenda, Jessica 12	2) Giannakis, Illiofisti 14
	3) Melrose, Annika 14	4) Mofjeld, Maja 14
	32.58 1:03.64	1:34.64 DQ

## Event 122 Men 14 &amp; Under 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 KEN-ZZ	A	1:47.54
	1) Shah, Rushab 14	2) Kithikii, Scott 14
	3) Lwanya, Clyde 13	4) Bifwoli, Thomas Tabuka 14
	27.24 55.35	1:22.55 1:47.54
2 ZIM-ZZ	A	1:49.58
	1) Callaghan, Kenan 14	2) Mwipikeni, Paul 12
	3) Retzlaff, Paul 14	4) Huang, Dylan 14
	26.73 57.04	1:24.16 1:49.58
3 ZAM	A	1:50.00
	1) Rumball, Brandon 14	2) Lillie, Michael 13
	3) Van Staden, Derick-Juan 14	4) Mwamba, Wina M 14
	25.61 54.84	1:23.04 1:50.00
4 MAW	A	1:56.81
	1) Surya, Aaditya 13	2) Sangala, Paulo 13
	3) Steyn, Barend 14	4) Jacobs, Garner 14
	28.91 58.86	1:29.40 1:56.81
5 UGA	A	1:59.36
	1) Rudatsikira, Sine Raphael 13	2) Mayanja, Abba 12
	3) Settumba, Paulsen Jordan 13	4) Lumonya, Samora 14
	29.52 1:00.10	1:31.20 1:59.36
6 SEY	A	1:59.82
	1) Payet, Damien 14	2) Nathan, Nagapin 12
	3) Payet, Thierry 10	4) Vidot, Alain 13
	28.59 58.45	1:32.06 1:59.82
7 BOTS	A	2:03.19
	1) Gondo, Takundan Ashe 13	2) Matija, Tumo 12
	3) Mokobi, Kgotla 11	4) Rouse, Brandon 14
	1:37.08 1:37.08	1:37.08 2:03.19

## Event 123 Women 15 &amp; Over 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 ZAM	A	1:54.54
	1) Buys, Johanna J 17	2) Buys, Elizabeth 16
	3) Cowles, Torrie 16	4) Paljk, Tilka 21
	27.64 57.12	1:27.90 1:54.54
2 MRI	A	1:57.33
	1) Foo Sem Fah, Leah 15	2) Kok Shun, Alicia 13
	3) Gebert, Ines 13	4) Lukhoo, Vritee 12
	29.04 57.83	1:26.42 1:57.33
3 NAM	A	1:58.64
	1) Murphy, Hannah M 14	2) Oberholzer, Ju-Ané 16
	3) Mutumbulua, Trisha 13	4) Weber, Zuné 17
	29.74 59.46	1:30.52 1:58.64
4 ZIM-ZZ	A	1:59.57
	1) Melrose, Claire 16	2) Mukonoweshuro, Nyasha 18
	3) Putterill, Hannah 16	4) Balneaves, Kim 17
	31.40 1:00.04	1:30.80 1:59.57
5 MAW	A	2:00.87
	1) Kamwendo, Mwandeyi 17	2) Sangala, Maya 16
	3) Chang'anamuno, Tayamika 17	4) Pinto, Ammara 20
	29.09 1:01.03	1:32.05 2:00.87



## 2018 Cana Zone IV Swimming Champs-Malawi - 3/21/2018 to 3/24/2018

## Results

**(Event 123 Women 15 & Over 4x50 SC Meter Freestyle Relay)**

Team	Relay	Finals Time
6 SWZ	A	2:02.79
1) Young, Robyn 17	2) Nxumalo, Lungelo 17	
3) Njoroge, Jessica J 16	4) Volschank, Nadia 16	
30.15	1:02.48	1:33.69
		2:02.79

**Event 124 Men 15 & Over 4x50 SC Meter Freestyle Relay**

Team	Relay	Finals Time
1 MRI	A	1:39.70
1) Kok Shun, Ryan 15	2) Wong Chap Lan, Oliver 15	
3) Purahoo, Ovesh 16	4) Lutchmanen, Varen 16	
24.64	49.83	1:14.43
		1:39.70
2 MAW	A	1:40.82
1) Swift, Michael 17	2) Krishnan, Harishankar 17	
3) Yiannakis, Constantino 18	4) Gomes, Filipe 20	
26.18	51.91	1:17.59
		1:40.82
3 RSA	A	1:42.59
1) Adams, Faiyaz 14	2) Mnyaka, Keagon M 14	
3) Seyffert, JP 16	4) Shepherd, Rogan R 16	
26.10	52.22	1:17.23
		1:42.59
4 ZAM	A	1:43.25
1) Mataka, Mapalo J 19	2) Van Vlaanderen, Andrea 16	
3) Moosa, Shaquille D 15	4) Smit, Naested 17	
25.08	51.82	1:18.07
		1:43.25
5 ZIM-ZZ	A	1:45.31
1) Jones, Brett 15	2) Mjimba, Vuyisile 18	
3) Smith, Jordan 16	4) Joe, Ricardo 18	
25.72	53.75	1:19.78
		1:45.31
6 NAM	A	1:47.41
1) Lichtenberg, Matthias C 18	2) Betts, Maximilian W 14	
3) Johannesson, Jureck 17	4) Le Roux, Corné 15	
26.11	54.88	1:21.60
		1:47.41
7 BOTS	A	1:47.68
1) Fischer, Ethan 15	2) Sebikiri, Maemo 18	
3) Dzingai, Solomon 17	4) Bekker, Andile 15	
	54.64	54.64
		1:47.68

**Combined Team Scores**

Combined Team Scores - Through Event 140	
1. Zam	2309.5
2. Zim	1402
3. Rsa	1398
4. Mri	1313.5
5. Bots	944
6. Ken	875.5
7. Maw	874
8. Nam	775.5
9. Sey	538
10. Uga	501
11. Ang	430
12. Mad	331
13. Swz	226
14. Moz	44

